

# ANNUAL REPORT OF DEPARTMENTAL ACTIVITIES

SESSION 2020-21

## DEPARTMENT OF HINDI

हिंदी दिवस- निबंध प्रतियोगिता: राष्ट्रभाषा हिंदी	
Date	14 <sup>TH</sup> Nov,2021
Department In charge	Dr. Asha Gupta
Faculty Participated	Dr. Pratibha Pandey Smt. Anita Dr. Sushma Pal
Number of Student participants	17- U.G.
Activity Details	हिंदी दिवस के उपलक्ष में हमारे विभाग ने राष्ट्रभाषा हिंदी विषय पर एक निबंध प्रतियोगिता का आयोजन किया. जिसमें स्नातक स्तर की १७ छात्राओं ने भाग लिया. इस प्रतियोगिता का मूल्यांकन डॉ. आशा गुप्ता एवं डॉ. सुषमा पाल द्वारा किया गया . इस प्रतियोगिता में प्रथम स्थान बी. ए. द्वितीय वर्ष की कुमारी शीलू ने , द्वितीय स्थान बी. ए. द्वितीय वर्ष की कुमारी दिव्यांशी तोमर ने , तृतीय स्थान बी. ए. तृतीय वर्ष की कुमारी नेहा पुरुसवानी ने एवं सांत्वना पुरस्कार बी. ए. तृतीय वर्ष की कुमारी शिवांगी शर्मा और बी. ए. द्वितीय वर्ष की कुमारी दीपिका ने प्राप्त किया .
Outcome	राष्ट्रभाषाहिंदीकेप्रतिछात्राओंमेंरूझानजाग्रतकरनेएवंछात्राओंकीभाषाएवंनिबंधलेखनसंबंधीनिपुणताकोबढ़ानेहेतुइसप्रतियोगिताकाआयोजनकियागया.



### हिंदी दिवस के उपलक्ष्य पर आयोजित की निबंध प्रतियोगिता

युवा हस्ताक्षर रिपोर्ट

बरेली। साहू राम स्वरूप महिला महाविद्यालय में हिंदी दिवस के उपलक्ष्य पर हिंदी विभाग के तत्वावधान में राष्ट्रभाषा हिंदी विषय पर निबंध प्रतियोगिता का आयोजन किया गया। इस प्रतियोगिता में स्नातक स्तर की छात्राओं ने प्रतिभाग किया। विभाग की सभी शिक्षिकाओं ने कार्यक्रम का सफल संयोजन किया। प्रतियोगिता की संयोजिका डॉ आशा गुप्ता सह संयोजिका डॉ प्रतिभा पांडे तथा डॉ सुषमा पाल एवं श्रीमती अनिता सदस्या रही। महाविद्यालय की अन्य शिक्षिकाओं ने छात्राओं का उत्साहवर्धन किया। प्रतियोगिता में प्रथम स्थान शीलू बीए द्वितीय वर्ष द्वितीय स्थान



दिव्यांशी तोमर बीए द्वितीय वर्ष तृतीय स्थान नेहा पुरुसवानी बीए तृतीय वर्ष सांत्वना शिवांगी शर्मा बीए तृतीय वर्ष दीपिका बीए द्वितीय वर्ष। निर्णायक मंडल में डॉ आशा गुप्ता एवं डॉ सुषमा पाल रही। निबंध प्रतियोगिता के पश्चात अंशिक गुप्त बीए तृतीय वर्ष ने हिंदी भाषा प्रेम पर बहुत ही सुंदर सटीक मनोभाव व्यक्त किए।



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ऑनलाइन कविता प्रतियोगिता	
Date	25 June - 10 July, 2020
Department Incharge	Dr. Asha Gupta
Faculty Participated	Dr. Asha Gupta
Number of participants	25
Activity Details	विभाग द्वारा 25 जून से 10 जुलाई 2020 तक एक ऑनलाइन काव्य प्रतियोगिता का आयोजन किया गया, जिसमें विभिन्न विश्वविद्यालयों के छात्रों को कोविड19 – संत्रास और सन्घर्ष विषय पर स्वलिखित कविताएं प्रस्तुत करने के लिए कहा गया था। उन कविताओं को डॉ कमलेश बहुगुणा और डॉ राहुल अवस्थी द्वारा मूल्यांकित किया गया। सभी प्रतिभागियों और विजेताओं को ई-सर्टिफिकेट देकर सम्मानित किया गया।
Outcome	इस प्रतियोगिता को युवा पीढ़ी के साहित्यिक और लेखन कौशल को बढ़ाने के लिए तैयार किया गया साथ ही महामारी की स्थिति में दुनिया की बदलती प्रवृत्ति के प्रति युवामनक्या सोचता है यह जानने के लिए उन्हें एक मंच प्रदान किया गया।

हिंदी विभाग,  
साहू राम स्वरूप महिला महाविद्यालय, बरेली।

**कविता लेखन प्रतियोगिता**

**COVID-19 संत्रास और संघर्ष**

उपर्युक्त विषय पर, हिंदी भाषा में अधिकतम 150 शब्द में कविता लेखन कर इस प्रतियोगिता में अपनी प्रतिभागिता सुनिश्चित करने के लिए हमें aishwarya00mahajan@gmail.com पर 5 July से पहले मेल करें।

संयोजिका-  
डॉ. आशा गुप्ता  
एसोसिएट प्रोफेसर एवं प्रभारी  
(हिंदी विभाग)

साहू राम स्वरूप महिला महाविद्यालय, बरेली

विजेता

1 सौम्या कौशिक सैफई मेडिकल कॉलेज

2 प्रिया तापल डॉ. शिवानंद नौटियाल स्नातकोत्तर महाविद्यालय, चमौली

3 नियति शर्मा इंस्टीट्यूट आफ़ डेंटल साइंसेज, बरेली

निर्णायक  
डॉ. कमलेश बहुगुणा  
डॉ. राहुल अवस्थी

कविता लेखन प्रतियोगिता

कोविड-19 संत्रास और संघर्ष

आयोजिका-  
डॉ. आशा गुप्ता  
एसोसिएट प्रोफेसर

प्रशस्ति प्रमाण पत्र

यह प्रमाणित किया जाता है की

**सौम्या कौशिक**  
सैफई मेडिकल कॉलेज इटावा की छात्रा ने

साहू राम स्वरूप महिला महाविद्यालय

हिंदी विभाग

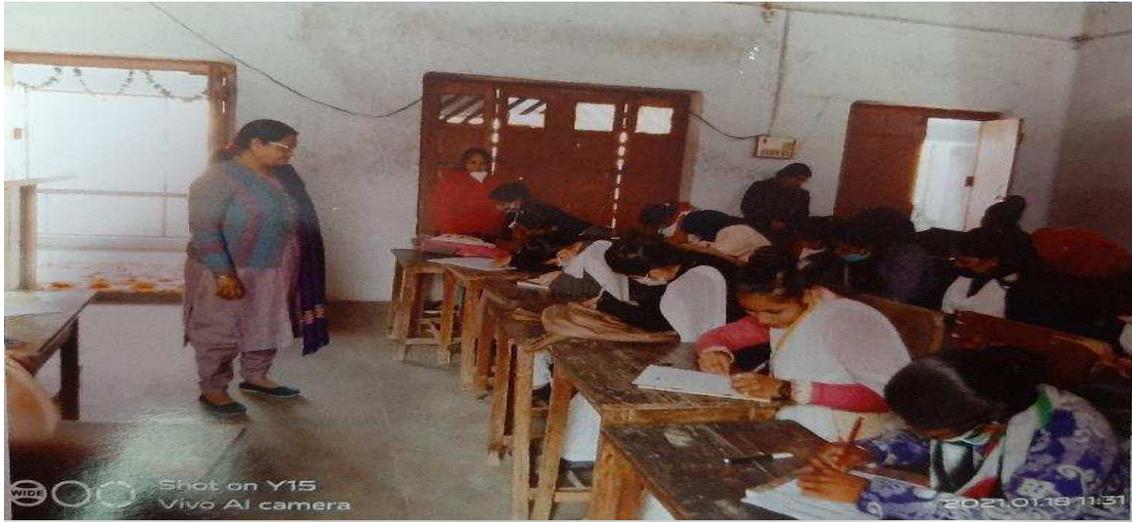
द्वारा आयोजित ऑनलाइन कविता प्रतियोगिता  
कोविड-19: संत्रास और संघर्ष  
में अपनी प्रतिभागिता प्रदर्शित कर प्रथम स्थान प्राप्त किया।

R Asha  
डॉ. आशा गुप्ता  
आयोजिका

अशा गुप्ता  
डॉ. आशा गुप्ता  
संयोजिका

निबंध प्रतियोगिता- १ वर्तमान परिवेश में हिंदी की दशाए वंदिशा . २साहित्य समाज का दर्पण है.३देव नागरी लिपि की विशषताएँ.

Date	18 Jan, 2021
Department In charge	Dr.Asha Gupta
Faculty Participated	Dr. Asha Gutpa Dr. Pratibha Pandey Mrs. Anita
Number of Student participants	19
Activity Details	इसप्रतियोगिताकाआयोजनबीए१, २, ३वर्षकीछात्राओंहेतुकियागया . इसलिएनिबंधकेशीर्षकभी३दिएआगये . २५छात्रोंनेइसमेंप्रतिभागिताकी . इसपतियोगिताकामुलियांकनडॉ. प्रतिभापांडेयएवंश्रीमतीअनीताद्वाराकियागया .
Outcome	छात्राओंकीभाषाएवंनिबंधलेखनसंबंधीनिपुणताकोबढ़नेहेतुइसप्रतियो गिताकाआयोजनकियागया



**Bal Sahityakar- Nirankar Dev Sewak Ki Kavita Ka Pathan, on the occasion of 'JAYANTI OF NIRANKAR DEV SEWAK'**

Date	19 Jan, 2021
Department In charge	Dr. Asha Gupta
Faculty Participated	Dr. Asha Gupta Dr. Pratibha Pandey Mrs. Anita
Number of Student participants	24
Activity Details	साहित्य कर निरंकार देव सेवक की स्मृति में उनकी जयंती पर उनके सम्मान में कविता पाठन प्रतियोगिता का आयोजन किया गया। जिसमें हमारे महाविद्यालय की छात्रा और निरंकार देव सेवक द्वारा रचित बाल कविता ओकापाठन किया . जिनका मूलांकन श्री सुरेश बाबू (प्रांतीय अध्यक्ष, अखिल-भारतीय साहित्य परिषद, बृजप्रांत उ.प्र.) और श्रीमती पूनम सेवक (सामाजिक कार्यकर्ता) द्वारा किया गया
Outcome	यह कार्य क्रम साहित्य कारका सम्मान करने के लिए आयोजित किया गया था, ताकि छात्रों को हमारे राष्ट्र की समृद्ध, साहित्य विरासत और संस्कृति में योगदान देने वाले विभिन्न लोगों को जानने में मदद मिलती रहे।



**जयंती पर काव्य पाठ प्रतियोगिता**

कोलंबी। अखिल भारतीय साहित्य परिषद के तत्वावरण में निरंकार देव सेवक की जयंती पर काव्य पाठ प्रतियोगिता का आयोजन किया गया।

निरंकार देव सेवक के पुत्र पद्म पूनम सेवक मुख्य अतिथि रहे। अल्पकाल साहित्य भूषण सुरेश बाबू मिश्रा ने बड़ी। यह राय स्वल्प महिला विद्यालय की 18 छात्राओं तथा यह गोपीनाथ कन्या इंटर कॉलेज की 5 छात्राओं ने निरंकार देव सेवक की कविताओं का पाठ किया। भाग लेने वाली सभी छात्राओं को मुख्य अतिथि पूनम सेवक ने स्मृति चिह्न देकर एवं प्रशंसा पत्र देकर सम्मानित किया। पूनम सेवक ने निरंकार देव सेवक ने कहा निरंकार देव को



बाल मन का पदुर चित्रा बनाया। अपनी रचनाओं के माध्यम से सेवक सबके मध्य मौजूद हैं। प्रांतीय अध्यक्ष सुरेश बाबू मिश्रा ने कहा कि निरंकार देव सेवक बाल साहित्य के आधार स्तंभ हैं उन्हें बाल मनोविज्ञान कर्णों के रूचियाँ अंशुनी में की गहरी समझ थी उन्होंने अपने रचनाओं के माध्यम से बरौली का मान पूरे देश में बढ़ाया। संरक्षक डॉ अनिल शर्मा ने सभी छात्रों छात्राओं का उत्साहवर्धन किया। डॉ दीर्घाकर गुप्त, डॉ देव किशोरी शर्मा डॉ रवि प्रकाश शर्मा, प्रवीण शर्मा, डॉ रवि गुप्ता डॉ आशा गुप्ता डॉ ज्योति शर्मा, प्रतिभा बटि, अनील, प्रीति पाठक, डॉ गरिमा मंगेशकर, शिखा शर्मा, बेला, डॉ रवि गुप्ता, डॉ गीता अग्रवाल डॉ कनक मला मिश्र, डॉ प्रीती मिश्र एवं रीति शर्मा मौजूद रहे।



हिंदी कवियों द्वारा रचित देश भक्ति गीत	
Date	04 April, 2021
Department In charge	Dr. Asha Gupta
Faculty Participated	Dr. Asha Gutpa Dr. Pratibha Pandey Mrs. Anita
Number of Student participants	14
Activity Details	प्रतियोगिताकेअंतर्गतछात्राओंकेद्वाराहिंदीकवियोंद्वारारचेगएदेशभक्तिगीतोंकोमंचपरप्रस्तुतकियागया। प्रतियोगितामेंभागलेनेवालीछात्राओंकेसाथसाथहिंदीविभागकीअन्यछात्रायेभीइसेसुननेकेलिएकक्षमेंउपस्थितथी।छात्राओंद्वाराउत्साहपूर्वकइसप्रतियोगितामेंभागलियागया।कविताओंकामूल्यांकनडॉ. प्रीती पाठक एवं डॉ. आशा गुप्ता द्वारा किया गया।
Outcome	इसप्रतियोगिताकाउद्देश्यछात्राओंमेंदेशप्रेमकीभावनाओकोजागृतकरनेकेलिएकियागया



भारतीय स्वतंत्रता संग्राम की संघर्ष गाथा (निबंधप्रतियोगिता)	
Date	12 March, 2021
Department In charge	Dr. Asha Gupta
Faculty Participated	Dr. Asha Gutpa Dr. Pratibha Pandey Mrs. Anita
Number of Student participants	20
Activity Details	उत्तर प्रदेश सरकार द्वारा आज़ादी की ७५ वर्षगांठ के अवसर पर, आज़ादी का अमृत महोत्सव सम्पूर्ण उत्तरप्र देश में मनाया जा रहा है . उसी के सन्दर्भ में महाविद्यालय के हिंदी विभाग द्वारा निबंध प्रतियोगिता - "भारतीय स्वतंत्रता संग्राम की संघर्ष गाथा " का आयोजन किया गया . इसमें २० छात्राओं ने भाग लिया . इसका मूल्यांकन श्रीमती अनीता एवं डॉ. श्वेता सक्सेना द्वारा किया गया.
Outcome	उत्तरप्रदेशसरकारद्वाराआज़ादीकी७५वर्षगांठकेअवसरपरप्रदेशकेलोगोमेराष्ट्रप्रेम जागृतकियाजा रहा है . इसीप्रयासकोक्रियान्वितकरनेहेतुइसप्रतियोगीयकाआयोजनकियागया



## **DEPARTMENT OF English**

<b>Poetry Recitation Competition</b>	
<b>Objective- To help the students to develop phonemic awareness, memorization skills, self-awareness and rhythm</b>	
Date	12 February, 202
Department In charge	Dr Rakesh Arora
Faculty Participated	Dr. Rakesh Arora (HOD) Ms. Shweta Maurya (Assistant Professor) Dr.Beena Yadav ( Assistant Professor) Ms. Priyanka Verma (Assistant Professor) Dr.RuchiShinghal ( Lecturer, Self- finance) Dr.Priyali Dutta (Lecturer, Self - finance)
Number of Student participants, Class – UG /PG/BOTH	25 Both
Activity Details	In this extra-curricular activity, all the students of undergraduate and postgraduate level have been included. Students recited beautifully the poems of John Keats, William Wordsworth, William Butler Yeats, Wystan Hugh Auden, Rabindra Nath Tagore, Sarojini Naidu and many more. Where one side, Dr. Rakesh Arora appreciated the performance and confidence of the students their other side, she also praised the management of the program executed by the organizing committee. Ramsha Siddiqui from M. A. got the first prize. Aafiya Quraishi from B.A. got the second prize and Saumya Sharma from M.A. got the third prize.
Outcome	The objectives of this extra- curricular activity are to help the students to develop phonemic awareness and rhythm of English poetry as well as to help the students to learn about the English poets of different ages of English Literary history.
YouTube video URL	<a href="https://youtu.be/TqyCjG9xrJ8?t=2">https://youtu.be/TqyCjG9xrJ8?t=2</a> <a href="https://youtu.be/UoVBvvY9-Co?t=9">https://youtu.be/UoVBvvY9-Co?t=9</a>

2 से 3 हफ्ते दिन में तीन बार या  
केल्सकीय परामर्शानुसार हस्तेमाल करें।

## साहू राम स्वरूप महिला महाविद्यालय में अंग्रेजी काव्यपाठ

बरेली | हिन्दुस्तान संवाद

साहू राम स्वरूप महिला महाविद्यालय में अंग्रेजी अंग्रेजी विभाग की ओर से पोएट्री रिसिटेशन कार्यक्रम का आयोजन किया गया और एमए अंग्रेजी की

छात्राओं ने विभिन्न अहिंसी कवियों द्वारा रचित कविताओं का पाठ किया इस तरह की गतिविधियाँ छात्राओं के शैक्षिक विकास के लिए अत्यंत महत्वपूर्ण सिद्ध होती हैं प्राचार्य ने कहा कि महाविद्यालय के शिक्षकों एवं छात्राओं ने कार्यक्रम में

उपस्थित होकर कार्यक्रम का आनंद लिया महाविद्यालय की प्राचार्य और अंग्रेजी विभाग की विभागाध्यक्ष डॉ. राकेश अरोड़ा ने कार्यक्रम की सराहना की कार्यक्रम में सचिव सिविल प्रिवेंका वर्मा खटव का विशेष सहयोग रहा।

कन्ज्यूमर कनेक्ट इनिशियेटिव



Bareilly, Uttar Pradesh, India

166/9, Gangapur, Bareilly, Uttar Pradesh 243005, India

Lat N 28° 21' 41.49"

Long E 79° 25' 22.9332"

13/02/21 10:40 AM



Bareilly, Uttar Pradesh, India

594/11, Gangapur, Bareilly, Uttar Pradesh 243005, India

Lat N 28° 21' 46.2492"

Long E 79° 25' 15.996"

12/02/21 12:10 PM



Bareilly, Uttar Pradesh, India

166/9, Gangapur, Bareilly, Uttar Pradesh 243005, India

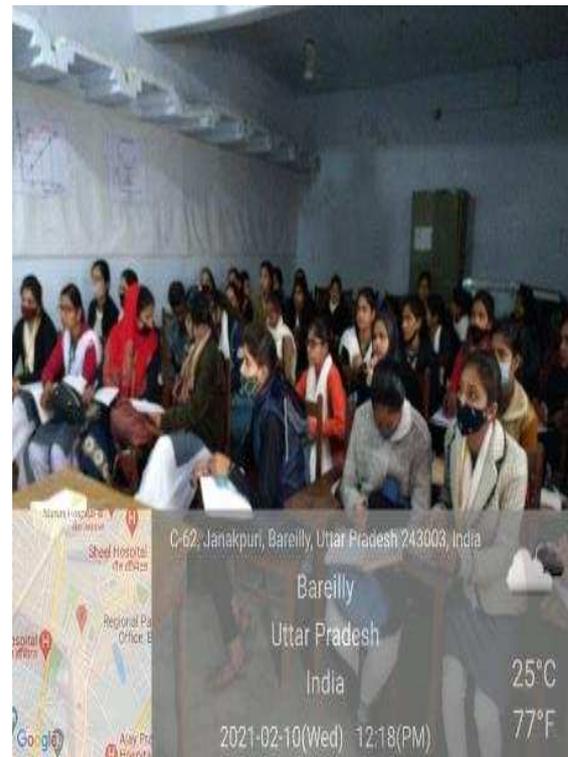
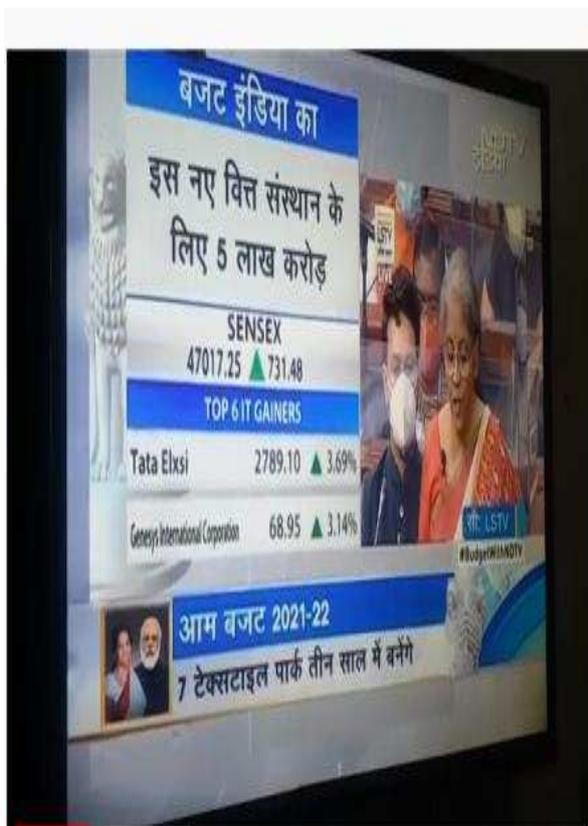
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## Department of Economics

Live Telecast of Budget 2020-21 was shown to students of Economics Department	
Date	1 Feb 2021
Department Incharge	Dr. Anamika Kaushiva
Faculty Participated	Dr. Anamika Kaushiva Dr. Poonam Singh Mrs. Archana Sharma Dr. Reena tandon
Number of Student participants	43 Both Ug and PG
Activity Details	All the Students assembled in the Economics Department Classroom and watched the live Telecast of the Budget on Smart T.V
Outcome	Awareness about How the Budget is announced every year. Interest was created in the students and they tried to understand the important announcements themselves rather than reading the details in newspapers secondhand



Budget 2020-21 – Open Forum Discussion	
Date	2 Feb 2021
Department Incharge	Dr. Anamika Kaushiva
Faculty Participated	Dr. Anamika Kaushiva Dr. Poonam Singh Mrs. Archana Sharma Dr. Reena tandon
Number of Student participants, Class – UG /PG/BOTH	36 Both Ug and PG
Activity Details	All the Students assembled in the Economics Department Classroom and discussed the Budget 2020-21
Outcome	Highlights of the budget were discussed and explained The students discussed the pro-cons of various proposals of the budget

Internal Student Seminar on “Women Empowerment” लैंगिक समानता और महिला सशक्तिकरण	
Date	10 March 2021
Department Incharge	Mrs. Archana Sharma
Faculty Participated	Invited Guest lecture Dr. Anita Tyagi, Asso. Prof. M.J.P.R.U Dr. Anamika Kaushiva Dr. Poonam Singh Mrs. Archana Sharma Dr. Reena Tandon
Number of Student participants	12 Students Presented their PPT on various aspects of Women Empowerment 48- Both Ug and PG
Activity Details	The focus was on Women Empowerment. 12 students presented PPT on various aspects of the topic <ol style="list-style-type: none"> <li>1. Women Empowerment</li> <li>2. Gender Inequality</li> <li>3. Socio-Economic Status of Women in India</li> <li>4. Gender Equality Need of the Hour</li> <li>5. SDG – Goal 5 – Women Empowerment</li> <li>6. Schemes of Women Empowerment in India</li> <li>7. Mission Shakti</li> <li>8. Ideas of Mahatma Gandhi on Women Empowerment</li> <li>9. Women in India</li> <li>10. Thinkers on Women Power</li> <li>11. Empowering Women through Legal - political measures</li> <li>12. Gender Sensitization</li> </ol>
Outcome	The students learned the skill of PowerPoint presentation and Public Speaking
YouTube video url	<a href="https://www.youtube.com/watch?v=7ssQMIUZxME">https://www.youtube.com/watch?v=7ssQMIUZxME</a> <a href="https://www.youtube.com/watch?v=yqJ4qEPtKg">https://www.youtube.com/watch?v=yqJ4qEPtKg</a> <a href="https://www.youtube.com/watch?v=6UQV1i4mtfY">https://www.youtube.com/watch?v=6UQV1i4mtfY</a>



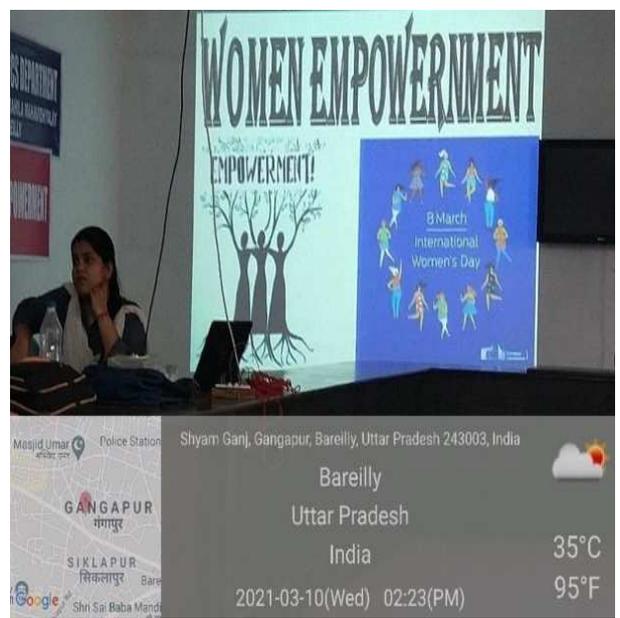
**Departmental Seminar - Gender Equality and Women Empowerment**

Power Point Presentation in Departmental Seminar, Economics Department, Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, on 'Gender Equality and Women Empowerment' today, 10th March 2021. T

Email \*

Valid email

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Masjid Umar  
Police Station  
Shyam Ganj, Gangapur, Bareilly, Uttar Pradesh 243003, India

**Bareilly**  
Uttar Pradesh  
India

34°C  
93°F

2021-03-10(Wed) 11:42(AM)

Masjid Umar  
Police Station  
Shyam Ganj, Gangapur, Bareilly, Uttar Pradesh 243003, India

**Bareilly**  
Uttar Pradesh  
India

35°C  
95°F

2021-03-10(Wed) 02:23(PM)

Masjid Umar  
Police Station  
Shyam Ganj, Gangapur, Bareilly, Uttar Pradesh 243003, India

**Bareilly**  
Uttar Pradesh  
India

34°C  
93°F

2021-03-10(Wed) 12:55(PM)

<b>Graph and Poster Competition – Women Empowerment</b>	
Date	8 march – 10 March 2021
Department Incharge	Dr. Reena Tandon
Faculty Participated	Dr. Anamika Kaushiva Dr. Poonam Singh Mrs. Archana Sharma Dr. Reena tandon
Number of Student participants	32 Both Ug and PG
Activity Details	Students participated in the competition of making Graphs/Posters on various aspects of Women Empowerment. The posters/graphs were displayed in the Conference room on 10 March during the Internal Seminar.
Outcome	Awareness about the various aspects of Gender Inequality and Discrimination, Women Empowerment, Govt Schemes of Women Empowerment



**पोस्टर / ग्राफ प्रतियोगिता**

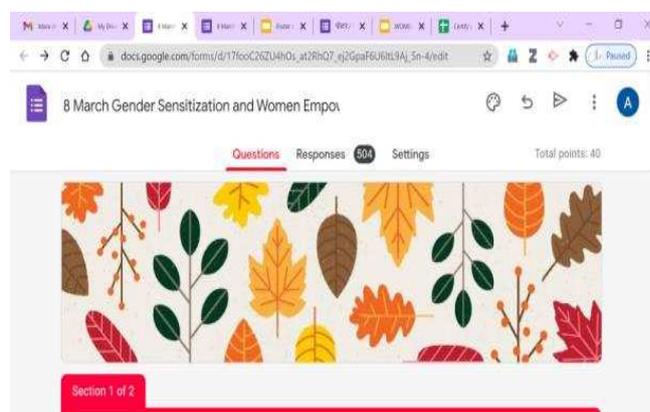
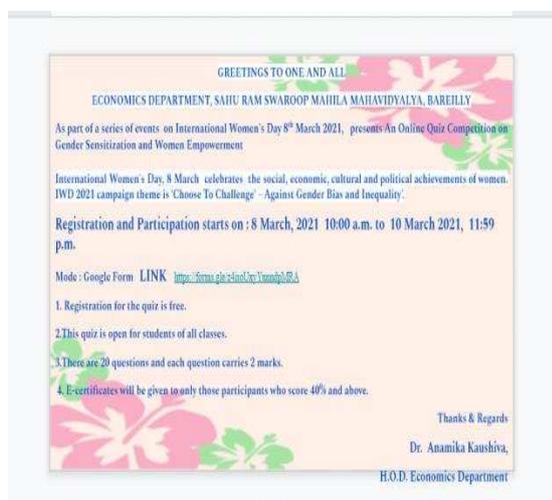
अर्थशास्त्र विभाग, साहू राम स्वरूप महिला महाविद्यालय द्वारा आयोजित  
"अंतर्राष्ट्रीय महिला दिवस" 8 March पर "लिंग संवेदनशीलता और जागरूकता" की पोस्टर / ग्राफ प्रतियोगिता

Email \*

Valid email

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<b>Online Gender Sensitization and Women Empowerment Quiz</b>	
Date	8 march – 10 March 2021
Department Incharge	Dr. Reena Tandon
Faculty Participated	Dr. Anamika Kaushiva Dr. Poonam Singh Mrs. Archana Sharma Dr. Reena tandon
Number of Student participants,	504 Responses to online Quiz E-Certificate Generated
Activity Details	Students participated in the Quiz competition regarding gender concerns
Outcome	Social awareness campaign to sensitize the Students, regarding gender concerns



## DEPARTMENT OF SOCIOLOGY

<b>Essay Competition “COVID -19 KeSamajikPrabhawa”.</b> <b>ONLINE Extra-Curricular activity for sensitizing students to Current Issue</b>	
Date	1July to 10 July 2020
Department In charge	Dr. Kanak Lata Singh
Faculty Participated	Dr. Kanak Lata Singh (Associate Professor) Smt. Seema Agrawal(Associate Professor) Dr.Kanika Panday (Associate Professor) Km.Pratima Singh(Assistant Professor)
Number of Student participants	16
Activity Details	In this program, all the girl students of undergraduate and postgraduate level have been included, Organizing Essay Competition Keeping in view the problems of the present time, The topic of essay “COVID -19 KeSamajikPrabhawa”. Students are encouraged to write essay on this topic, so that students can present their views on that topic and at the same time organize it to get information related to that topic.Dr. RanjuRatthor (Assist Prof-Sociology) RajkiyaMahilaMahavidyalayBareilly,Dr.Kanika Panday (Assoi Professor Sociology) S.R.S.M.M.V.Bareillywer the respected jury member.
Outcome	Students will learn to express their views and opinions in words and sentence and how to write a paragraph with effective introduction and conclusion.

SAHU RAM SWAROOP  
MAHILA MAHAVIDYALAYA



Department of Sociology Present:-

**ESSAY CONTEST**  
**TOPIC: SOCIAL  
IMPACT OF COVID-19**

LANGUAGE : ENGLISH/HINDI  
MAX LENGTH : 200 WORDS  
**SUBMISSION  
DEADLINE : 10TH JULY**

**FORMAT : NAME,  
COLLEGE NAME,  
DEPARTMENT,  
<YOUR\_ESSAY>**

Send  
Email to  
:- [kanaks75@gmail.com](mailto:kanaks75@gmail.com)  
OR  
Whatsapp  
to :-  
**9157011527**

**WINNERS**

1st, 2nd and 3rd winners will  
receive prizes.  
All participants will receive an  
E-Certificate

Organizer:-  
Dr. Kanak Lata Singh (Associate Professor)  
Sub Organizer:-  
Smt. Seema Agarwal (Associate Professor)

Judges:-  
Dr. Kanika Pandey, Associate Professor  
(Sahu Ram Swaroop Mahila MahaVidyalaya)  
Dr. Ranju Rathore, Assistant Professor  
(V. R. A. L. Government Mahila MahaVidyalaya)

SAHU RAM SWAROOP MAHILA MAHAVIDYALAY,  
BAREILLY

**Winners of the Essay writing contest**  
(ORGANISED BY-SOCIOLOGY DEPTT.)

**1<sup>st</sup> Varsha Maurya**  
B.A.-1<sup>st</sup> yr. (V.R.A.L.Govt.College Bly.)

**2<sup>nd</sup> Smriti Singh**  
M.A.-II<sup>nd</sup> yr (S.R.S.M.Mv.Bly.)

**3<sup>rd</sup> Parul Kumari**  
Lib Sc. (S.R.S.M.Mv.Bly.)

**CONSOLATION PRIZES:**

**Megha Agrawal** M.A.- II<sup>nd</sup> yr(S.R.S.M.Mv.Bly)  
**Richa Parasari** (V.R.A.L. Govt. College Bly.)

Organisers- Dr. Kanak Lata Singh (Asso.Professor)  
Sub Organiser- Smt. Seema Agarwal (Asso.Professor)

<b>Birth Anniversary (Father of Sociology) Augusta Comte -19 January 1798-5sep 1857</b>	
Date	19-01-2021
Department In charge	Dr. Kanak Lata Singh
Faculty Participated	Dr. Kanak Lata Singh (Associate Professor) Smt. Seema Agrawal (Associate Professor) Dr.Kanika Panday (Associate Professor) Km.Pratima Singh(Assistant Professor)
Number of Student participants	25
Activity Details	In this program, all the girl students of undergraduate and postgraduate level have been included. The purpose of this activity is to inform the students about the contribution of the father of sociology .and the important principles that he has given, Law of three stages, Positivism, the principle of humanism, know the how important principles are our society. Also, known as the founder of sociology and how important is sociology for our society.
Outcome	Students know as the founder of sociology and how important is sociology for our society. Students will be able to identify and analyze how sociological principles and concepts are applied in the understanding of social problems. Students will be able to apply a sociological understanding of the various social and environmental forces that shape child development



<b>Quiz Competition</b>	
Date	16-3-2021
Department In charge	Dr. Kanak Lata Singh
Faculty Participated	Dr. Kanak Lata Singh (Associate Professor) Smt. Seema Agrawal (Associate Professor) Dr. Kanika Panday (Associate Professor) Km. Pratima Singh (Assistant Professor)
Number of Student participants	48
Activity Details	subject related quiz competition was organized for all the girl students of Undergraduate and Postgraduate level of Sociology Department here on 16-3-2021. In which 48 girl students participated. Quiz competitions enables students to think from different angles or simply 'to think out of the box' The objective of quiz competition is to prepare the children for the objective questions related to the subject as well as prepare them for the examination as well as inculcate interest in studies in the children, through the questions related to the competitive examinations for the students of the class for. Three teams were organised, 16 girl students participated in each team. Team C was declared the winner.
Outcome	They will learn to present their views and opinions effectively. They will become more skilled in Public speaking and better orators., they should be able to prepare them for further examinations.
YouTube video URL	<a href="https://youtu.be/oGggT5ouvjs">https://youtu.be/oGggT5ouvjs</a>

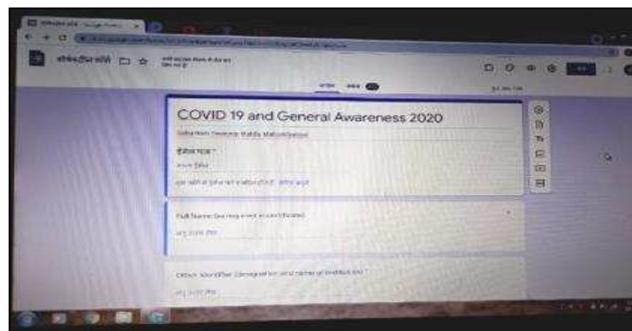
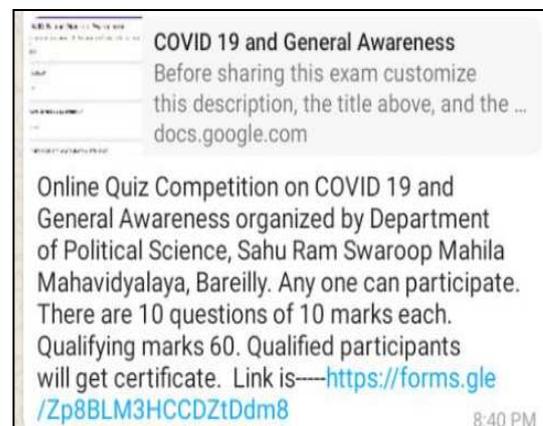


<b>Speech Competition on Domestic Violence “or “Gender inequality Gender equity &amp; sensitization</b>	
Date	16-03.2021
Department In charge	Dr. Kanak Lata Singh
Faculty Participated	Dr. Kanak Lata Singh (Associate Professor) Smt. Seema Agrawal (Associate Professor) Dr. Kanika Panday (Associate Professor) Km. Pratima Singh (Assistant Professor)
Number of Student participants, Class	31
Activity Details	Speech competition is organized for all the girl students of undergraduate and postgraduate level on 16.3.2021. The topic of speech competition is “Domestic Violence “or “Gender inequality.” Students will present their views on the given topic and they will be judged on the basis of subject content, presentation and language. Winners will be rewarded with prizes along with. These co-curricular activities provoke their interest in academics.
Outcome	They will learn to present their views and opinions effectively. They will become more skilled in Public speaking and better orators. This topic was taken for debate to create awareness among girls’ students. Students exercise critical awareness dealing with social issues, engaging specific debates, and learn to recognize the scalar implications of knowledge claims Gender awareness plays an important role in informing women and men about importance of gender parity in society and the consequences of gender inequality. It helps us to understand the importance of giving equal rights and opportunities to women. Areas of social inequality include access to voting rights, freedom of speech and expression and assembly the extend of property rights and access to education, health care, traveling, transportation and other social good and services. Gender awareness raising intend to change attitudes, behaviour and beliefs that reinforce inequality between women and men.
YouTube video URL	<a href="https://youtu.be/oGggT5ouvjs">https://youtu.be/oGggT5ouvjs</a>



## DEPARTMENT OF POLITICAL SCIENCE

<b>Online Quiz Competition on the topic "Covid'19 and General Awareness"</b>	
Date	18 June- 24 June 2020
Department In charge	Dr.Preeti Pathak
Faculty Participated	Dr.Preeti Pathak, Mrs.Sudha Gupta &Mrs.Meenu Bang
Number of Student participants,	372
Activity Details	An Online Quiz competition was organized by the department using goggle forms in which questions related to Covid19 were asked and the participants who scored 60% or more were awarded an automatically generated certificate.
Outcome	The topic of the competition made students aware of the covid19, its transmission, symptoms, prevention and cure clearing their many doubts regarding the disease. Further, it gave an opportunity to use ICT tools in teaching-learning process. Students learnt to fill goggle forms and automatically generate certificate for themselves.



## Essay Competition on the topic "Maulik Adhikar: Bhartiya Samvidhan ki Atma"

Date	11 January, 2021
Department In charge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra & Smt. Sudha Gupta
Number of Student participants,	16 students from both UG & PG courses
Activity Details	The Department organized an essay competition on the topic "MaulikAdhikar: Bhartiya SamvidhankiAtma" in which 16 students from both UG and PG courses of the department participated. In the competition, Anuradha Chakraborty (BA II) got the first position; Saba Hussain (BA I) and Bushra Khan (BA II) together held the second position; Samra Fatma (BA II) and Anamika (MA I) got the third position. Shreya Gupta (BA II) and Shalu Verma (MA I) were given consolation prizes.
Outcome	The competition encouraged students to think critically over the topic analyzing the various factual events from the Indian political history to establish the significance of the Fundamental Rights in the Indian Constitution. It also helped them in developing their creative writing skills.

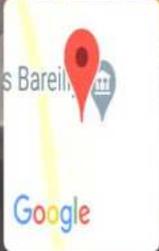
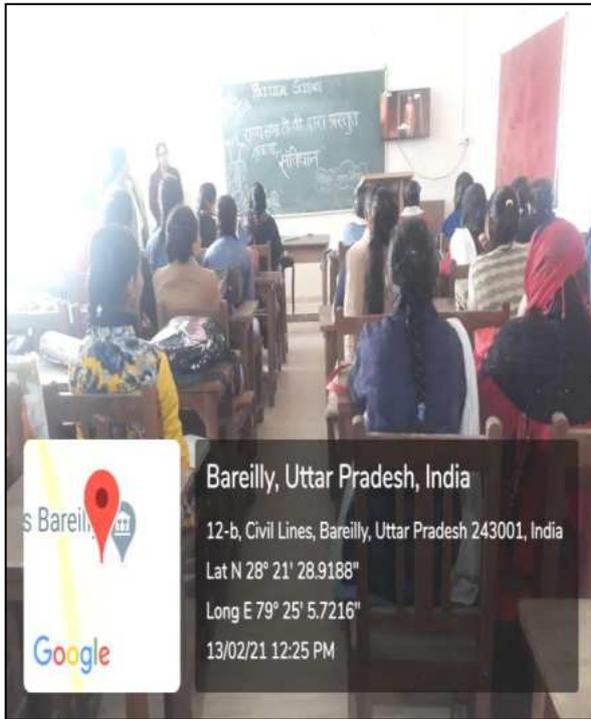


**Celebrating the 125th Birth Anniversary year of Netaji Subhash Chandra Bose, a Quiz Competition on the topic "Bhartiya Rajya Vyavastha evam Vartman Vaishvik Paridrishya" and a Poetry recitation programme on Netaji Subhash Chandra Bose.**

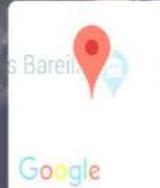
Date	23 January, 2021
Department Incharge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra & Smt. Sudha Gupta
Number of Student participants,	21 students from both UG & PG courses participated
Activity Details	Celebrating the 125th Birth Anniversary year of Netaji Subhash Chandra Bose, a quiz competition was organized in the department in which questions from the Indian Government & Politics as well as the current world issues were asked. Both UG and PG students participated in the program. Students were organized into three teams: Gandhi (Team A), Nehru (Team B), Patel (Team C). Team C (Patel) comprised of Charu and Anushka Singh of BA-I; Anuradha Chakraborty and Muntaka Sarya of BA-II; Sakshi Gupta, Kanika Chandra and Muskan Agarwal of BA-III won the competition. Further, a Poetry recitation programme to celebrate the unparalleled contribution of Netaji Subhash Chandra Bose to our nation was conducted in which Anuradha Chakraborty, Sana, Aditi Dixit, Sonakshi, and Neha participated.
Outcome	Through the competition, students got an opportunity to know and learn about the important facts and concepts related to the Indian Government & Politics as well as the current world issues. By organizing them into teams, an effort was made to inculcate the important values of collaboration, cooperation, and team spirit in the students. The Poetry Recitation programme infused a patriotic fervor in the students and taught them to act with fortitude in the face of adversity as was done by Netaji. The activity also helped students to work on their oratory skills and to face audience confidently overcoming stage fear.



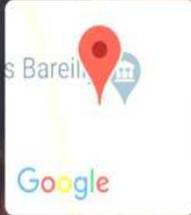
<b>Visual Presentation of the first part of a Documentary Series titled "Samvidhaan: The making of the Constitution of India"</b>	
Date	13 February, 2021
Department Incharge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra & Smt. Sudha Gupta
Number of Student participants,	39 students from both UG & PG Programmes participated
Activity Details	The first part of a documentary series titled "Samvidhaan: The making of the Constitution of India" presented by Rajya Sabha TV and directed by ShyamBenegal was shown to the students.
Outcome	Through the documentary, students got to know about the organization and functioning of the Constituent Assembly of India. The glimpses of the turbulent times when the assembly was created and the debates and discussions held in the assembly on several fundamental issues made students aware of the struggle that our leaders went through in the process of constitution making. They also got to know the reason behind several provisions incorporated in the constitution and about those as well which were left out.



**Bareilly, Uttar Pradesh, India**  
12-b, Civil Lines, Bareilly, Uttar Pradesh 243001, India  
Lat N 28° 21' 28.9188"  
Long E 79° 25' 5.7216"  
13/02/21 12:25 PM



**Bareilly, Uttar Pradesh, India**  
12-b, Civil Lines, Bareilly, Uttar Pradesh  
243001, India  
Lat N 28° 21' 28.9044"  
Long E 79° 25' 5.718"  
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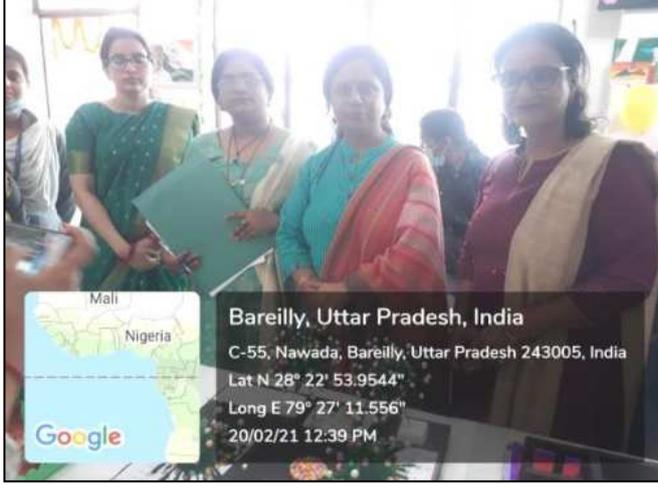


**Bareilly, Uttar Pradesh, India**  
12-b, Civil Lines, Bareilly, Uttar Pradesh  
243001, India  
Lat N 28° 21' 28.9044"  
Long E 79° 25' 5.7216"  
13/02/21 12:19 PM



**Bareilly, Uttar Pradesh, India**  
Bans Mandi, opposite Sahu Gopi Nath Inter College,  
Sikdapur, Gangapur, Bareilly, Uttar Pradesh 243003,  
India  
Lat N 28° 21' 39.6124"  
Long E 79° 25' 21.6804"  
13/02/21 12:19 PM

<b>Model &amp; Poster Competition</b> <b>Socio-political themes and current issues like Covid 19, Women empowerment, BetiBachaoBetiPadhao program, problem of Black money, Swachchata Abhiyan, Gender Equality</b>	
Date	20 February, 2021
Department Incharge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra & Smt. Sudha Gupta
Number of Student participants	28 students of both UG & PG
Activity Details	A Model & Poster competition was organized in the department in which students made models and posters on different Socio-political themes and current issues like Covid 19, Women empowerment, BetiBachaoBetiPadhao program, problem of Black money, Swachchata Abhiyan, Gender Equality etc. The event was presided over by Dr. Manmeet Kaur, Head, Dept. of Political Science, Bareilly College, Bareilly. Dr. Archana Giri, Head, Dept. of Sanskrit, Bareilly College, Bareilly was the Chief Guest in the program. Both Dr. Manmeet Kaur and Dr. Archana Giri also formed the jury to decide winners. In the Model Competition, MuntaqaSarya (BA II), Gunjan Singh (BA II), Swati Maurya (BA III) got First, Second, and Third position respectively while Sonakshi (MA I) got the consolation prize. In the Poster Competition, Sakshi Gupta (BA III) attained the First position, Saba Hussain (BA I) and Samra Fatma (BA II) together held the Second position, Anurisha Maurya (BA II) and Anuradha Chakraborty (BA II) together got the Third position. Charu (BA I) got the consolation prize.
Outcome	The competition gave students an opportunity to think creatively on various socio-political issues and to come up with different innovative ideas in the form of models and posters.
Youtube video URL	<a href="https://youtu.be/M0282a3rNuM">https://youtu.be/M0282a3rNuM</a> <a href="https://youtu.be/n0FbXa3Nr9g">https://youtu.be/n0FbXa3Nr9g</a>



## राजनीतिक पर हुई मॉडल व पोस्टर प्रतियोगिताए

**युवा हस्ताक्षर रिपोर्टर बरेली।**

साहू रामस्वरूप महिला महाविद्यालय के राजनीति विज्ञान विभाग में मॉडल एवं पोस्टर प्रतियोगिता का आयोजन किया गया जिसकी अध्यक्षता बरेली कॉलेज की राजनीति विज्ञान विभाग की विभागाध्यक्षा डॉ मनमीत कौर ने की। मुख्य अतिथि के रूप में बरेली कॉलेज की संस्कृत विभाग की विभागाध्यक्षा डॉ अर्चना गिरी उपस्थित रहीं। प्रतियोगिता में विभाग की स्नातक एवं स्नातकोत्तर स्तर की छात्राओं ने भाग लिया तथा विभिन्न राजनीतिक व सम-सामयिक विषयों जैसे कारोना महामारी, महिला सशक्तिकरण, बेटों बच्चाओं-बेटों पढ़ाओ, कालाधन, स्वच्छता अभियान आदि विषयों पर मॉडल एवं पोस्टर प्रस्तुत किए तथा उनपर अपने विचार भी व्यक्त किए। मॉडल प्रतियोगिता में मुंतका, गुंजन, स्वाति एवं सोनाक्षी को क्रमशः प्रथम, द्वितीय, तृतीय एवं सात्वना पुरस्कार दिया गया तथा पोस्टर प्रतियोगिता में साक्षी, सबा, सामरा, अनुराधा, अनुरिषा एवं चारु को क्रमशः प्रथम, द्वितीय, तृतीय एवं सात्वना पुरस्कार प्राप्त हुआ। इस अवसर पर राजनीति विज्ञान विभाग की शिक्षिकाओं डॉ प्रीति पाठक, श्रीमती सुधा गुप्ता तथा श्रीमती श्रद्धा मिश्रा ने भी अपने विचारों के माध्यम से छात्राओं का उत्साहवर्धन किया। कार्यक्रम का संचालन श्रीमती सुधा गुप्ता ने किया। अंत में विभाग की अध्यक्षा डॉ प्रीति पाठक ने कार्यक्रम के सफल आयोजन के लिए सभी का आभार व्यक्त किया।



**Bareilly, Uttar Pradesh, India**  
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**On the occasion of INTERNATIONAL WOMEN'S DAY, Visual presentation of a documentary titled "Period. End of Sentence"; and a program titled "70 years of Indian Republic: Journey of Women Empowerment".**

Date	8 March, 2021
Department Incharge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra, Smt. Sudha Gupta & Smt. Meenu Bang
Number of Student participants, Class – UG /PG/BOTH	45 students of both UG & PG courses
Activity Details	Celebrating the <b>International women's Day</b> on 8th March, the department organized a small event in which students from both UG and PG programs were shown a documentary and a program linked with the issue of women empowerment. One of them was the oscar winning documentary titled "Period. End of Sentence", and the program was "70 years of Indian Republic: Journey of Women Empowerment" presented by Rajya Sabha TV.
Outcome	Through the event, students were made aware of the concept of women empowerment and being women themselves, they felt connected with the topics covered in the programs. While the documentary led them realize the need to fight the stigma around menstruation, the TV program informed them about the journey Indian women have went through in the process of women empowerment in last seventy years of India's independence.

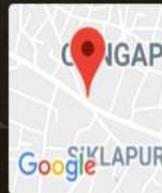


**Marking the commencement of “Azadi ka Amrut Mahotsava” on 75 years of India’s Independence, a visual Presentation of a TV program titled "Dandi March: Azadi ki Yatra".**

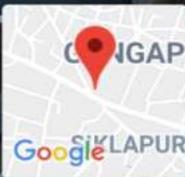
Date	12 March, 2021
Department Incharge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra, Smt. Sudha Gupta & Smt. Meenu Bang
Number of Student participants,	38 students of both UG & PG courses
Activity Details	Starting off the series of events to commemorate 75 years of India’s Independence- “ <b>Azadi ka Amrut Mahotva</b> ”, the department had organized a small event in which students from both UG and PG courses were shown a TV program produced by Rajya Sabha TV "Dandi March: Azadi ki Yatra". On the same day, Mahatma Gandhi launched the Dandi Yatra from Sabarmati Ashram in Gujarat.
Outcome	Through the event, students were made aware of the significance of Gandhi ji's Dandi Yatra in the Indian National Movement for Independence.
Youtube video URL	<a href="https://youtu.be/811tPFyWQP0">https://youtu.be/811tPFyWQP0</a>



Bareilly, Uttar Pradesh, India  
Shyam Ganj Rd, Siklapur, Gangapur, Bareilly, Uttar Pradesh 243003, India  
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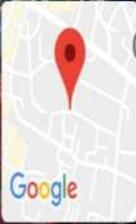
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**To commemorate 125th birth anniversary year of Netaji Subhash Chandra Bose, Speech Competition on the topic "Netaji Subhash Chandra Bose: Bhartiya SwatantratakeAgradoot"**

Date	15 March, 2021
Department Incharge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra, Smt. Sudha Gupta & Smt. Meenu Bang
Number of Student participants, Class – UG /PG/BOTH	21 students of both UG & PG courses participated
Activity Details	To commemorate 125th birth anniversary year of Netaji Subhash Chandra Bose, the department organized a speech competition on the topic " <b>Neta ji Subhash Chandra Bose: Bhartiya SwatantratakeAgradoot</b> ". The event was presided over by Dr. Rakesh Arora, Principal, Sahu Ram Swaroop MahilaMahavidyalaya, Bareilly. Dr. Neelam Gupta, Associate professor, Dept. of Political Science, Bareilly college, Bareilly and Dr. Preeti Pathak, Head, Dept. of Political Science, Sahu Ram Swaroop MahilaMahavidyalaya were among the jury members. In the competition, Anuradha Chakraborty (BA II), Sakshi Gupta (BA III), and Priyanshi Tripathi (BA III) got the first, second, and third positions respectively while Saba Hussain (BA I) was provided the consolation prize.
Outcome	The competition encouraged students to work on their communication skills and overcome the stage fear, thus providing them an opportunity to develop their overall personality which is sure to have an energizing effect on the students sitting in the audience too. The topic gave them an opportunity to know more about and learn from the life, works and philosophy of one of the greatest freedom fighters of Indian National Movement: Netaji Subhash Chandra Bose inculcating his ideals and values in their lives.
YouTube video URL	<a href="https://youtu.be/NgCKzd9uneQ">https://youtu.be/NgCKzd9uneQ</a>



Bareilly, Uttar Pradesh, India  
 189, Gangapur, Bareilly, Uttar Pradesh 243001, India  
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Bareilly, Uttar Pradesh, India  
 Shyam Ganj, Gangapur, Bareilly, Uttar Pradesh 243003, India  
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**16 मार्च, 2021** 2

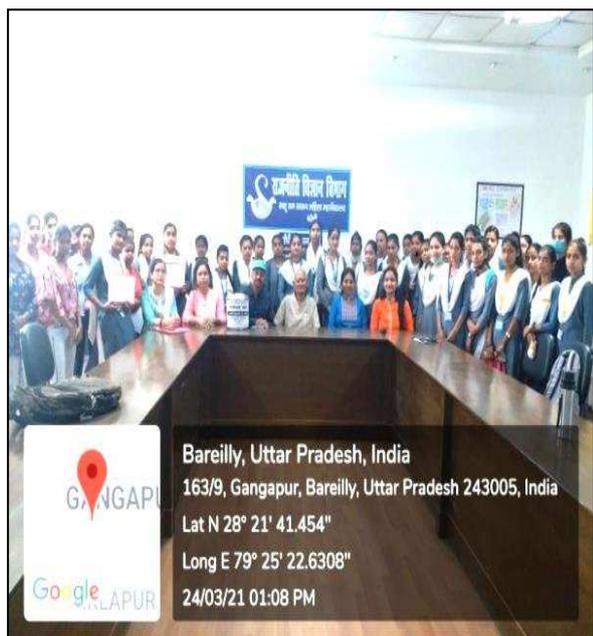
## सुभाष चन्द्र बोस की 125वीं वर्षगांठ पर भाषण प्रतियोगिता का आयोजन

20 छात्राओं ने सहभागिता की

**युवा हस्ताक्षर विपोर्टर**  
**खरेली।** सहाय्यक राज्यपाल महिला महाविद्यालय के राजनीति विज्ञान विभाग के तत्वाधान में नेताजी सुभाष चन्द्र बोस की 125वीं वर्षगांठ के उपलक्ष्य में सुभाष चन्द्र बोस एक भारतीय स्वतंत्रता के अग्रदूत चिन्तन पर एक भाषण प्रतियोगिता का आयोजन किया गया। इस कार्यक्रम में महाविद्यालय के विभिन्न विभागों की स्नातक व स्नातकोत्तर की लगभग 20 छात्राओं ने सहभागिता की। कार्यक्रम का सुधारम मॉडरन्स की प्रतिभा पर माल्यार्पण से हुआ। कार्यक्रम की अध्यक्षता महाविद्यालय की प्राचार्या डॉ. रुक्मिणी अरोड़ा ने की। निर्णायक मंडल में बरेली कॉलेज की राजनीति विज्ञान की एसोसिएट प्रोफेसर डॉ. नीलम गुप्ता व सहाय्यक राज्यपाल महिला महाविद्यालय के राजनीति विज्ञान की विभागाध्यक्षा डॉ. प्रीति पाठक रहीं। कार्यक्रम में छात्राओं ने सुभाष चन्द्र बोस के जीवन के विभिन्न पहलुओं पर प्रकाश डाला। कुछ छात्राओं ने उनके अक्षर पर सुभाष चन्द्र बोस पर लिखित कविताओं का वाचन भी किया। प्रतियोगिता में अनुराधा चक्रवर्ती, साक्षी गुप्ता, प्रियांशु, सखा हृदीन की क्रमशः प्रथम, द्वितीय, तृतीय एवं सतिष्वा पुरस्कार दिया गया। इस अवसर पर राजनीति विज्ञान विभाग में सत्र 2020-21 में आयोजित विभिन्न प्रतियोगिताओं तथा निबंध, प्रश्नोत्तरी, मॉडल व पोस्टर तथा भाषण के पुरस्कार व प्रमाण पत्र वितरित किए गए। उनके अक्षर पर विभाग की शिक्षिकार्ण डॉ. प्रीति पाठक, श्रीमती श्रद्धा मिश्रा, श्रीमती सुधा गुप्ता, श्रीमती मीनू गुप्ता तथा डॉ. अनामिका कौशिक, डॉ. कनकलता, डॉ. अमिता गुप्ता अतिथि उपस्थित रहीं। श्रीमती मीनू गुप्ता ने कार्यक्रम के अंत में सभी का धन्यवाद दिया तथा कार्यक्रम का संचालन एस.ए. प्रथम वर्ष राजनीति विज्ञान विभाग की छात्रा कु. नेहा राज गुप्ता ने किया।

<b>Guest Lecture of Shri Amarnath ji, former president of SarvaSewa Sangh on “Gandhi an Philosophy of Life”</b>	
Date	24 March, 2021
Department Incharge	Dr. Preeti Pathak
Faculty Participated	Dr. Preeti Pathak, Smt. Shraddha Mishra, Smt. Sudha Gupta & Smt. Meenu Bang
Number of Student participants	39 students of both UG & PG courses
Activity Details	A guest lecture was organized in the department in which Shri Amarnath ji, Former president of SarvaSewa Sangh- a Gandhian organization devoted to promote the ideals and philosophy of Gandhi ji along with carrying out the constructive programmes envisioned by him- addressed the students as the main speaker. He urged students to follow the path shown by Gandhi ji and to live a simple life full of humanity and compassion like him because the real happiness lies in it. In the event, Shri Raj Narayan Gupta, President of Vikalp Sanstha, a non-governmental organization working for the underprivileged sections of society and Smt. Smriti, social worker also addressed the students.
Outcome	The lecture focused on Gandhian philosophy made students aware of the ideals and values cherished by Gandhi ji and the positive changes it can bring in a student's life if adopted in both letter and spirit. Students were urged to recognize their inner strength and lead a simple life like Gandhi ji to achieve the real happiness and satisfaction in their lives.
YouTube video URL	<a href="https://youtu.be/w2ywgRwi_vE">https://youtu.be/w2ywgRwi_vE</a>





Bareilly, Uttar Pradesh, India  
 163/9, Gangapur, Bareilly, Uttar Pradesh 243005, India  
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Bareilly, Uttar Pradesh, India  
 163/9, Gangapur, Bareilly, Uttar Pradesh 243005, India  
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## बाह्य जगत में नहीं स्वयं में ढूँढ़ो गांधी जी को



**युवा हस्ताक्षर रिपोर्टर**  
**बरेली।** माहू रामस्वरूप महिला महाविद्यालय के लिए अत्यंत सौभाग्य की बात है कि गांधी जी की आत्मसात कर गांधी दर्शन पर चलने वाले 68 वर्ष की आयु में भी युवाओं की भाँति सक्रिय सर्व सेवा संघ के पूर्व अध्यक्ष अमरनाथ ब्रह्मचारी को महाविद्यालय के राजनीति विज्ञान विभाग में आयोजित अतिथि व्याख्यान के मुख्य वक्ता के रूप में उपस्थित रहे। उन्होंने अपने वक्तव्य में मनुष्य को मनुष्य होने का पाठ पढ़ाया और छात्रों को नई जीवन दृष्टि प्रदान की। कार्यक्रम में विक्लप संस्था के अध्यक्ष राज नारायण ने भी अपने

विचारों से छात्रों का उत्साह वर्धन किया। कार्यक्रम में उपस्थित स्मृति ने भी अपने वक्तव्य में छात्रों को स्वयं से परिचित होने के गुण सिखाए। राजनीति विज्ञान विभाग की अध्यापिका डॉ. प्रीति पाठक ने सभी प्रतिथियों का स्वागत करते हुए छात्रों से गांधी जी के पदचिह्नों पर चलने का आह्वान किया। कार्यक्रम में डॉ. अनंमिका चौधरीवार, डॉ. कनकलता सिंह, डॉ. कनिष्क शर्मा, श्रीमती सोमा अग्रवाल आदि शिक्षिकाएँ उपस्थित रहीं। कार्यक्रम का संचालन श्रीमती मीनू चंग ने किया। श्रीमती श्रद्धा मिश्रा ने सभी प्रतिथियों को धन्यवाद दिया।

## DEPARTMENT OF HISTORY

ESSAY COMPETITION “युवाओं के प्रेरणा स्रोत-स्वामी विवेकानंद”	
Date	12/01/2021
Department In charge	Dr. Seema Gautam
Faculty Participated	Dr. Alka Mishra Miss. Annam Fatima
Number of Student participants,	25
Beneficiaries/Target group	70 Students
Activity Details	Essay Competition Topic “युवाओंकेप्रेरणास्रोत-स्वामीविवेकानंद” Result: - 1 <sup>st</sup> Afiya Qureshi (B.A II) 2 <sup>nd</sup> Aditi Dixit ( B.A II) 3 <sup>rd</sup> Mona Rathaur( M.A II)
Outcome	Students of History subject (UG and PG) participated in the essay competition and refreshed the thoughts of Swami Vivekananda. They discussed not only his personality and creativity but also inspired to follow the path shown by him.
YouTube video URL	<a href="https://youtu.be/wEX7tkyVc4o">https://youtu.be/wEX7tkyVc4o</a>



## SPEECH COMPETITION

Topic “नेताजी सुभाष चंद्र बोस के विचार एवं कृतित्व ”

Date	23/01/2021
Department In charge	Dr. Seema Gautam
Faculty Participated	Dr. Alka Mishra Miss. Anam Fatima
Number of Student participants	22
Beneficiaries/Target group	60 Students
Activity Details	Topic “नेताजीसुभाषचंद्रबोस केविचारएवंकृतित्व ” Result:- 1 <sup>st</sup> Mahima Gupta (B.A III) 2 <sup>nd</sup> Aditi Dixit ( B.A II) 3 <sup>rd</sup> ShardhaSharma( B.A II )
Outcome	Under the speech competition the patriotism and sacrifice of subhash Chandra boss ji was well understood by the students
YouTube video url	<a href="https://youtu.be/wEX7tkyVc4o">https://youtu.be/wEX7tkyVc4o</a>



<b>Quiz Competition</b>	
Date	10/02/2021
Department In charge	Dr. Seema Gautam
Faculty Participated	Dr. Alka Mishra Miss. Anam Fatima Dr. Asha Gupta Dr. Prathibhapanday Dr. Geeta Agrwal
Number of Student participants, Class – UG /PG/BOTH	25
Beneficiaries/Target group	60 Students
Activity Details	Quiz Competition Topic:- “ChourichauraCenturySpecial”
Outcome	Students not only presented their deep knowledge on the subject what also showed awareness towards general studies
YouTube video URL	<a href="https://youtu.be/Bf1lcysWFt8">https://youtu.be/Bf1lcysWFt8</a>



## साहू राम स्वरूप में हुई प्रश्नोत्तरी प्रतियोगिता



युवा हस्ताक्षर रिपोर्टर  
बरेली। साहू राम स्वरूप महिला महाविद्यालय के इतिहास विभाग के अंतर्गत एक प्रश्नोत्तरी प्रतियोगिता का आयोजन किया गया जिसमें छात्रक एवं छात्रकोत्तर दोनों ही कक्षाओं की छात्राओं ने उत्साह के साथ भाग लिया। प्रतियोगिता में 5 टीमों ने जिनके नाम क्रमशः सरोबिनी नायडू, सुचेता कुपलानी, रजिया सुल्ताना, लक्ष्मी बाई, अदित्याबाई ने प्रतिभाग करते हुए उत्साह के साथ प्रदर्शन

किया जिसमें सुचेता कुपलानी टीम प्रथम स्थान और रजिया सुल्ताना द्वितीय स्थान पर रही। प्रतियोगिता इतिहास विभागाध्यक्ष डॉ सोमा गौतम के निर्देशन में कराई गई। निर्णायक मंडल में डॉ गीता अग्रवाल और डॉक्टर प्रतिभा पांडे उपस्थित रही। प्रतियोगिता के साथ-साथ चोरी चोरा शताब्दी के अंतर्गत छात्राओं ने अपने विचार व्यक्त किए। अंत में विजेता टीमों को पुरस्कृत करते हुए शुभकामनाएं दी गईं।



ESSAY COMPETITION	
Topic "भारतीय स्वतंत्रता संग्राम की संघर्ष गाथा"	
Date	12/03/2021
Department Incharge	Dr. Seema Gautam
Faculty Participated	Dr. Alka Mishra Miss. Anam Fatima Dr. Pratibha Panday
Number of Student participants, Class – UG /PG/BOTH	30
Beneficiaries/Target group	65 Students
Activity Details	Topic "भारतीय स्वतंत्रता संग्राम की संघर्ष गाथा" Result:- 1 <sup>st</sup> Divya Gupta (B.A II) 2 <sup>nd</sup> Farheen Ansari (B.A I) 3 <sup>rd</sup> Anshika Rastogi (B.A I)
Outcome	Both PG and UG students Remembered those great freedom fighter who played the important role in the freedom struggle
YouTube video URL	<a href="https://youtu.be/wEX7tkyVc4o">https://youtu.be/wEX7tkyVc4o</a>

## स्वतंत्रता संग्राम की संघर्ष गाथा पर निबन्ध प्रतियोगिता



**युवा हस्ताक्षर रिपोर्टर**  
बरेली। साहू राम स्वरूप महाविद्यालय के इतिहास विभाग में भारत के स्वतंत्रता संग्राम की संघर्ष गाथा विषय पर निबंध प्रतियोगिता का आयोजन किया गया जिसमें प्रथम स्थान पर दिव्या गुप्ता और द्वितीय स्थान पर कुमारी फरहीन फातिमा

रही। इस अवसर पर विभागाध्यक्ष डॉ सीमा गौतम ने कार्यक्रम के समापन पर अपने विचार व्यक्त किए जिसमें आजादी की लड़ाई में विभिन्न महान विभूतियों पर प्रकाश डाला। विभाग की अन्य शिक्षिकाएं डॉक्टर अलका मिश्रा और कुमारी अनम फातिमा का विशेष योगदान रहा।



Bareilly, Uttar Pradesh, India  
437, Gangapur, Bareilly, Uttar Pradesh 243005, India  
Lat N 28° 21' 47.0052"  
Long E 79° 25' 25.662"  
12/03/21 11:58 AM



Bareilly, Uttar Pradesh, India  
2027, Qureshi Nagar, Bareilly, Uttar Pradesh 243001, India  
Lat N 28° 21' 54.162"  
Long E 79° 26' 4.8156"  
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<b>THREE DAYS LECTURE SERIES</b>	
Date	15/03/2021 TO 17/03/2021
Department In charge	Dr. Seema Gautam
Faculty Participated	Dr. Alka Mishra Miss. Anam Fatima Dr. Ruchi Gupta Dr. Geeta Agrwal
Number of Student participants	60
Beneficiaries/Target group	60 Students
Activity Details	lecture series Topic:- "राष्ट्रीय आंदोलन और महात्मा गांधी:-MissAnam Fathima ( Assistant Prof. , S.R.S.M.College.) 15/03/2021 "बाबा साहब भीमराव अम्बेडकरजी का महिलाओं की उन्नतिमेंयोगदान:-Dr.Gurudev Gautam ( Senior Audit Officer ) 16/03/2021 How to Create PowerPoint presentation: Miss Priya ( Student,S.R.S.M.College) 17/03/2021
Outome	A three day lecture series was organised to enhance the technical knowledge and creative talent among the students in which both student UG and PG got to learn a lot and their knowledge in creased. At the same time they knew the contribution of Mahatma Gandhiji towards the country
Youtube video url	<a href="https://youtu.be/-2ioCooHrDo">https://youtu.be/-2ioCooHrDo</a> , <a href="https://youtu.be/mp5QNQKnSgo">https://youtu.be/mp5QNQKnSgo</a>



### साहू राम स्वरूप महाविद्यालय में अतिथि व्याख्यान एवं पुरस्कार वितरण

बरेली। साहू राम स्वरूप महिला महाविद्यालय के इतिहास विभाग के तत्वाधान में आज एक अतिथि व्याख्यान दिया गया जिसका विषय भीमराव अंबेडकर का महिलाओं की उन्नति में योगदान रहास मुख्य वक्ता के रूप में उपस्थित डॉक्टर गुरुदेव गौतम, जेष्ठ लेखा परीक्षक ने अपने उद्बोधन में बाबा साहब भीमराव अंबेडकर के विषय में गहन जानकारी छात्राओं से साझा की। उन्होंने अपने व्याख्यान में बताया किस प्रकार अंबेडकर जी ने महिलाओं के विकास में अपनी महत्वपूर्ण भूमिका निभाईस इसके बाद सभी छात्राओं को विभाग में आयोजित विभिन्न प्रतियोगिताओं से संबंधित पुरस्कार दिए गए। कार्यक्रम में विभागाध्यक्षा डॉक्टर सीमा गौतम, संगीत विभाग से डॉ रूचि गुप्ता, इतिहास विभाग की अन्य शिक्षिकाएं डॉ अलका मिश्रा एवं फातिमा मौजूद रहीं।



Bareilly, Uttar Pradesh, India  
16779, Gangapur, Bareilly, Uttar Pradesh 243005, India  
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Long E 79° 25' 24.4668"  
16/03/21 12:41 PM

**SIX- DAYS PROGRAM UNDER THE AEGIS OF DEPARTMENT OF HISTORY AND PAINTING**

Date	22/03/2021 TO 27/03/2021
Department Incharge	Dr. Seema Gautam
Faculty Participated	Dr. Alka Mishra Miss. Anam Fatima Dr. Ruchi Gupta Dr. Geeta Agrwal Miss. Hemlata Miss. Shivani
Number of Student participants, Class – UG /PG/BOTH	80
Beneficiaries/Target group	80 Students
Activity Details	lecture series Topic:- Day 1 <sup>st</sup> -“ lectureHow to Create Google, Dr. Seema Gautam ( Assistant Prof.,S.R.S.M.College.) 22/03/2021 Day 2 <sup>nd</sup> Shaheed Divas –Plantation program place – Agrasen Park. Day 3 <sup>rd</sup> Online Guest Lecture Dr. Vishal Panday (Assistant Prof) S.S P.G College, Shahjhanpur( Indian Heritage) Dayb 4 <sup>th</sup> online lecture, Miss Anam Fathima (Assistant Prof., S.R.S.M.College.) Social and religiousmovements in the context of communal harmony Day 5 <sup>th</sup> Online Guest Lecture by Dr. Kamran Khan ,Covid Vaccine 19 Day 6 <sup>th</sup> Online Guest Lecture by Dr. Deepak Singh (Assistant Prof) S.S P.G College, Shahjhanpur, Ahichhatra
Outcome	Under the 6th day programs the students got some information related to online studies due to the programs related to different areas like social environment and help the students participated with enthusiasm they appeal to the people to be aware of the environment by planting trees student also got inform information about ko B vaccination
YouTube video URL	<a href="https://youtu.be/Yqor9AJ3MLw">https://youtu.be/Yqor9AJ3MLw</a> <a href="https://youtu.be/wEX7tkyVc4o">https://youtu.be/wEX7tkyVc4o</a>

23 मार्च, 2021

4

### साहू राम स्वरूप में इतिहास व चित्रकला विभाग ने किया पांच दिवसीय कार्यशाला का शुभारंभ



बरेली। साहू राम स्वरूप महिला महाविद्यालय के इतिहास विभाग एवं चित्रकला विभाग के अंतर्गत पांच दिवसीय कार्यशाला का शुभारंभ किया गया। इसमें प्रथम श्रेणी परमाणवीय मूल्य पर्यटन तकनीकी से जुड़े बहुत से विषयों पर विभिन्न कार्यक्रम आयोजित किए जाएंगे। आज प्रथम दिवस पर चित्रकला विभाग के अंतर्गत विश्व जल संरक्षण दिवस पर छात्राओं ने पोस्टर प्रतियोगिता के माध्यम से लोगों को यह संदेश दिया कि जल के बिना जीवन अस्मिन् है अतः जल ही कल है। उन्होंने बताया कि

विद्युत प्रसार हम जल को एक एक बूट से सुरक्षित कर समाज को लाभ के लिए कर रहे हैं। इसके साथ ही इतिहास विभाग ने छात्राओं को जवाहरजी एडमन के अंतर्गत गुरुग पर्वत केन्द्र अखाड़ा गार्ड में अवसरान देने हुए छात्राओं को तकनीकी शिक्षा से परिचित करवाया गया। जिन छात्राई भविष्य में अपनी शिक्षा में अधिकांश अधिक आधुनिक तकनीकी शिक्षा का प्रयोग कर सकें। इस अवसर पर डॉ गीता अग्रवाल डॉ सीमा गौतम अलका मिश्रा अनम फातिमा कविता हेममता आदि शिक्षकर्ता उपस्थित रही।



Bareilly, Uttar Pradesh, India  
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### शहीद दिवस पर शहीदों को किया नमन

बरेली। साहू राम स्वरूप महिला महाविद्यालय में चित्रकला और इतिहास विभाग के संयुक्त तत्वावधान में शहीद दिवस पर वीर शहीद भगत सिंह, सुखदेव और राजगुरु को भावभीनी श्रद्धांजलि दी गई। डा. सीमा गौतम, डा. गीता अग्रवाल, डा. अलका मिश्रा, अनम फातिमा, कविता माजुद रहीं।

शहीदों को श्रद्धांजलि देती छात्राएं। ● अमृत विचार



### कोविड-19 वैकसीन का आन लाईन किया गया वयाख्यान

बरेली। साहू राम स्वरूप महिला महाविद्यालय के इतिहास विभाग एवं चित्रकला विभाग के अंतर्गत पांच दिवसीय कार्यशाला का शुभारंभ किया गया। इसमें प्रथम श्रेणी परमाणवीय मूल्य पर्यटन तकनीकी से जुड़े बहुत से विषयों पर विभिन्न कार्यक्रम आयोजित किए जाएंगे। आज प्रथम दिवस पर चित्रकला विभाग के अंतर्गत विश्व जल संरक्षण दिवस पर छात्राओं ने पोस्टर प्रतियोगिता के माध्यम से लोगों को यह संदेश दिया कि जल के बिना जीवन अस्मिन् है अतः जल ही कल है। उन्होंने बताया कि विद्युत प्रसार हम जल को एक एक बूट से सुरक्षित कर समाज को लाभ के लिए कर रहे हैं। इसके साथ ही इतिहास विभाग ने छात्राओं को जवाहरजी एडमन के अंतर्गत गुरुग पर्वत केन्द्र अखाड़ा गार्ड में अवसरान देने हुए छात्राओं को तकनीकी शिक्षा से परिचित करवाया गया। जिन छात्राई भविष्य में अपनी शिक्षा में अधिकांश अधिक आधुनिक तकनीकी शिक्षा का प्रयोग कर सकें। इस अवसर पर डॉ गीता अग्रवाल डॉ सीमा गौतम अलका मिश्रा अनम फातिमा कविता हेममता आदि शिक्षकर्ता उपस्थित रही।

## DEPARTMENT OF EDUCATION

<p style="text-align: center;">National Webinar</p> <p><b>TOPIC</b> – “A Step Towards Holistic and Multidisciplinary Education: NEP 2020”</p> <p><b>OBJECTIVE</b>– To provide a platform for an open discussion about the shifting paradigm of education policy.</p>	
<b>Date</b>	27/08/2020
<b>Faculty In-charge</b>	<b>Dr. Radha Yadav, HOD</b>
<b>Faculty Participated</b>	Chief Guest, Prof. Jata Shankar Tiwari, Ex- Philosophy Dept., Allahabad University, Allahabad. - Prof. J.N. Gautam – Dean Faculty of Art, Jiawei University, Gwalior (M.P.) - Prof. Amitav Mishra, IGNOU, New Delhi. - Prof. Santosh Arora, Dept. of Education, MJP Rohilkhand University, Bareilly. -College faculty members.
<b>Participants</b>	All faculty members of our college and other college.
<b>Beneficiaries/Target group</b>	All faculty members and participants.
<b>Activity Details</b>	Programmer convenor welcomed chief guest, resource persons and other faculty members. All resource persons delivered valuable speeches and discussed on all aspects of NEP 2020.
<b>Outcome</b>	Some critical aspects related to reform in education as suggested in New Education policy 2020 are discussed and analyzed by dignified personalities.



**National Workshop on E- Content Development and Online Teaching  
To promote online teaching-learning and to enhance capacity for developing  
E-content.**

<b>Date</b>	04/08/2020
<b>Coordinator</b>	IQAC, Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly in collaboration with Dr. Janak Singh Socio Cultural Educational Society Bareilly.
<b>Faculty Participated</b>	All faculty members of our college and other college.
<b>Participants</b>	All Faculty Members
<b>Beneficiaries/Target group</b>	All Faculty Members
<b>Activity Details</b>	Theoretical and Practical aspects of E-content development skills and online teaching were touched by the Resource persons to shape the teaching style of faculty members at present teaching-learning scenario.
<b>Outcome</b>	The workshop enhanced skills among faculty members to make use of Online teaching-learning and creation of Content's.

**National Workshop on E-content Development and Online Teaching**  
(Through Online Mode For Five Days)  
Organized by  
**IQAC, Sahu Ram Swaroop Mahila Mahavidyalaya**  
Bareilly (U.P.) India  
In-Collaboration With  
**Dr. Janak Singh Socio Cultural Educational Society**  
Bareilly (U.P.) India

**PATRON**

- Dr. Rakesh Arora (Principal), Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly (U.P.)
- Dr. A. K. Mishra (Principal), S.S. College, Shahjahanpur (U.P.)
- Shri Nishant Kumar (Dept of Comp. Sci. & Engineering), Surve's Kangri University Haridwar
- Dr. Ritesh Kr. Saxena (Director), Y.M.T., Bareilly (U.P.)
- Prof. Renu Shukla (Chairperson), J.S.C.E.S., Dept. of Arts, Hist. & Archaeology (G.M.P.), Debrajpur
- Dr. A.C. Tripathi (Associate Professor), Bareilly College Bareilly (U.P.)
- Dr. Sunil Kumar (Assistant Professor), Department of Mathematics, S. V. Subharti University, Meerut, (U. P.)
- Arunesh Chaudhary, S. S. College, Shahjahanpur (U.P.)

**RESOURCE PERSONS**

**ABOUT COLLEGE**  
Sahu Ram Swaroop Mahila Mahavidyalaya Bareilly affiliated to M.J.P. Rohilkhand University is a premier institution dedicated to provide quality education to women. This institute not only focuses on providing world class education to its students but also focuses on imparting excellent moral values to them to make them a valued member of the society. Sahu Ram Swaroop Mahila Mahavidyalaya Bareilly is focused on using cutting edge technology in education to not only develop skills but also personality development, discipline and Cultural awareness in its students.

**ABOUT SOCIETY**  
Dr. Janak Singh Socio Cultural Educational Society Bareilly (U.P.), India is a pioneer social organization that aims at translating the dreams of Dr. Janak Singh, eminent sociologist and thinker from Bareilly College, Bareilly. Dr. Janak Singh has been an ardent admirer of social equality and justice. The Society is established to materialize the unfulfilled dreams of infusing modern skills in the teachers and learners and improve the nation through an e-21st century socio-cultural (E) of educational programme.

**MAJOR COURSE CONTENTS**

**HOW TO APPLY**

- The faculty members/research students may register online before 27<sup>th</sup> of August 2020.
- For further queries, please mail us at: [sahuramsh@gmail.com](mailto:sahuramsh@gmail.com) - +919273434078
- Registration on first come first serve basis to a maximum number of 500. The list of selected participants will be intimated through Email.

**INSTRUCTIONS TO THE PARTICIPANTS FOR ONLINE COURSE**

- Filling the registration form is mandatory.
- Attendance is mandatory for all sessions.
- All sessions will be conducted on ZOOM.
- Link will be provided a day in advance.
- Limited seats are available on First-Come-First-Serve basis.

**IMPORTANT DATES**

Course date: 04 - 08 August 2020  
Course timings: 8:00 PM to 4:00 PM & 4:35 PM to 5:30 PM

**CONTACT US :- +919273434078, +919457608988, +919411921747**

**ORGANISING BOARD**

- Dr. Ruchi Gupta, IQAC & Programme Coordinator
- Dr. Dhanraj Singh, J.S.C.E.S. (Convener)
- Dr. Seema Gautam, (Co-ordinator)
- Dr. Vineet Srivastava, (Conv. Prpt.), S.S. College, Shahjahanpur (Co-convener)
- Dr. Deepak Singh, J.S.C.E. Society, Bareilly (U.P.) (Organising Secretary)
- Dr. Vinita Lal, NCCB Govt. College Lucknow, J.S.C.E.S. (Co-convener)
- Dr. Radha Yadav, Sahu Ram Swaroop Mahila Mahavidyalaya Bareilly (U.P.) (Co-convener)
- Sri Dheeraj Ranjog, J.S.C.E. Society, Bareilly (U.P.) (Co-organising Secretary)

**Advisory Board**

- Dr. Suman Singh, J.P.S. College, Kanpur
- Dr. Anura Ghosh, IITM
- Dr. Anil Mishra, J.S. College, Shahjahanpur
- Dr. Asha Kumar Singh, J.S. College, Shahjahanpur
- Dr. Satish Chandra, J.P.S. College, Kanpur
- Dr. Brahmachari Kumar Pandey, J.P.S. College, Kanpur
- Dr. Ramakrishna, J.S. College, Shahjahanpur
- Prof. A. H. Muzaffar, Govt. Degree College (Ward) (M.P.)
- Dr. Raj Bahadur Yadav, J.S. College, Kanpur
- Dr. Subodh Chandra, J.S. College, Shahjahanpur
- Dr. Shireen Saad, Egypt
- Dr. Prakash Shukla, J.S. College, Shahjahanpur
- Dr. Mahesh Kumar Singh, J.S. College, Shahjahanpur
- Dr. Anil Kumar Singh, J.V.U. Meerut
- Dr. Anupam Sharma, J.N.C.E.

**Registration Fee: Rs. 225/- for Faculty Members, Research Scholars and Students.**  
**Payment Mode: Google Pay/Paytm (9457030788)**  
**UPI Gateway Link for Online Transaction: [Bank Gateway Link](#)**

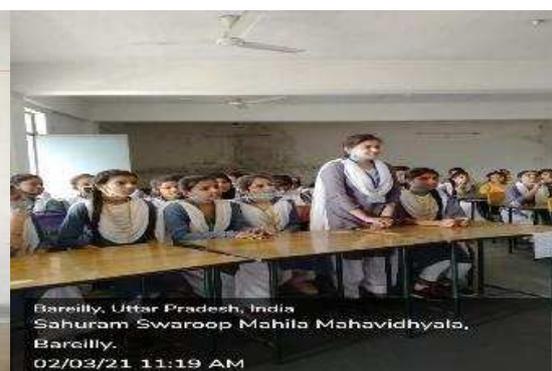
<b>ACTIVITY – Essay Competition</b>	
<b>TOPIC – “Positive Impact of Lockdown during Covid’19 pandemic”</b>	
<b>OBJECTIVE– To enhance and encourage creativity, develop writing skill and thinking ability among students.</b>	
<b>Date</b>	25/01/2021
<b>Faculty In-charge</b>	<b>Dr. Radha Yadav, HOD</b>
<b>Faculty Participated</b>	Dr. Anita Jaiswal Ms, Preeti Sharma Km Kanchan Saxena
<b>Number of Student participants</b>	35 Students of M.A. & B.A. Course
<b>Beneficiaries/Target group</b>	All participants.
<b>Activities Details</b>	Participants wrote the essay entitled „Positive Impact of Lockdown during Covid’19 pandemic’ in given time.
<b>Outcome</b>	The result was as follows – First - Samra Fatima B.A. II Second- Shreya Gupta B.A. II Third - MuntakaSarya B.A. II Deep Mala Rathore B.A. II



Debate Competition <b>TOPIC</b> – “Use of Online Education” <b>OBJECTIVE</b> – To develop communication skills and self-confidence of students.	
<b>Date</b>	08-02-2021
<b>Faculty In-charge</b>	<b>Dr. Radha Yadav, HOD</b>
<b>Faculty Participated</b>	Dr. Anita Jaiswal Ms, Preeti Sharma Km Kanchan Saxena
<b>Number of Student participants, Class</b>	A total number of 25 students of B.A. course.
<b>Beneficiaries/Target group</b>	All participants.
<b>Activity Details</b>	12 students talk in favors of online education while 13 students talk in opposition
<b>Outcome</b>	The result was as follows – Favor Opposition First - Kajal Soni First – Samra Fatima Nishtha Patel Second- Priyanshi Tripathi Second- Saima Third - Afia Qureshi Third – Anshika Gupta



Quiz Competition	
<b>OBJECTIVE</b> – To develop expression skill, self- confidence of students and enable them to think from different angles.	
<b>Date</b>	02-03-2021
<b>Faculty In-charge</b>	<b>Dr. Radha Yadav, HOD</b>
<b>Faculty Participated</b>	Jyoti Gupta Dr. Anita Jaiswal Ms. Priti Sharma Km Kanchan Saxena
<b>Number of Student participants, Class</b>	A total of 40 students of M.A. & B.A. course.
<b>Beneficiaries/Target group</b>	All participants.
<b>Activity Details</b>	There were two team-Team A and Team B. Each team consist of twenty students. Fifty questions were asked one by one and one minute was given for each question. If one team was unable to answer the question, that was shifted to another team.
<b>Outcome</b>	Team B was the winner.



<b>Workshop</b>	
<b>TOPIC–“Stress Management: Techniques To Manage Stress At Work Place”</b>	
<b>OBJECTIVE– To develop techniques and strategies to manage stress among participants.</b>	
<b>Date</b>	05-04-2021
<b>Faculty In-charge</b>	<b>Dr. Radha Yadav, HOD</b>
<b>Faculty Participated</b>	Jyoti Gupta Ms Mahima Yadav Dr. Anita Jaiswal Ms. Preeti Sharma Km Kanchan Saxena
<b>Number of Student participants, Class</b>	All faculty members of college.
<b>Beneficiaries/Target group</b>	All participants.
<b>Activity Details</b>	The main speaker in the workshop was Dr Gaurav Rao, Associate Prof., Department of Education, MJP Rohilkhand University, Bareilly. Dr Rao discusses the stress that all of us feel stress at one moment or the other. Stress is not bad always. But the regular stressed situation is harmful to health and affects work efficiency. . Dr Shashi Shukla welcomes Dr Rao with a bouquet. Ms. Mahima Yadav, Asst. Prof., Education Dept. conducted the program. All the teachers were present in the workshop. Dr Radha Yadav, HOD, Education Dept. gave the vote of thanks to Dr Rao and colleagues who participated in the workshop.
<b>Outcome</b>	All faculty members came to know about different phases of stress and various techniques to get rid of it.

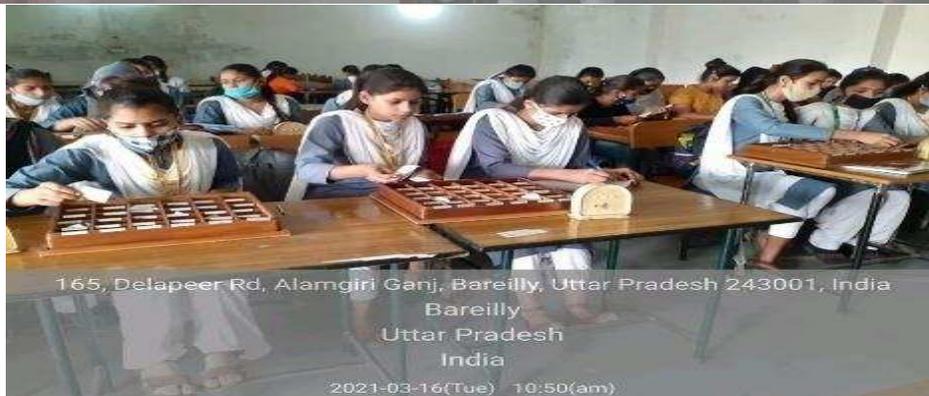
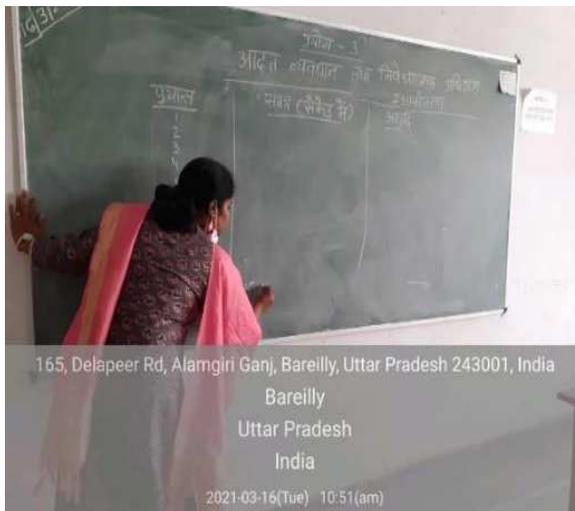




### Experimentation in Learning.

**OBJECTIVE– To provide students in hands on experiences.**

<b>Date</b>	16/03/2021
<b>Faculty In-charge</b>	<b>Dr. Radha Yadav (HOD)</b>
<b>Faculty Participated</b>	Ms. Mahima Yadav
<b>Number of Student participants, Class</b>	B.A. 1 <sup>st</sup> year students
<b>Beneficiaries/Target group</b>	B.A. 1 <sup>st</sup> year students
<b>Activity Details</b>	An experiment was done to provide students in hands on experiences and reflection of real-world situation.
<b>Outcome</b>	Students learnt from this activity that if we continue do some mental work, we feel mental fatigue and lose focus on the work.

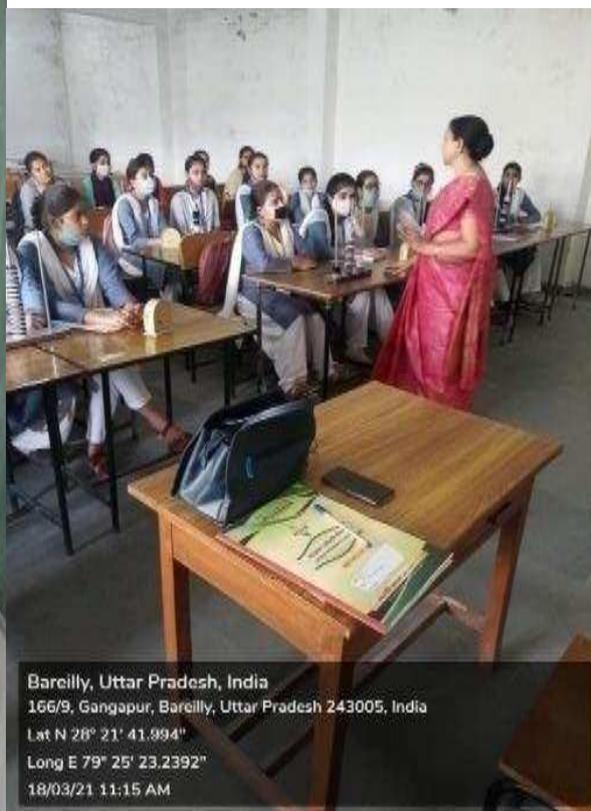
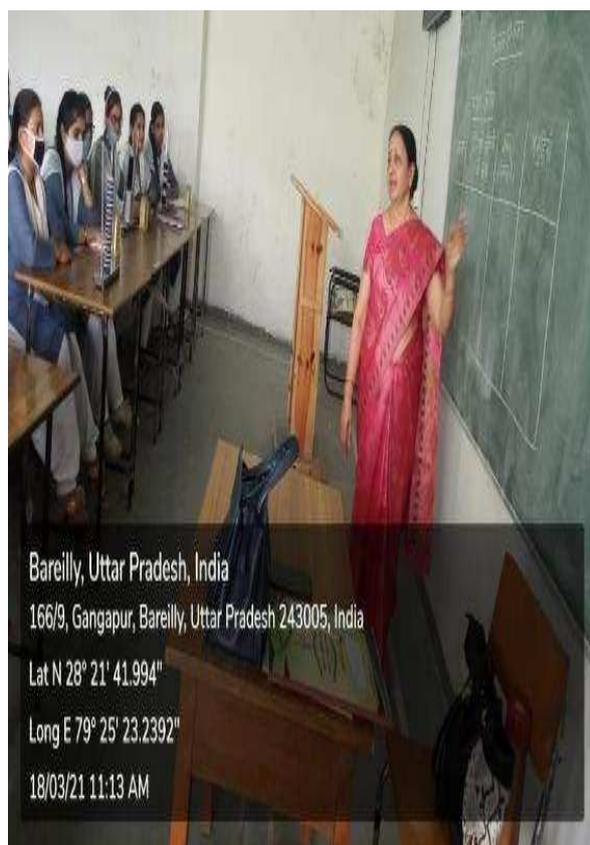


## Use of OHP in Classroom Teaching.

<b>Date</b>	(09/03/2021), (17/03/2021)
<b>Faculty In-charge</b>	<b>Dr. Radha Yadav, HOD</b>
<b>Faculty Participated</b>	Jyoti Gupta Dr. Anita Jaiswal
<b>Number of Student participants, Class</b>	B.A. 1 <sup>st</sup> year students
<b>Beneficiaries/Target group</b>	B.A. 1 <sup>st</sup> year students
<b>Activity Details</b>	Lectures were delivered in the classroom by the use of OHP.



<b>Attention Splitting Activity</b>	
<b>Date</b>	(18/03/2021)
<b>Faculty In-charge</b>	Dr.Radha Yadav (HOD)
<b>Faculty Participated</b>	Dr.Radha Yadav (HOD)
<b>Number of Student participants, Class</b>	B.A. 1 <sup>st</sup> year students
<b>Beneficiaries/Target group</b>	B.A. 1 <sup>st</sup> year students
<b>Activity Details</b>	Attention plays a prominent role in performing a particular task. Keeping this view, attention splitting activity was conducted by Dr. Radha Yadav (Head of the Department) to focus how one can make concentration and be attentive to perform a particular task.
<b>Outcome</b>	Students learnt from this activity how we can be attentive for our work.



<b>Online Lecture Series (During Corona pandemic)</b>	
Date	From 23/04/2021 to 28/04/2021
Coordinator	Dr. Radha Yadav (HOD)
Faculty Participated	Lectures delivered by - Day 1 (23/04/2021)- Dr. Radha Yadav (HOD) on ‘Test Construction’. Day 2 (24/04/2021) - Guest Lecture by Sahyog Kumar on ‘Vocational Guidance and Counseling’ Day 3 (26/04/2021)- Jyoti Gupta on ‘Distance Learning’. Day 4 (27/04/2021)- Dr. Anita Jaiswal on ‘Right to Education’. Day 5 (28/04/2021) - Guest Lecture by Dr. Deep shikha Agrawal, Assistant Professor, Krishna College, on ‘Techniques to Enhance Personality Traits’.
Number of Student participants	Students of both M.A. &B.A. Course.
Beneficiaries/Target group	Students of both M.A. &B.A. Course.
Activity Details	Online classes were conducted on above mentioned topics by resource person through zoom application.
Outcome	Students got valuable knowledge and information about above mentioned topics.

### Day -01



### Day -02



Day-03



Day-04



Day -05



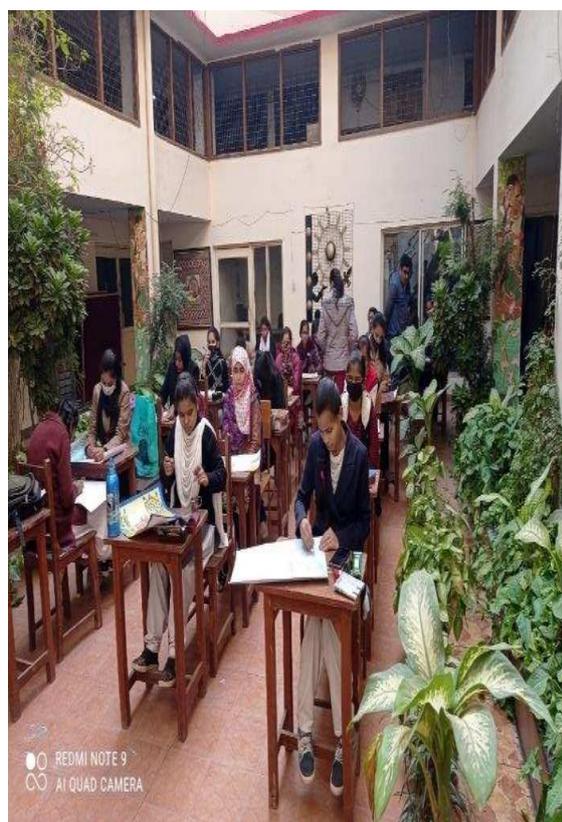
## DEPARTMENT OF DRAWING AND PAINTING

ACTIVITY 1 –Poster Competition SUBJECT -“Shri Atal Bihari Bajpai ji ke jivankeadhar”	
Date	23 <sup>rd</sup> December 2020
Department In charge	Dr. Geeta Agrawal
Faculty Participated	<ul style="list-style-type: none"><li>• Dr. Geeta Agrawal (Assistant professor)</li><li>• Shri Ashutosh Singh (Assistant professor)</li><li>• MsHemlata (Guest faculty)</li><li>• Ms Kavita Yadav (Guest faculty)</li></ul>
Number of Student participants, Class – P.G.	21
Activity Details	Students used poster colours and acrylic colours in their paintings to give a beautiful look. They made portraits of Shri Atal Bihari Vajpayee in a fusion form as well as in real form. This competition gave the students a good opportunity to enable their imagination and putting it in sketching & coloring.
Outcome	Owing to this competition, the students were able to learn about esteemed leader Shri Atal Bihari Vajpayee. The students also learnt about colours mixing and pencil work via this competition.



**Poster Competition**  
**Subject “Corona Ko Harana Hai”**

Date	24 <sup>th</sup> December 2020
Department In charge	Dr. Geeta Agrawal
Faculty Participated	<ul style="list-style-type: none"><li>• Dr. Geeta Agrawal (Assistant professor)</li><li>• Shri Ashutosh Singh (Assistant professor)</li><li>• Miss Hemlata (Guest faculty)</li><li>• Miss Kavita Yadav (Guest faculty)</li><li>• Miss Neelam (Guest faculty)</li></ul>
Number of Student participants, Class – UG /PG/BOTH	29
Activity Details	In this competition the students spread awareness about Corona By the artwork of their posters. Students show cased masks, vaccinations, necessity for cleanliness and washing hands regularly etc. in posters.
Outcome	In the present scenario this is very important how to protect ourselves as well as the society by this disease. This activity increased the knowledge of not only the participants but everyone around.



<b>Collage and Cartoon Painting competition Lockdown</b>	
Date	13th January 2021
Department In charge	Dr. Geeta Agarwal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (Assistant professor)</li> <li>• Shri Ashutosh Singh (Assistant professor)</li> <li>• Miss Hemlata (Guest faculty)</li> <li>• Miss Kavita Yadav (Guest faculty)</li> <li>• Miss Neelam (Guest faculty)</li> </ul>
Number of Student participants,	35
Activity Details	Competition of Collage and Cartoon Painting on the subject 'Lockdown during corona was held for both U.G. and P.G. students. Students expressed their views through sketching, colouring and pasting papers in art form.
Outcome	Expressing one's views via art helps in creativity building. Cartoon and collage presentation both boosted up the students creativity and helped in bringing out the artist inside them.



<b>Republic Day Decoration and Group song</b>	
Date	26.01.2021
Department In charge	Dr. Geeta Agarwal
Faculty Participated	<ul style="list-style-type: none"> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam (guest faculty)</li> </ul>
Number of Student participants, Class –P.G.	10
Activity Details	Students decorated the celebration place with Rangoli, thereby adding colours and a festive atmosphere to the college campus. They even prepared a Desh bhakti geet and presented it to the audience.
Outcome	Creativity and love for Nation



<b>Painting Competition Sponsored by Camel colour “ Clean India”</b>	
Date	28th January 2021
Department In charge	Dr. Geeta Agarwal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (Assistant professor)</li> <li>• SmtRitu Sharma</li> <li>• Smt Sarita</li> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam (guest faculty)</li> </ul>
Number of Student participants, Class – UG /PG/BOTH	50
Activity Details	Competition of Painting on Clean India was held for both U.G. and P.G. students. Students expressed their views through different materials such as clay, cloth, bottle art, canvas etc. Bringing out the creativity in students is the main motive of this activity.
Outcome	They learnt to present their views through different mediums which is very interesting and creative.



<b>Rangoli competition</b> <b>Subject- INDIAN CULTURE</b>	
Date	30 January 2021
Department In charge	Dr. Geeta Agarwal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (assistant professor)</li> <li>• Shri Ashutosh Singh (assistant professor)</li> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam (guest faculty)</li> </ul>
Number of Student participants, Class – UG /PG/BOTH	82
Activity Details	Competition of Rangoli was held for both U.G. and P.G students. Students expressed their views through different dry and wet colours on the floor. The judges were Professor Santosh Arora ( M.J.P University)and Dr. Pampa Gautam, Bareilly College Bareilly.
Outcome	They learnt about our Indian culture. Rangoli is a very important aspect of art in every festival of India.

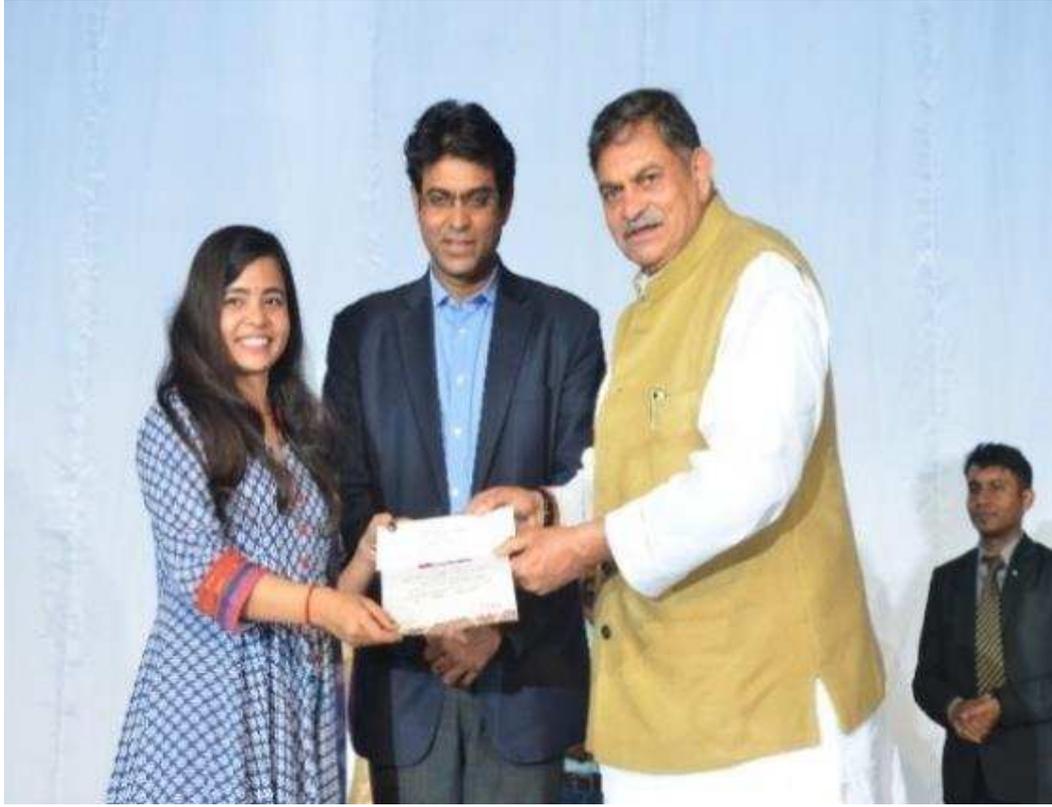


<b>Poster Slogan competition “Road safety and traffic rules”</b>	
Date	11.02.2021
Department In charge	Dr. Geeta Agrawal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (assistant professor)</li> <li>• Shri Ashutosh Singh (assistant professor)</li> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam</li> </ul>
Number of Student participants, Class –U.G./P.G.	32
Activity Details	Regional higher education officer’s asked us to conduct this competition in the department. Students used poster color and marker for writing slogan on safety rules. They also made beautiful posters to express their views.
Outcome	<p>On this very important topic students made posters and slogans with great interest. They learnt and gave message about traffic rules through their art work.</p> <ul style="list-style-type: none"> <li>• 1<sup>st</sup> Prize-Rs. 5000     Arti Pal (poster making)</li> <li>• Consolation Rs. 500     Pooja Bajpai (poster making)</li> <li>• 2<sup>nd</sup> Prize-Rs. 3000 Mamta Kumari (slogan Writing)</li> <li>• Consolation Rs. 500     Archana (slogan writing)</li> </ul>

**Painting Competition**  
**S.R.M.S. Riddhima ART Group Chitrotsav 2021**

Date	26.02.2021
Department In charge	Dr. Geeta Agrawal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (assistant professor)</li> <li>• Shri Ashutosh Singh (assistant professor)</li> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam</li> </ul>
Number of Student participants, Class –U.G./P.G.	10
Activity Details	S.R.M.S. Group Riddhima Manch Evam Lalit Kala Kendra organized <i>Chitrotsav 2021</i> at their center. The competition was in two groups Junior and senior with cash prizes.
Outcome	<p>In this competition students gave their best and delivered over the top performance. As a result they received the following cash prizes:</p> <p><b>In senior group</b></p> <ul style="list-style-type: none"> <li>• Varni Shukla 1<sup>st</sup> Position – Rs 2000</li> <li>• Unnati Rastogi 2<sup>nd</sup> Position – Rs 1500</li> <li>• Arti Pal 3<sup>rd</sup> Position - Rs 1000</li> <li>• Nidhi Saxena Consolation – Rs 750</li> <li>• Pooja Bajpei Consolation - 750</li> </ul>



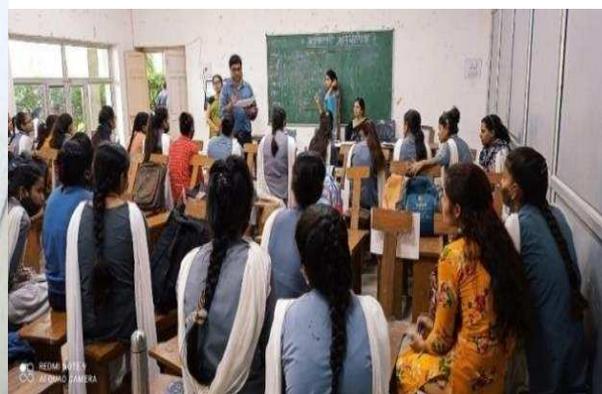


<b>Vishvjal Divas Painting Competition</b>	
Date	22.03.2021
Department In charge	Dr. Geeta Agrawal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (assistant professor)</li> <li>• Shri Ashutosh Singh (assistant professor)</li> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam (guest faculty)</li> </ul>
Number of Student participants, Class –U.G./P.G.	21
Activity Details	Vishv Jal Divas Poster Painting Competition held in department. Students take part with great interest. They use water colour, acrylic colour and mix media in their art work
Outcome	<p>In this competition students gave their best and delivered over the top performance. They learnt and also spread awareness to save water.As a result they received the following cash prizes:</p> <p>Three best work in U.G. level</p> <ul style="list-style-type: none"> <li>• Rakhi Gangawer</li> <li>• Pallavi Sharma</li> <li>• Sonam Shakir</li> </ul> <p>Three best in P.G. level</p> <ul style="list-style-type: none"> <li>• Archana</li> <li>• Dolly</li> <li>• Gauri Sharma</li> </ul>

<b>Shaheed Divas “ Vraksharopan karyakram”</b>	
Date	23.03 2021
Department In charge	Dr. Geeta Agarwal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (assistant professor)</li> <li>• Dr. Seema Gautam (assistant professor)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam (guest faculty)</li> </ul>
Number of Student participants,	15
Activity Details	Students of Painting and History department gave shrdhanjali by vraksharopan to <i>Veer Shaheed Bhagat Singh , Sukhdev and Rajguruat</i> different places in Bareilly and spread awareness around the same.
Outcome	Students spread awareness among the society about our great leaders.



<b>Quiz Competition “History of Indian Art”</b>	
Date	24.03. 2021
Department In charge	Dr. Geeta Agrawal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (assistant professor)</li> <li>• Shri Ashutosh Singh (assistant professor)</li> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam</li> </ul>
Number of Student participants, Class – P.G.	55
Activity Details	<p>5 groups of 11 students in each-</p> <ul style="list-style-type: none"> <li>• Ragoli,</li> <li>• Alpana</li> <li>• Chakpoorna</li> <li>• Epadh</li> <li>• Sathiya</li> </ul> <p>made among the students. There were four rounds, in which different type of questions were asked. Students were also tested on the basis of picture rounds around Indian history.</p>
Outcome	Group quizzes are a very effective way to instil team work among students.





**Rangoli and face art**  
**Subject- Awareness for Environment**

Date	4,5 <sup>th</sup> June 2021
Department In charge	Dr. Geeta Agarwal
Faculty Participated	<ul style="list-style-type: none"> <li>• Dr. Geeta Agrawal (assistant professor)</li> <li>• Shri Ashutosh Singh (assistant professor)</li> <li>• Miss Hemlata (guest faculty)</li> <li>• Miss Kavita Yadav (guest faculty)</li> <li>• Miss Neelam (guest faculty)</li> </ul>
Number of Student participants, Class – UG /PG/BOTH	04
Activity Details	Made at one of the busiest places in Bareilly, this rangoli attracted crowd in great numbers.
Outcome	Learnt about the outdoor work with free hand sketching. Also doing this social work gave them personal satisfaction and content.



## SPECIAL RECOGNITION:

Rajya Lalit Kala Achedmi U.P. sponsored Art exhibition on Covid-19 on 8 to 10 Feb. 2021 at Lucknow.

Km Varni Shukla's painting from department selected in senior group and got Rs.10000 cash prize from

Up Deputy Chief minister Shri Dinesh Sharma



## DEPARTMENT OF HOME SCIENCE

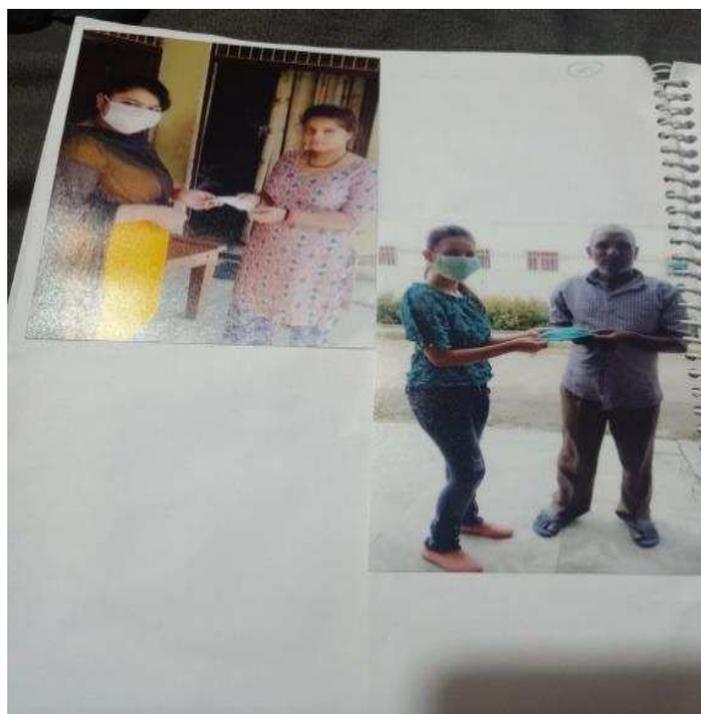
extension activity. Awareness regarding covid-19	
Date	22/6/2020
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla
Number of Student participants, Class – UG /PG/BOTH	24
Activity Details	Students prepare charts posters and uploaded pictures
Outcome	Awareness amongst people regarding covid'19

- Extension activity for sensitizing students to social issues



<b>ACTIVITY mask preparation and distribution</b>	
Date	7/7/2020
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla
Number of Student participants, Class – UG /PG/BOTH	20
Activity Details	Students stitched masks at home and distributed them amongst neighborhood.
Outcome	People were given mass and made aware of the need for it.

■ Extension activity for sensitizing students to social issues



<b>ACTIVITY - Career counseling</b>	
Date	18/11/2020
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla
Number of Student participants, Class – UG /PG/BOTH	32
Activity Details	Students were explained regarding the various career options in relation to home science.
Outcome	Students were made aware of Home Science and related careers.

▪ Career counseling



**ACTIVITY - knowledge promotion of Indian embroideries**

Date	15/12/2020
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. GeetChawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	44
Activity Details	State wise embroideries, their colours, patterns, techniques were taught.
Outcome	Students learnt about Indian state embroideries.

**Indian language Culture and Arts**

**ACTIVITY - Visit to craft Bazaar**

Date	8/1/2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	22
Activity Details	Visit to craft Bazaar to learn traditional crafts being sol
Outcome	Awareness of state wise weaves handlooms and crafts.

**Field work /project**

<b>ACTIVITY Rally on awareness regarding covid'19 vaccine</b>	
Date	2/2/2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. GeetChawla Mrs.Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	107
Activity Details	Rally was taken on the streets of Bareilly to create awareness regarding covid vaccine.
Outcome	People and students were made aware regarding the vaccination drive of Government of India.

- Extension activity for sensitizing students to social issues



<b>ACTIVITY – P oster making competition” precautions regarding covid’19</b>	
Date	20/1/2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	54
Activity Details	Poster preparation to create awareness regarding precautions during covid’ 19
Outcome	Students gathered information on precautions during covid and presented them through posters.

- Extension activity for sensitizing students to social issues



<b>ACTIVITY - Floral jewellery preparation competition.</b>	
Date	12/2/2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. GeetChawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	35
Activity Details	Focus on flowers as a means of decoration. Highlighting the colour yellow.
Outcome	Celebration of Basant Panchami a cultural event across the country.

- Environmental Sustainability
- Indian language Culture and Arts



**ACTIVITY –Rangoli making on the theme national bird peacock.**

Date	15/2/2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	70
Activity Details	Rangoli making using flowers, dry colours, grains and dal as medium.
Outcome	To highlight the national symbol - bird -peacock and project it in rangoli.

- Environmental Sustainability
- Indian language Culture and Arts



**ACTIVITY– Webinar****Topic “ future proofing of your health”**

Date	8/3/2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. GeetChawla Mrs. Neha Gupta Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	68
Activity Details	Guest speaker Somya Gupta senior dietician of rujutadiwekar team.
Outcome	Diet planning and maintenance for students.

**Workshop/Webinar/Guest lecture**

**ACTIVITY –Preparation and Catering.****Event : Hi tea organized by college**

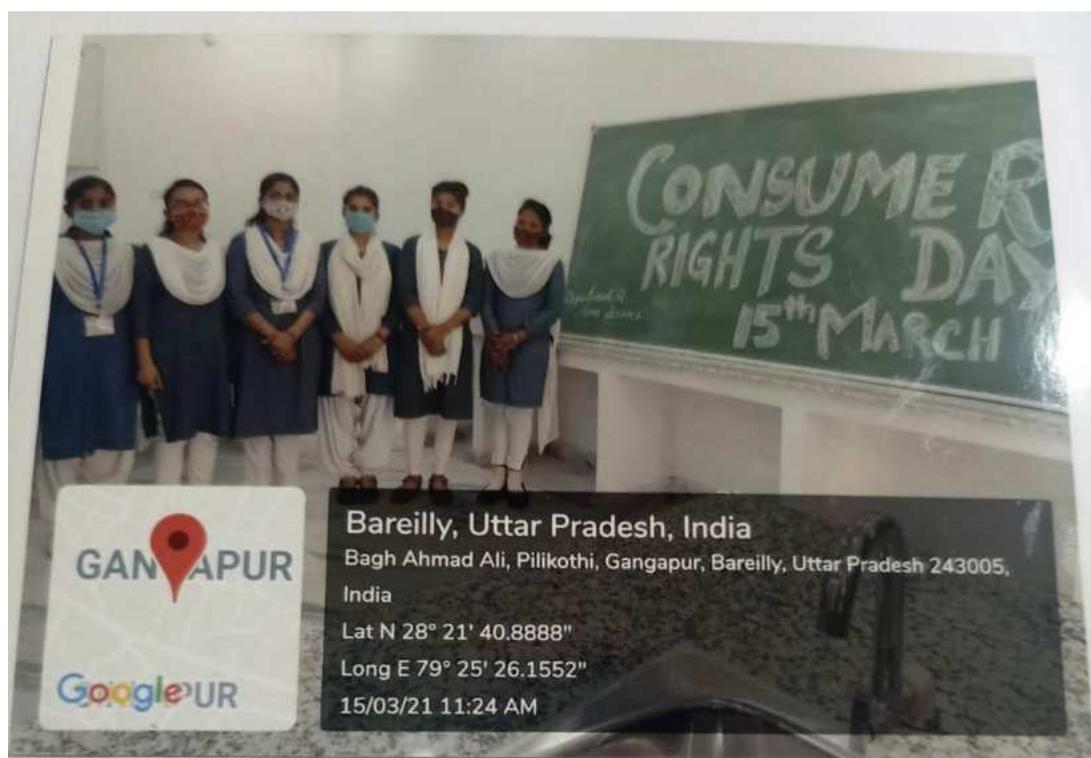
Date	8/3/21
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	20
Activity Details	Students prepared and cater dishes in the annual event.
Outcome	Exposure to serving/catering/management of food and beverages

- Capacity building and skills enhancement initiative (Soft skills/Language and communication skills/Life skills (Yoga, physical fitness, health and hygiene)/ ICT/computing skills)

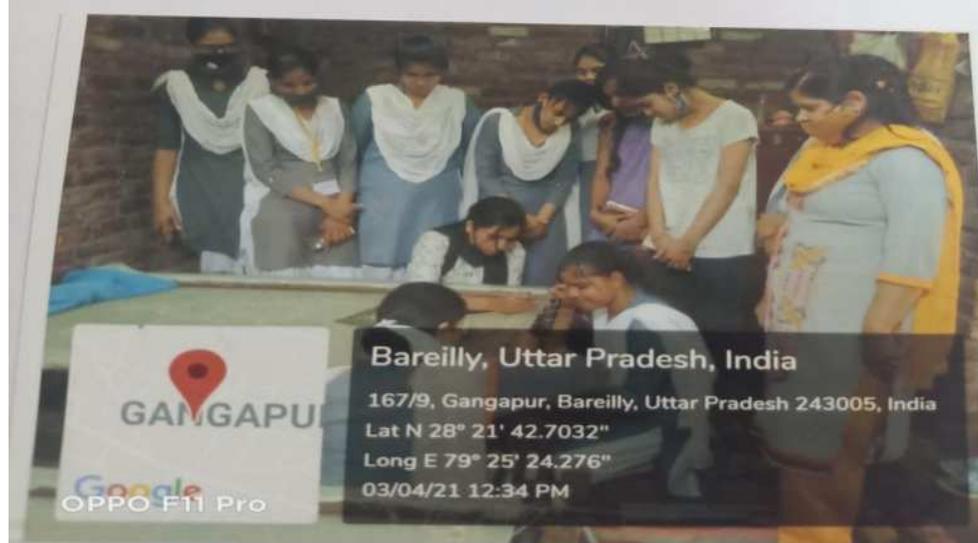
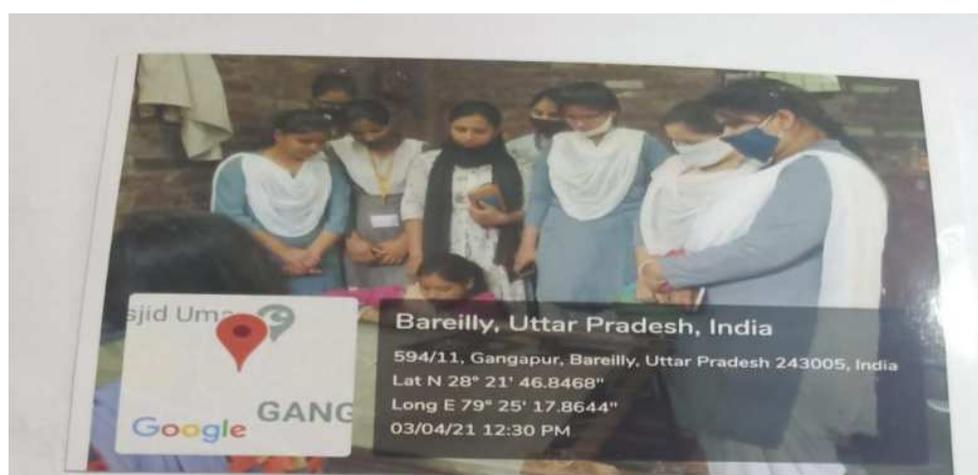


<b>ACTIVITY –Symposium on consumer rights</b>	
Date	15/3/2021
Department In charge	Dr. Abhilasha Gaur Yamuna
Faculty Participated	Dr. Geet Chawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	12
Activity Details	Students participated in a symposium on consumer rights.
Outcome	International consumer rights day was celebrated by creating awareness regarding the same.

- Capacity building and skills enhancement initiative (Soft skills/Language and communication skills/Life skills (Yoga, physical fitness, health and hygiene)/ ICT/computing skills)

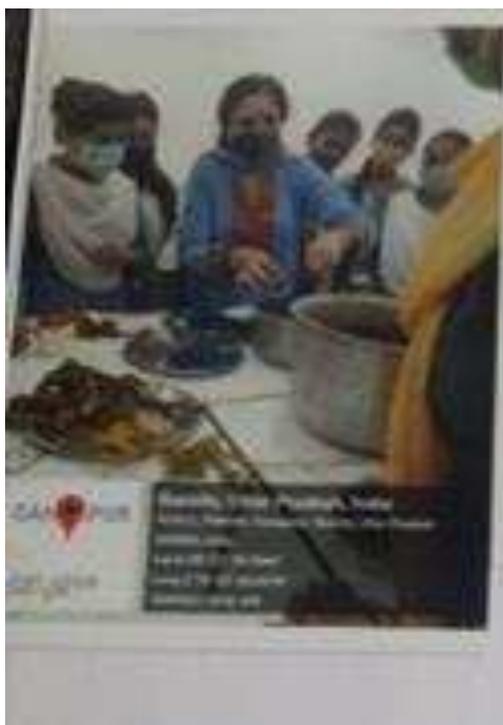
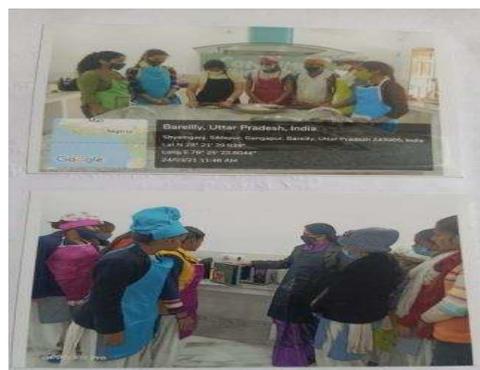


<b>ACTIVITY - Visit to zari zardozi centre.</b>	
Date	3/4/2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	14
Activity Details	Visit to the 'adda' Where is aari workers do commercial work
Outcome	Students of the workers carrying out sorry work with their tools and techniques.



**ACTIVITY****Enhancement of soft skills, cookery, home management, educational toy preparation, dyeing and printing.**

Date	Feb , March , April 2021
Department In charge	Dr. Abhilasha Gaur Saraswat
Faculty Participated	Dr. Geet Chawla Mrs. Neha Gupta Ms. Jyotsana Sharma
Number of Student participants, Class – UG /PG/BOTH	All batches
Activity Details	Students were taught skills in home science where they prepared material, cloth , dishes, toys etc.
Outcome	Practical aspects of home science were covered in 30 months.



# COMMERCE

ACTIVITY – Covid-19 Awareness Quiz	
Date	12 June 2020/ 19 June 2020
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants, Class – UG /PG/BOTH	55
Activity Details	In the Pandemic Period Department conducted Covid 19 Awareness Quiz. This activity incharge Dr Shweta Agrawal. The purpose of this quizzes to aware the students and spread the awareness among the parents. All the UG /PG students participate in this quiz program. Department provided E certificate to the participants.
Outcome	They will learn the online quiz platform with maximum time period. Students will become more skilled in virtual activity.



<b>ACTIVITY –Poster and Eassy competition</b>	
Date	12 January 2021
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Pragya Rawat Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants, Class – UG /PG/BOTH	35
Activity Details	In this program, all the students of undergraduate and postgraduate level have been included. The topic of Eassy,” How Vivekananda’s spiritualism motivate to our young generation in our country. The judge of our program are Dr Seema Gautam ,( HOD of History Department) and Mr. Ashutosh Singh (Assistant professor of Art Department)
Outcome	Students will learn to express their views and opinions in words and sentences and also the pictures ( poster). Students also learn how to write our feelings with effective introduction and conclusion.

#### Top five students in “poster competition”

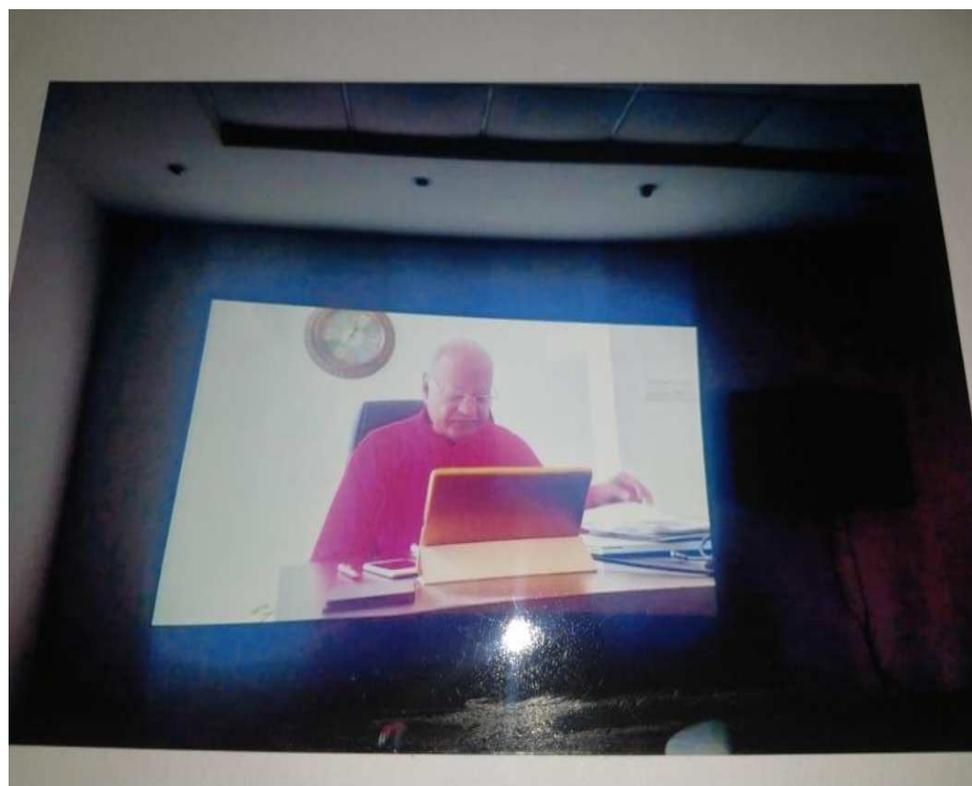
1. Rida Javed B com ( Hons.) Second year
2. Sonam Patel B.com (Hon’s) First year
3. Khushi Rastogi B.com(Hons.) First year
4. Muskan Saxena B.com(Hons.)Third year
5. Afreen Amand B.com (Hons.) Third year

#### Winners in “Eassy competition”

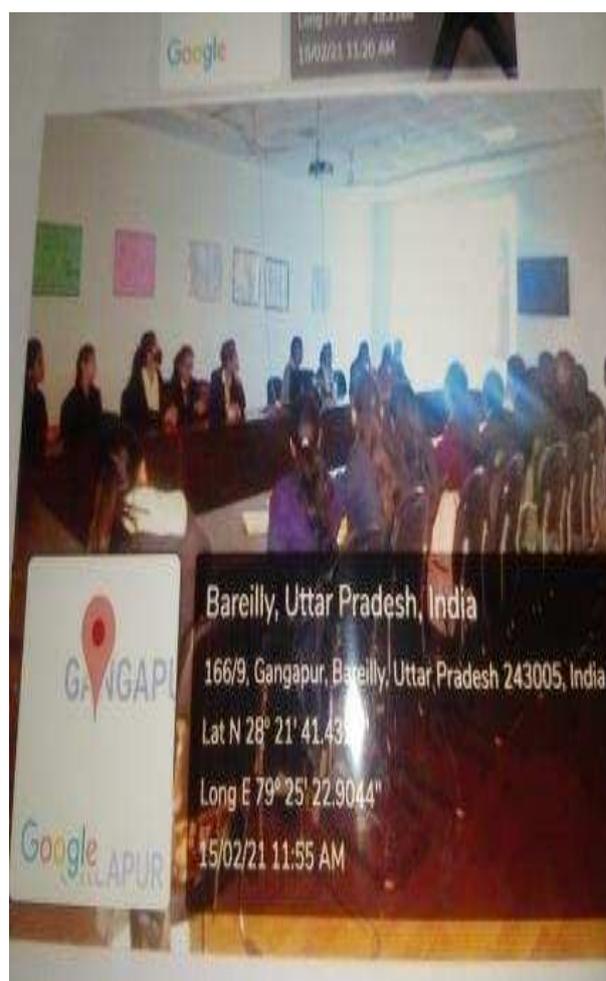
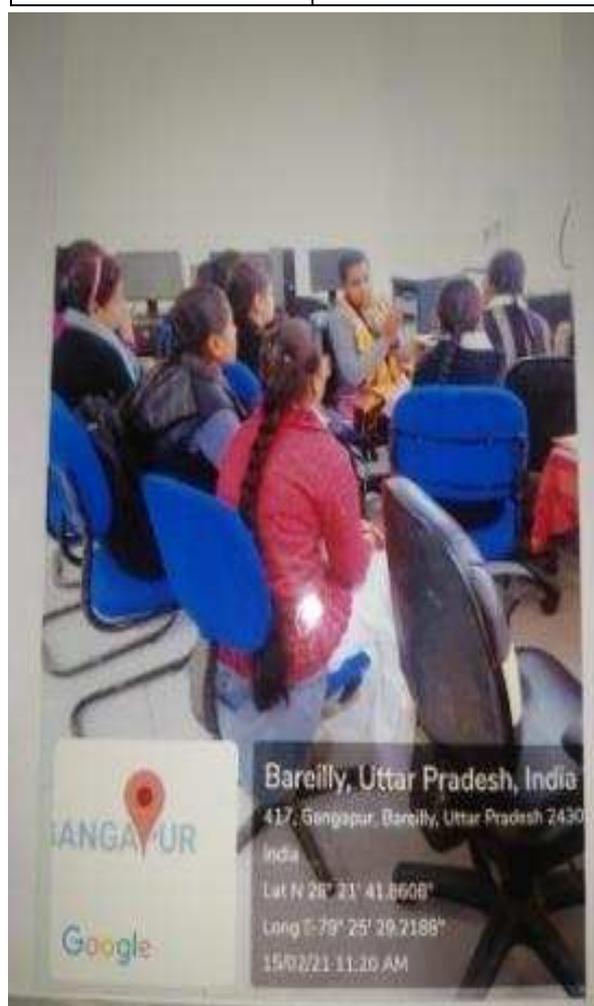
1. SanjhliBisariya (M.com) Previous
2. Neha Singh (M.com) Final year
3. VartikaSaxena B.com(Hons.) Second year.



<b>ACTIVITY – Digital Guest Lecture on Budget</b>	
Date	10 February 2021
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Pragya Rawat Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants, Class – UG /PG/BOTH	30
Activity Details	In the month of February Department conducted a digital guest Lecture by Dr V.P. Saxena (Retired Assicoate Professor, Bareilly College Bareilly). The topic of lecture was “Importance of Budget in Present Scenario in Pandemic”.
Outcome	Student’s learned the features of budget and students will be able to identify and analyze how the economy grows. Students will be understood the New tax rules and regulations.



<b>ACTIVITY– workshop on “How to make a Power point Presentation”</b>	
Date	15 February 2021
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Pragya Rawat Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants, Class – UG /PG/BOTH	35
Activity Details	In present scenario it is very important to know about power point Presentation. Computer Department Head Ms. Vineeta Verma Conducted a workshop to the students. The topic of workshop was “How to make power point Presentation” Students learn to create a effective power point Presentation. Students will be able to insert a picture, shape and Chart.
Outcome	Students will be able to make a effective power point Presentation with pictures, sound and charts etc. This activity is very useful to our students.



<b>ACTIVITY – Learning through reflection</b>	
Date	19 February 2021
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Pragya Rawat Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants, Class – UG /PG/BOTH	08
Activity Details	On 19 February 2021, students Learning through Advertisement by print Media and making a chart by B.com(Hons.) third year student. Students cut the different advertisement by the newspaper and magazine and prepare a chart. Learning through reflection is a essential part of marketing.
Outcome	Students will be able to identify and analyze the different advertisements which are the important feature of marketing. Students also understand how advertisement helpful in business to increase the sale.

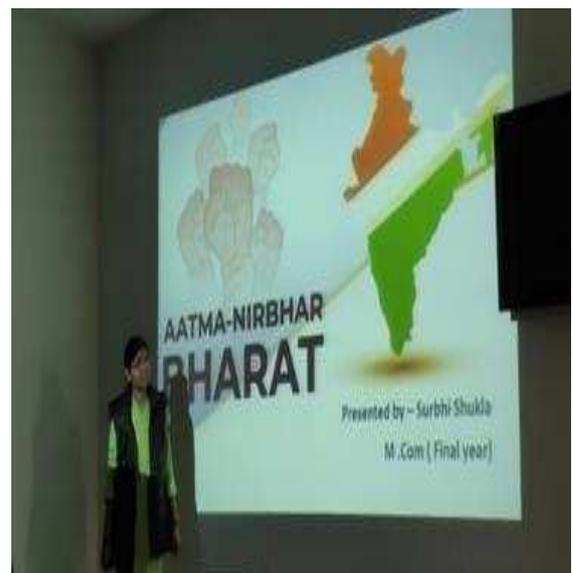


## ACTIVITY –Power Point Presentation Competition

Date	22 February 2021
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Pragya Rawat Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants,	32
Activity Details	Department conducted a competition on Power point Presentation. Students prepared power point Presentation on different topics like-ICICI Bank, AatmaNirbhar Bharat, Amual, The Consumer Behavior on Marketing, Amway, etc.
Outcome	Students express our feelings and thoughts. Students will be able to understand the presentation and effectively communicate.

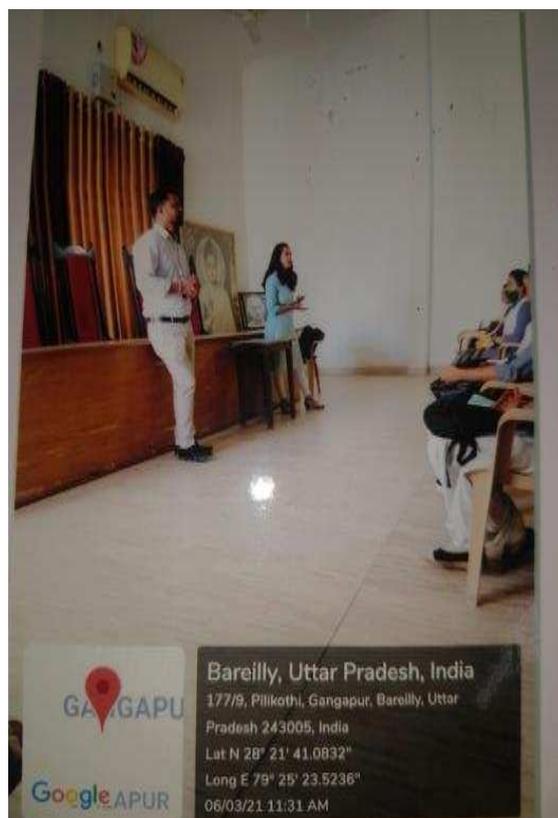
Top Three student's names are follows-

1. Parulvaish. B.com (Hons.) Third year
2. Surabhi Shukla. M.com final year
3. Khushi Rastogi. B.com (Hons.) First year



## ACTIVITY –Workshop on Personality development and Professional Skills

Date	6 March 2021
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Pragya Rawat Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants, Class – UG /PG/BOTH	30
Activity Details	Our Department vision is women empowerment, according to this theme, Department organized one day workshop with NGO ,”Medha”. Ms Akanksha Pandey delivered a Lecture on Personality development and Professional Skills. The important points of her lecture are Resume making, effective communication, and How to dress up in the workplace.
Outcome	Students learn how effectively communication helpful for success. Students will be able to make own Resume.



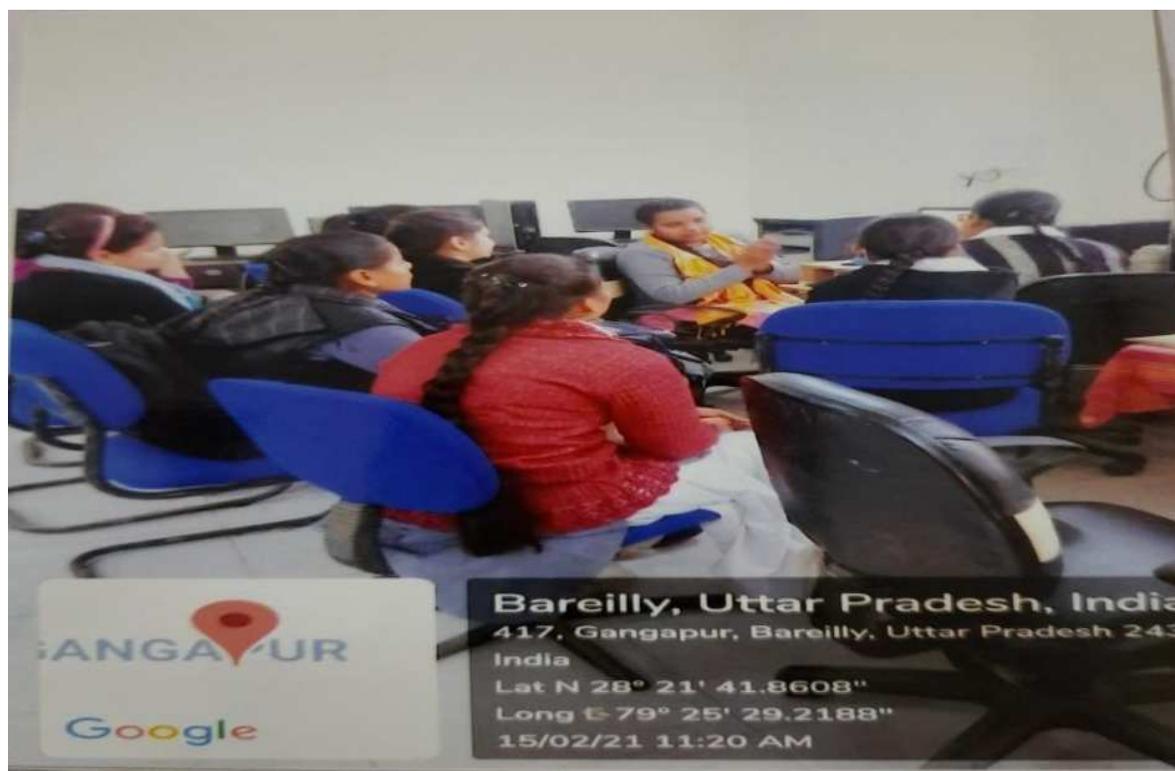
**ACTIVITY –Women ‘Day celebration  
“ Being a woman”**

Date	8 March 2021
Department Incharge	Dr Pragya Rawat
Faculty Participated	Dr Pragya Rawat Dr Shweta Agrawal Ms Pragati Agarwal
Number of Student participants, Class – UG /PG/BOTH	20
Activity Details	The theme of program was “ Being a woman”. Department celebrate woman day. Students doing many dance performances, play and singing. Department issued certificate to the students on the basis of yearly academic performance.
Outcome	Students learn woman can have equal rights to participate in society, economy and politically.



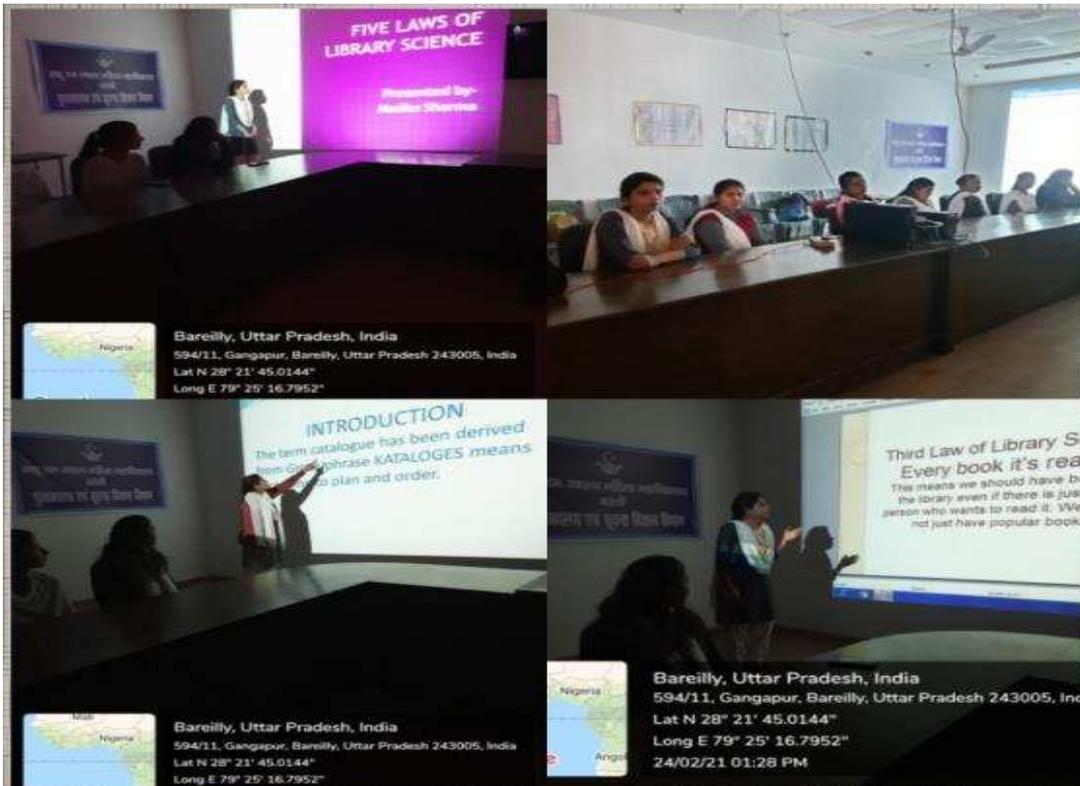
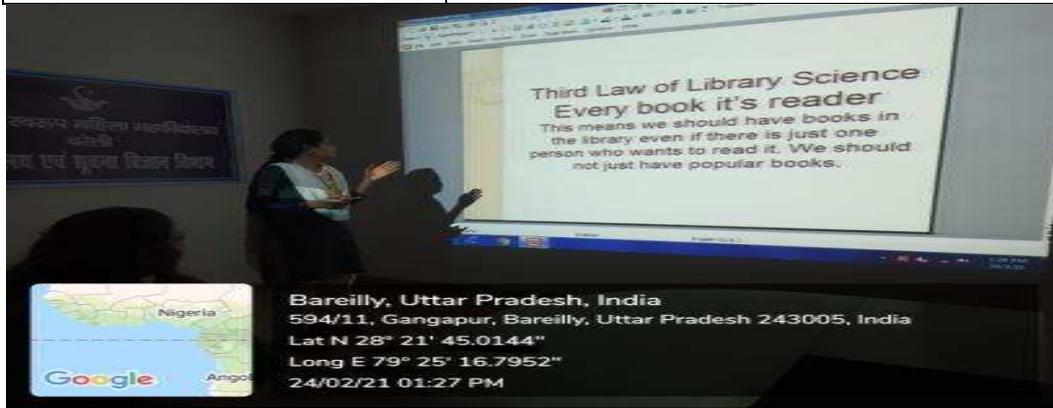
## B. LIB

ACTIVITY – Workshop on how to make Power Point Presentation.	
Date- 15-02-2021	
Department Incharge	Divya Pandey
Faculty Participated	Dr V.D.Yadav
Number of Student participants, Class – UG /PG/BOTH	03
Activity Details	<p>The present scenario it is very important to know about power point presentation. Computer head Vinita Verma conducted the workshop for the students.</p> <p>The topic of workshop was how to make PowerPoint presentation. Students learn to create a effective power point presentations. Students will able to insert pictures, shapes, charts etc.</p>
Outcome	Students will able to make a effective power point presentation with pictures, sound, charts etc.



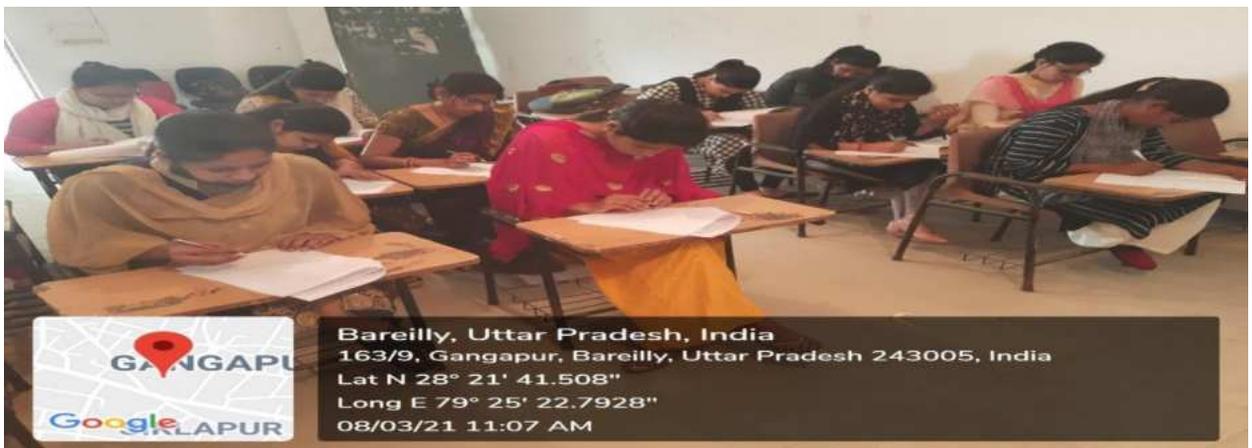
**ACTIVITY –Power Point Presentation.**

Date- 24-02-2021	
Department Incharge	Divya Pandey
Faculty Participated	Dr V.D.Yadav
Number of Student participants, Class – UG /PG/BOTH	03
Activity Details	Students of Library and Information Science department prepared Power Point Presentation on different topics like cataloguing, five laws of Library Science etc.
Outcome	Students express their feelings and thoughts. Students will able to understand the presentation and effectively communicate.



**ACTIVITY – Quiz on International Women’s Day.**

Date- 08-03-2021	
Department Incharge	Divya Pandey
Faculty Participated	Dr V.D.Yadav
Number of Student participants, Class – UG /PG/BOTH	11
Activity Details	On the occasion of international women’s day department organised quiz. The incharge of this activity is Divya Pandey. The main purpose to organize this quiz is to spread the awareness about Women’s among the students. Department provided E Certificates and Prizes to the students after the quiz.
Outcome	11 students from different sessions participated in Quiz competition. The top three students awarded with prizes.



# वैष्णवी, साक्षी और कमला पुरस्कृत

साहू राम स्वरूप महिला  
महाविद्यालय के पुस्तकालय एवं  
सूचना विज्ञान विभाग की ओर से  
क्विज प्रतियोगिता का आयोजन  
किया गया। इसमें विभाग की  
संस्थागत एवं भूतपूर्व छात्राओं ने  
भाग लिया। प्रतियोगिता में वैष्णवी  
सक्सेना प्रथम, साक्षी यादव दूसरे,  
कमला रौतेला तीसरे स्थान पर रहीं।  
कार्यक्रम की अध्यक्षता प्राचार्या डॉ.  
राकेश अरोरा ने किया। संचालन  
दिव्या पांडे ने और विशेष अतिथि  
डॉ. वीडि यादव मौजूद रहे।

ACTIVITY –Library and Information Science Quiz during pandemic.	
Date- 04-07-2020 to 11-07-2020	
Department Incharge	Divya Pandey
Faculty Participated	DrV.D.Yadav
Number of Student participants, Class – UG /PG/BOTH	821
Activity Details	In the period of Covid-19 department conducted e-quiz on Library and Information Science. The incharge of this activity is Divya Pandey. Department provided online certificates to all the participants.
Outcome	Total 861 people participated in this quiz. Students will be learning the online quiz platform with maximum time period. They will become more skilled in virtual activity.



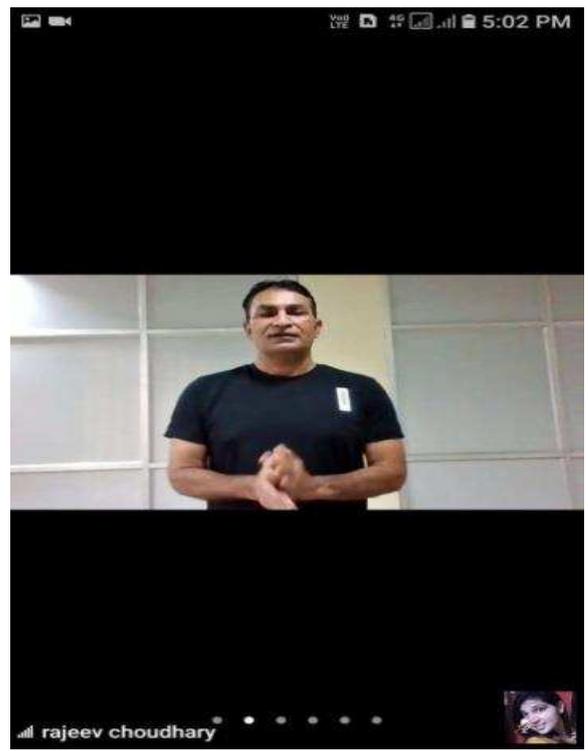
**Posters made by B.lib.I.Sc. students during Covid-19 period**

## DEPARTMENT OF PHYSICAL EDUCATION

<b>ACTIVITY</b> – Online Lecture <b>TOPIC</b> – MISSION SHAKTI ”-POSCO ACT <b>OBJECTIVE</b> – To make awareness among Children under 18 age to protect themselves from Child Abuse under POSCO ACT	
<b>Date</b>	18/08/2020
<b>Faculty In-charge</b>	<b>Dr. Priti Verma HOD</b>
<b>Faculty Participated</b>	Dr. Poonam Singh,NCC Cordinator Dr. Pratibha Pandey,NSS Cordinator Dr. Geeta Agarwal, NSS Dr. Reena Tandon,Rovers & Rangers Cordinator
<b>Participants</b>	All faculty members of our college and other colleges.
<b>Beneficiaries/Target group</b>	All faculty members and participants.
<b>Activity Details</b>	Programme convenor welcomed Guest Speaker and other faculty members
<b>Outcome</b>	All the information provided by the speaker about POSCO Act makes the students aware about the child abusing factors in their surroundings.



<b>ACTIVITY – Extension activity to deliberate different self defense techniques for Self Protection</b>	
Date	20/10/2020
Department Incharge	Dr. Priti Verma
Faculty Participated	Dr. Shashi Shukla Dr. Ruchi Gupta Dr. Radha Yadav Dr. Pratibha Pandey Dr. Geeta Agarwal Dr. Beena Yadav Dr. Reena Tandon Dr. Garima
Number of Student participants, Class – UG /PG/BOTH	50
Beneficiaries/Target group	70
Activity Details	'MISSION SHAKTI'(A Programme under Uttar Pradesh Government) entitled “How to Protect ourselves under Emergency situation- self protection through Application of Martial Arts” -by Prof Rajeev Choudhary, Pt Ravi Shankar Shukla University, Raipur ,Chattisgarh
Outcome	Students learnt a lot through online mode of self defense techniques and the session enabled them to protect themselves from different awkward situations.

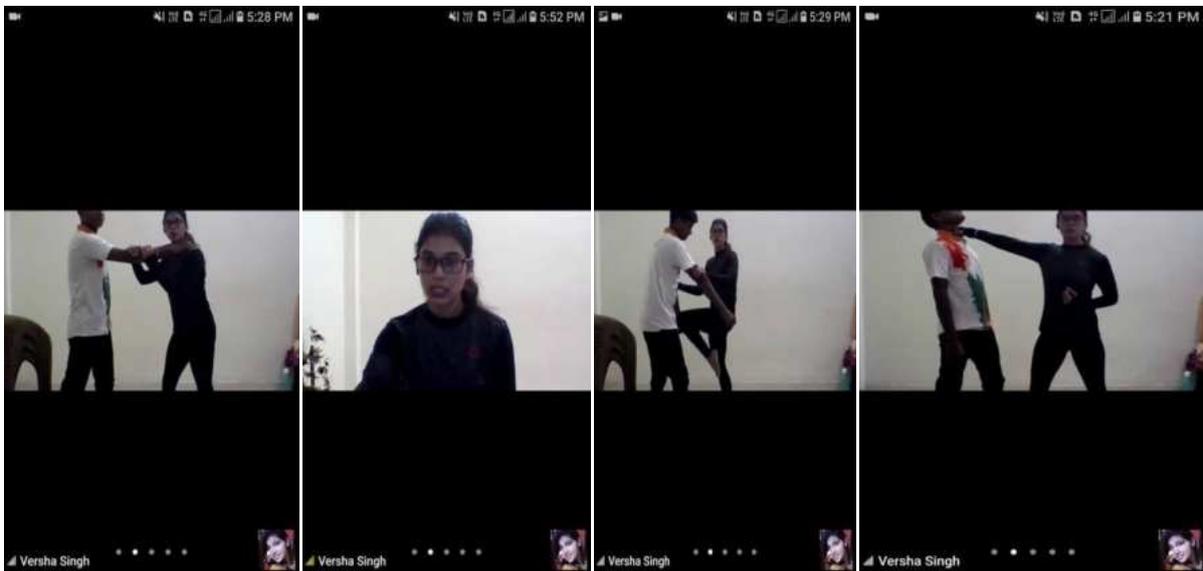


ACTIVITY – Different self defense techniques for Self Protection	
Date	21/10/2020
Department In charge	Dr. Priti Verma
Faculty Participated	Dr. Shashi Shukla Dr. Ruchi Gupta Dr. Radha Yadav Dr. Pratibha Pandey Dr. Geeta Agarwal Dr. Beena Yadav Dr. Reena Tandon Dr.Garima
Number of Student participants, Class – UG /PG/BOTH	38
Beneficiaries/Target group	46
Activity Details	<b>Fit then Fight-Make the country Pride</b> by Dr. Priti Pandey, Assistant Professor Physical Education,S.N.Sen B.V.P.G College,Kanpur
Outcome	Students learnt a lot through online mode that how can a women make themselves physically and mentally fit –then can survive themselves in a most ideal manner to make our country proud.



**ACTIVITY – Extension activity For Women to deliberate different self defense techniques for Self Protection**

Date	21/10/2020
Department In charge	Dr. Priti Verma
Faculty Participated	Dr. Shashi Shukla Dr. Ruchi Gupta Dr. Radha Yadav Dr. Pratibha Pandey Dr. Geeta Agarwal Dr. Beena Yadav Dr. Reena Tandon Dr. Garima
Number of Student participants, Class – UG /PG/BOTH	35
Beneficiaries/Target group	43
Activity Details	'MISSION SHAKTI'(A Programme under Uttar Pradesh Government) entitled "How to Protect ourselves under Emergency situation- self protection through Application of Martial Arts"-by Versha Singh,International Karate Commonwealth Player (Silver Medalist)
Outcome	Students learnt a lot through online mode of self defense techniques and the session enabled them to protect themselves from different awkward situations.



<b>ACTIVITY – for Self Protection</b>	<b>Extension activity to deliberate different self defense techniques</b>
Date	22/10/2020
Department In charge	Dr. Priti Verma
Faculty Participated	Dr. Poonam Singh Dr. Shashi Shukla Dr. Ruchi Gupta Dr. Radha Yadav Dr. Pratibha Pandey Dr. Geeta Agarwal Dr. Beena Yadav Dr. Reena Tandon
Number of Student participants, Class – UG /PG/BOTH	46
Beneficiaries/Target group	54
Activity Details	'MISSION SHAKTI'(A Programme under Uttar Pradesh Government) entitled “How to Protect ourselves under Emergency situation- self protection through Application of Martial Arts” -by Prof Rajeev Choudhary, Ms. Astha Anand, Silver Medalist International Taekwondo Player,Bhopal
Outcome	Students learnt a lot through online mode of self defense techniques and the session enabled them to protect themselves from different awkward situations.



<b>ACTIVITY – Self Protection</b>	<b>Extension activity to deliberate different self defense techniques for</b>
Date	24/10/2020
Department In charge	Dr. Priti Verma
Faculty Participated	Dr. Shashi Shukla Dr. Ruchi Gupta Dr. Radha Yadav Dr. Pratibha Pandey Dr. Geeta Agarwal Dr. Beena Yadav Dr. Reena Tandon Dr. Garima
Number of Student participants, Class – UG /PG/BOTH	30
Beneficiaries/Target group	38
Activity Details	'MISSION SHAKTI'(A Programme under Uttar Pradesh Government) entitled “How to Protect ourselves under Emergency situation- self protection through Application of Martial Arts” - Mr. Jugran Mani, Gold Medalist International Taekwondo Player, Lucknow & Ms. Amritanshi Pandey, International Taekwondo Player, Lucknow
Outcome	Students learnt a lot through online mode of self defense techniques and the session enabled them to protect themselves from different awkward situations.

## परिवार में लैंगिक भेदभाव व घरेलू हिंसा का महिलाओं के अस्तित्व पर प्रभाव

**—बालजी समाचार सेवा—**  
बरेली -उत्तर प्रदेश शासन के निर्देशानुसार 17 अक्टूबर से 25 अक्टूबर तक साहू राम स्वरूप महिला महाविद्यालय में आज दिनांक 23.10.2020 के प्रातः कालीन सत्र में प्राचार्य डॉ राकेश अरोरा के निर्देशन में आयोजित एवं डॉ गीता अग्रवाल द्वारा संचालित 'मिशन शक्ति' के सातवें दिवस के कार्यक्रम के अंतर्गत परिवार में लैंगिक भेदभाव व घरेलू हिंसा का महिलाओं के अस्तित्व पर प्रभाव विषय पर वक्ता डॉ कनकलता सिंह, एसोसिएट प्रोफेसर (समाजशास्त्र) ने अपना व्याख्यान प्रस्तुत किया। इस उल्लेख वक्तव्य में डॉ कनकलता सिंह ने परिवार में व्याप्त लैंगिक भेदभाव के फलस्वरूप होने वाली प्रमुख समस्याओं जैसे शिक्षा के अधिकार विषयक, अपनी रुचि विषयक बातों के बारे में बालिका

अधिकार संबंधी बातों पर सजीव उदाहरण के साथ जानकारी प्रदान की। घर में ही माँ बाप एवं परिवार के और सदस्यों द्वारा पुत्र व पुत्री के मध्य कई बातों को लेकर भेद भाव की नीति जिसका असर ये होता है की एक बालिका का व्यक्तित्व परिवार की वजह से ही प्राथमिक स्तर पर ही कमजोर कर दिया जाता है, उनकी व्यक्तिगत स्वतंत्रता जैसे खाने पीने, वस्त्र पहनने व अन्य रहन सहन के तरीकों पर भी पारिवारिक अंकुश एवं धारणाएँ व्याप्त रहती हैं जो की बालको पर लागू नहीं। घर में होने वाले शारीरिक व मानसिक अत्याचारों जिन्हें हम घरेलू हिंसा कहते हैं उसपर भी कोई अंकुश नहीं। दहेज प्रथा के कारण स्त्रियों को उनके अपने घरों में जला देने वाले अपराधों से कोई अनभिज्ञ नहीं। समाज में स्त्रियों की स्थिति में सुधार के लिए प्रथम

आवश्यकता उनका स्वयं ही अन्याय के विरुद्ध आवाज उठाना है स्वयं की महत्ता को समझना है। महिला सुरक्षा हेतु बनाए गए कानूनों को समझना है इन सभी बातों पर हमारी आज की वक्ता डॉ कनकलता सिंह ने बालिकाओं एवं उनके अभिभावकों को जागरूक किया।  
सायंकालीन सत्र में मार्शल आर्ट प्रशिक्षण कार्यक्रम में 'आत्मा रक्षा हेतु विभिन्न तकनीकों का ज्ञान संबंधी विषय पर प्रयोगात्मक ऑनलाइन सत्र का आयोजन किया गया, जिसका संचालन डॉ प्रीति वर्मा, असिस्टेंट प्रोफेसर, शारीरिक शिक्षा ने किया। इस सायंकालीन सत्र में आज दिनांक 23.10.2020 को हमारे मध्य दो विशिष्ट अतिथि वक्ताओं का आगमन हुआ। प्रथम वक्ता श्री आनंद मनी जुगरान, अंतराष्ट्रीय ताईकांडो खिलाड़ी (स्वर्ण पदक

विजेता), ब्लैक बेल्ट (डान-बुडुडु), लखनऊ एवं सुश्री अमृतांशी पांडे, अंतराष्ट्रीय ताईकांडो खिलाड़ी (कांस्य पदक विजेता) लखनऊ ने आत्म-रक्षा हेतु अपनाए जाने वाले अत्यंत रोमांचक एवं तकनीकों का ज्ञान बालिकाओं को विभिन्न प्रदर्शनों एवं व्याख्यान के द्वारा कराया। विपरीत परिस्थितियों में आत्म-रक्षा कैसे की जाये इन बातों पर बहुमूल्य जानकारी प्रदान कर बालिकाओं का असाहचर्यन किया। अंत में प्राचार्य महोदय डॉ राकेश अरोरा द्वारा बालिकाओं को आशीर्चन प्रदान किया गया इस अवसर पर डॉ शशि शुक्ला, डॉ कनकलता, डॉ प्रीति पाठक, डॉ वीणा यादव, डॉ पूनम सिंह, डॉ गीता अग्रवाल, डॉ रीना टंडन, डॉ प्रतिभा पांडे, श्रीमती मोहिता जीहरी, सुश्री पूजा एवं श्री अतुल सक्सेना उपस्थित रहे। कार्यक्रम का समापन धन्यवाद ज्ञापन के साथ हुआ।

<b>ACTIVITY – Extension activity for sensitizing students to social issues related to crime against Women &amp; Domestic Violence.</b>	
Date	24/10/2020
Department In charge	Dr. Priti Verma
Faculty Participated	Dr. Ruchi Gupta Dr. Pratibha Pandey Dr. Geeta Agarwal Dr. Reena Tandon Dr. Garima
Number of Student participants, Class – UG /PG/BOTH	200
Beneficiaries/Target group	200 Students
Activity Details	"मिशन शक्ति" कार्यक्रम के अंतर्गत "महिला सुरक्षा एवं प्रावधानों पर पुलिस अधिकारियों द्वारा चर्चा"
Outcome	महिला बाल अपराध संबन्धित ज्वलंत विषय पर आदरणीय सी. ओ. सिटी श्री दिलीप सिंह ,इंस्पेक्टर श्री गीतेश कपिल एवं सब इंस्पेक्टर श्रीमती सुमन ने अपने अपने विचार प्रस्तुत किए । उपस्थित गणमान्य पुलिस प्रभाग के अधिकारियों का स्वागत महाविद्यालय की मिशन शक्ति संयोजिका डॉ प्रीति वर्मा द्वारा किया गया । छात्राओं को 1090,112 एवं 101 महिला हेल्पलाइन नंबर नोट कराया गया । मानसिक रूप से विकृत लोगों को सबक सिखाने हेतु आदरणीय सी. ओ. सिटी श्री दिलीप सिंह जी ने छात्राओं के विभिन्न प्रश्नों के उत्तर दिये । इंस्पेक्टर गीतेश कपिल ने छात्राओं से बात करके उनके मन में उठने वाली विभिन्न शंकाओं का समाधान किया । सब इंस्पेक्टर श्रीमती सुमन ने छात्राओं का उद्बोधन करते हुये कहा कि आज के समय में आप को अपनी चुप्पी तोड़नी है और स्वयं के साथ होने वाले अत्याचारों पर अंकुश लगाने के लिए स्वयं आगे आकर पुलिस को सूचना देनी है ,उनकी समस्याओं का समाधान निश्चित रूप से होगा । उपरोक्त बातों से अवगत कराया ।



<b>ACTIVITY – Self Protection</b>	<b>Extension activity to deliberate different self defense techniques for</b>
Date	25/01/2021
Department In charge	Dr. Priti Verma
Faculty Participated	8
Number of Student participants, Class – UG /PG/BOTH	92
Beneficiaries/Target group	100
Activity Details	दिनांक 26.12.2020 को निदेशक, फ्लाइंग बीयर द्वारा आयोजित आत्म-रक्षा हेतु बालिकाओं द्वारा अपनाएं जाने वाले उपायों पर निर्वहन । बेटी बचाओ नहीं बेटी सक्षम बनाओ शीर्षक महाविद्यालय के ऑडिटोरियम में आयोजित इस कार्यशाला में महाविद्यालय की कुल 92 छात्राओं ने सक्रिय भागीदारी की एवं प्रमाणपत्र प्राप्त किया ।
Outcome	Students learnt a lot through offline mode of self defense techniques and the session enabled them to protect themselves from different awkward situations.



## युवा हस्ताक्षर बरेली छात्राओं को सिखाये गये आत्म सुरक्षा के गुर



**युवा हस्ताक्षर रिपोर्टर**  
बरेली। साहू राम स्वरूप महिला महाविद्यालय परिसर में 'बेटी बचाओ नहीं बेटी सक्षम बनाओ' विषय से संबंधित कार्यक्रम का आयोजन किया गया। डॉ प्रीति वर्मा अतिरिक्त प्रोफेसर शारीरिक शिक्षा, राम साहू राम स्वरूप महिला महाविद्यालय बरेली द्वारा इस कार्यक्रम का आयोजन किया गया। इस कार्यक्रम के अंतर्गत फ्लाइंग मशीन ग्रुप के अंतर्गत सजीव जिंदल 'साइकिल बाबा' के नाम से प्रचलित समाज सेवक एवं दीपक भास्कर मास्टर ट्रेनर नेशनल यार्डिंगाइड

आत्मरक्षा रक्षा विरोध ने बच्चियों को स्वयं की रक्षा हेतु विभिन्न तकनीकों से अवगत कराया व उन्हें सिखाया। विपरीत परिस्थितियों में उत्पन्न हुई समस्या स्वयं की रक्षा किस प्रकार की जाए इस विषय में विभिन्न तकनीकों से अवगत कराया उन्हें सशक्त रूप में सिखाया। इस कार्यक्रम में पनखीसी पनएसएस एवं महाविद्यालय की छात्राओं ने बहू चढ़कर अपनी भागीदारी दिखाई एवं लाभान्वित हुई। कार्यक्रम का संचालन महाविद्यालय की प्राचार्य डा डॉक्टर राकेश अरोरा के निर्देशन में सफलतापूर्वक संपन्न हुआ। इस अवसर पर

इस अवसर पर महाविद्यालय परिवार ने डॉ शशि शुक्ला, महाविद्यालय की चीफ प्रोक्टर डॉक्टर रुचि गुप्ता, डॉक्टर पुनम सिंह, एनसीसी प्रभारी डॉक्टर प्रतिभा सिंह, राष्ट्रीय सेवा योजना प्रभारी प्रभारी डॉक्टर गरिमा, श्रीमती मोहितल जोहरी उपस्थित रहे। फ्लाईंग मशीन के सदस्यों द्वारा बच्चियों की आत्मरक्षा के लिए प्रेरक बातें एवं बहू-चढ़कर किसी भी विपरीत परिस्थिति का किस प्रकार उन्हें सामना करना पड़ सकता है उसके लिए उन्हें बेहतर तरीके सिखाए। कार्यक्रम का समापन डॉ प्रीति वर्मा ने धन्यवाद ज्ञापन के साथ किया।

कार्यक्रम के अंतर्गत सजीव जिंदल 'साइकिल बाबा' के नाम से प्रचलित समाज सेवक एवं दीपक भास्कर मास्टर ट्रेनर नेशनल यार्डिंगाइड

## DEPARTMENT OF MUSIC

<b>ACTIVITY – BASANT PANCHMI POOJA</b> <b>OBJECTIVE– (Music students can get to know the Indian cultural tradition.)</b>	
<b>Date</b>	18 February 2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	BY- Vocal , Sitar, Tabla, Cerography Students and all teachers of music
<b>Participants</b>	40 (both)
<b>Activity Details</b>	Shlokas and Mantras were recited along with the worship method and some bhajan was presented by the music students.
<b>Outcome</b>	It proved helpful in developing Indian cultural tradition and values among the students of music.



<b>ACTIVITY– One Day Workshop</b>	
<b>OBJECTIVE – (How do Students Prepare for Practical Exam”, “Students become better for practical exam)</b>	
<b>Date</b>	23 March 2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	By- Sitar , Vocal and Tabla Students.
<b>Participants</b>	38 (Both)
<b>Activity Details</b>	Organized By Dr.priti Singh in which Dr.Rajni Bhatnagar presented a lecture on the history of music method of making sitar and the main topic “ how to prepare for students practice”
<b>Outcome</b>	Students become better for their practical exam



<b>ACTIVITY – Essay writing Competition</b>	
<b>Date</b>	29 <sup>th</sup> January 2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	Department of Music
<b>Number of Student participants, Class</b>	Nearly 30 at UG & PG level
<b>Activities Details</b>	“Selected 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> at UG & PG Level , Awarded Certificate
<b>Outcome</b>	Skill enhancement of writing and thinking of students



**ACTIVITY – Saraswati Vandana**

<b>Date</b>	25 March 2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	Faculty of Vocal
<b>Number of Student participants, Class</b>	04 students (Both)
<b>Activity Details</b>	Recorded Individually then edited by using Kinemaster Application
<b>Outcome</b>	Students Learned how to edit videos through Kinemaster application
<b>You tube Video URL</b>	<a href="http://youtu.be/z-7ic2kheaw">http://youtu.be/z-7ic2kheaw</a>

<b>ACTIVITY – One Day Workshop</b>	
<b>OBJECTIVE –On the Topic of laya and layakari objective of this workshop is to clear the concept of laya and layakari which is very important in music.</b>	
<b>Date</b>	24- march-2021
<b>Faculty In-charge</b>	Dr.shashi shukla
<b>Faculty Participated</b>	Students of all streams of music such as sitar, tabla vocal and chorography and all the faculty members of music department.
<b>Number of Student participants, Class</b>	65 both
<b>Activity Details</b>	Organized by Dr.Anju Mishra and Dr. Shobha Rani Kudeshiya is the speaker of workshop . she presented laya and layakari on table as well as in forum of tali and khali by hand in very easy way so that students can understand the concept easily.
<b>Outcome</b>	Students understand this concept very well and will prepare many musical bandishes based on laya and layakaries. Which is very essential in music?



**ACTIVITY – Stage Performance in Fashion Show “ SAPTRANG”**

<b>Date</b>	10- March-2021
<b>Faculty In-charge</b>	Dr.shashi Shukla
<b>Faculty Participated</b>	Faculty of Choreography & Faculty of Vocal
<b>Number of Student participants, Class</b>	08 (Both)
<b>Activity Details</b>	Students Conducted beautiful “LASYA” Dance & Recited Vocal (Sufi)
<b>Outcome</b>	A Feel of Professionalism Developed
<b>Youtube Video Url</b>	<a href="http://youtu.be/l6t7l7-m_im">http://youtu.be/l6t7l7-m_im</a>

### ACTIVITY– Essay Competition.

**OBJECTIVE–** The Objective of this activity is to develop the skill of writing presenting their own view about the topic as well as they prepare many topics for their exams.

<b>Date</b>	08-february -2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	Students of all streams of music such as vocal , table , sitar choreography and all the faculty members of music department
<b>Number of Student participants, Class</b>	19 (both)
<b>Activity Details</b>	Dr.Anju Mishra Organised the Essay Competition Divya Gupta got 1 <sup>st</sup> Prize, Neha buruswani gor 2 <sup>nd</sup> prize, Renu kashyap got 3 <sup>rd</sup> prize and shranjna Yadav got Consolation prize on U.G.level
<b>Outcome</b>	<p>The Main outcome of this activity to prepare many topic related from the slabus in the form of essay which became helpful in the examination and also develop the skill of thinking and writing the concepts.</p> <p>Anamik got 1<sup>st</sup> prize, riya got 2<sup>nd</sup> prize and sonal got 3<sup>rd</sup> prize and gayatri got consolation prize in P.G in this essay competition</p>



**ACTIVITY– VANDEMATRAM Video Record on “ Chauri Chaura Shatabdi Samaroh”**

<b>Date</b>	04-February -2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	Faculty of Vocal
<b>Number of Student participants, Class</b>	12 students (Both)
<b>Beneficiaries/Target group</b>	
<b>Activity Details</b>	Every Students Virtually Participated by Making record of singing Vandematram.
<b>Outcome</b>	Spirit of Patriotism with complete Enthusiasm developed

ACTIVITY – ANNUAL FUNCTION	
<b>Date</b>	30 –January -2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	Chereography , Vocal, Tabla, Sitar
<b>Number of Student participants, Class</b>	25 Students (Both)
<b>Activity Details</b>	Stage Performances :- Saraswati Vandanas Sifi and solo dances, Rajasthan folk song, bhangra and vocal performances
<b>Outcome</b>	A feel of stage artist with all the disciplines of stage developed in the students
<b>You tube Video Url</b>	<a href="http://youtu.be/JyXRFN6n611">http://youtu.be/JyXRFN6n611</a>



<b>ACTIVITY– REPUBLIC DAY PROGRAMME</b>	
<b>Date</b>	26-JANUARY-2021
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	Directed by: Dr.Akanksha Rastogi , All Members of Vocal,Tabla,Sitar faculties
<b>Number of participants</b>	09 (Both)
<b>Beneficiaries/Target group</b>	
<b>Activity Details</b>	Recited Rabindra Sangeet “Antarman” and two other songs including National Anthem”
<b>Outcome</b>	Students got introduced with the depth of rabindra sangeet
<b>Youtube video url</b>	<a href="http://youtu.be/Dofefki71D0">http://youtu.be/Dofefki71D0</a>

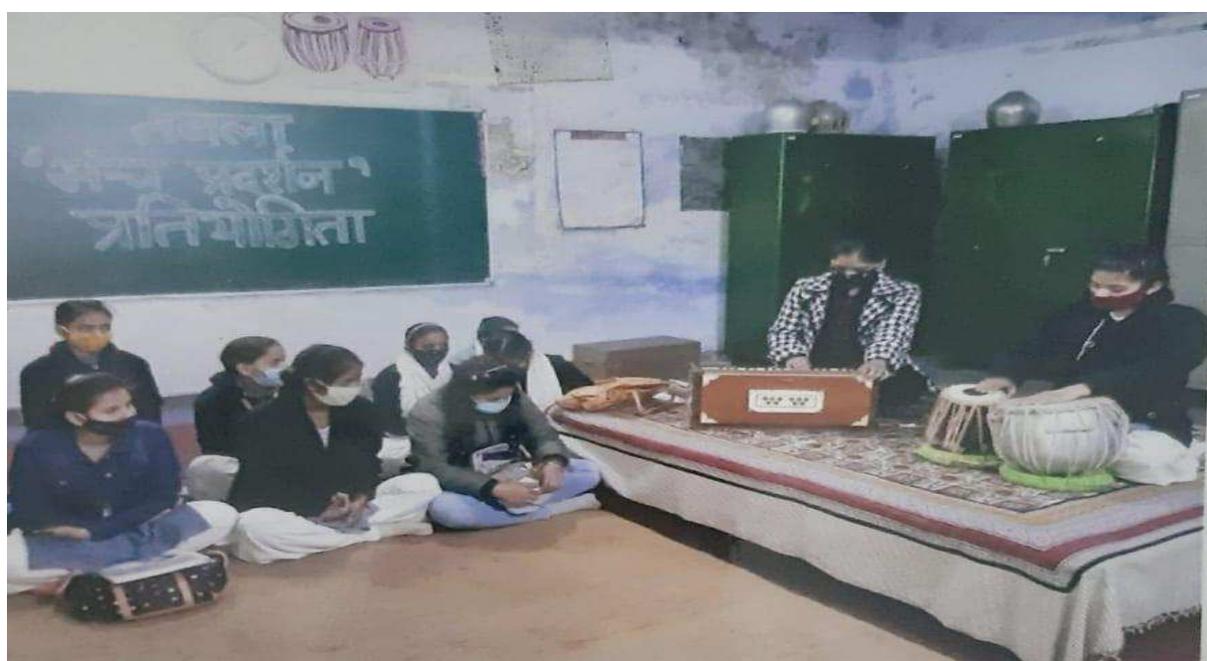


<b>ACTIVITY – “Sugam Sangeet Gayan Pratiyogita”</b>	
<b>Date</b>	09- January-2021
<b>Faculty In-charge</b>	Dr. Shashi Shukla
<b>Faculty Participated</b>	Organized by: Dr. Ruchi Gupta & Dr.Jyoti Sharma Judgement Committee-Dr.Akanksha Rastogi & Dr.Anju Mishra All members of vocal , Tabla & Sitar faculties
<b>Number of Student participants, Class</b>	30 Students Participated(both)
<b>Beneficiaries/Target group</b>	
<b>Activity Details</b>	Each Participant performed individually with her own specialized area i.e. bhajan, geet, ghazal and the like.
<b>Outcome</b>	Enhanced Stage performing quality a mike free ability and the quality of creating musical compositions by her own



### ACTIVITY – “TABLA SOLO COMPETITION”

<b>Date</b>	28-December-2020
<b>Faculty In-charge</b>	Dr.Shashi Shukla
<b>Faculty Participated</b>	All students & Staff of Department of music
<b>Number of Student participants, Class</b>	Nearly 25
<b>Beneficiaries/Target group</b>	
<b>Activity Details</b>	Competition was organizes at U.G & P.G Leve;l & Judged 1 <sup>st</sup> , 2 <sup>nd</sup> winner at U.G & P.G Level
<b>Outcome</b>	To Develop Spirit of healthy competition & enhancement of Skills



<b>ACTIVITY – “INDEPENDENCE DAY PROGRAMME ”</b>	
<b>Date</b>	15-AUGUST-2020
<b>Faculty In-charge</b>	Dr.Shashi shukla
<b>Faculty Participated</b>	Faculty of Vocal
<b>Number of Student participants, Class</b>	03 PG Students
<b>Beneficiaries/Target group</b>	
<b>Activity Details</b>	A Virtual Salute to martyrs in the form of Song.
<b>Outcome</b>	Students Get Prepared for stage presentation virtually
<b>Youtube Video URL</b>	<a href="http://youtu.be/aKx1Wglw0">http://youtu.be/aKx1Wglw0</a>

<b>ACTIVITY 14 – “ Holi Milan Samahroh”</b>	
<b>Date</b>	24-March-2021
<b>Faculty In-charge</b>	Dr.shashi Shukla
<b>Faculty Participated</b>	All Students – Vocal , Tabla, sitar Chereography.
<b>Number of Student participants, Class</b>	50 (Both)
<b>Beneficiaries/Target group</b>	
<b>Activity Details</b>	This Activity is organized for promoting Indian Culture and festivals, rituals , folk , dance based on holi geet which is an important form of music folk
<b>Outcome</b>	Students understand our culture and rituals as well as unity by meet each other and celebrate Holi festival together.

## DEPARTMENT OF FASHION DESIGNING

<b>ACTIVITY (Title, Objective) : Mehandi Pratiyogita</b>	
<b>Date</b>	<b>08/10/2020</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	<b>23 M.A. (P.G.)</b>
<b>Activity Details</b>	<b>Mehandi Pratiyogita</b>
<b>Outcome</b>	छात्राओं को मेंहदी प्रतियोगिता के माध्यम से डिजाइनकी विधाओं के बारे में जानकारी प्राप्त करी।
<b>Youtube Video URL</b>	

### मेंहदी प्रतियोगिता दिनांक 08.10.2020



### ऑन लाईन प्रतियोगिता

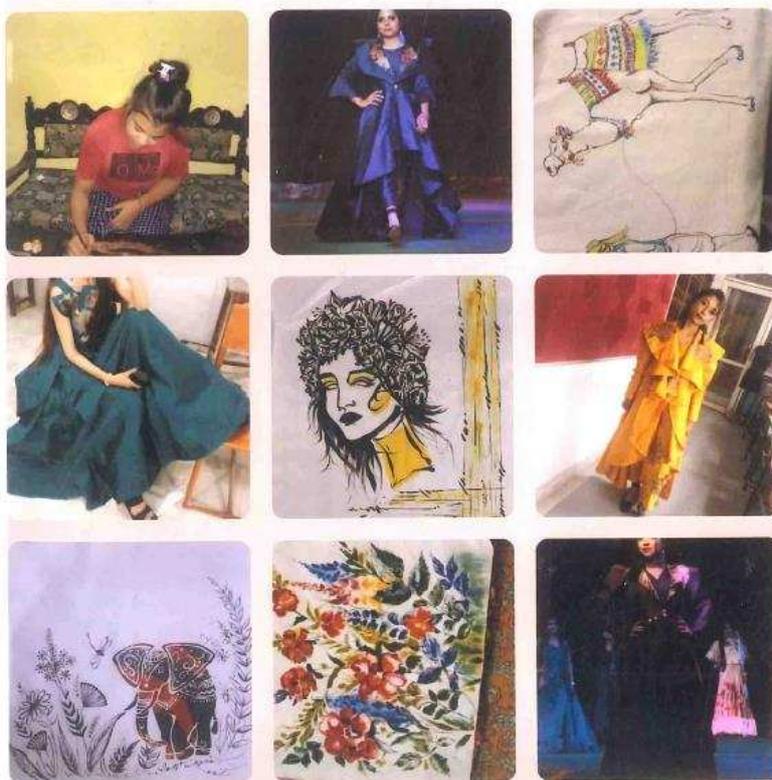
दिनांक 08.10.2020 को एम०ए० की छात्राओं द्वारा मेंहदी प्रतियोगिता का आयोजन किया गया व विभाग की शिक्षिकाओं द्वारा विजयी छात्राओं को पुरस्कृत किया गया।

प्रथम पुरस्कार – स्नेहा  
द्वितीय पुरस्कार – लवी  
तृतीय पुरस्कार – शिवानी शर्मा

<b>ACTIVITY (Title, Objective) : Design Development Workshop</b>	
<b>Date</b>	24/10/2020
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta
<b>Number of Student participants, Class – UG /PG/Both</b>	30 M.A. (P.G.)
<b>Activity Details</b>	Design Development Workshop
<b>Outcome</b>	Chhatraon ko workshop ke dauran design karna bataya gaya.
<b>Youtube Video URL</b>	

### डिजाईन डेवलपमेन्ट (कार्यशाला)

दिनांक 24.10.2020



दिनांक 24.10.2020 को एम०ए० की छात्राओं द्वारा डिजाईन डेवलपमेन्ट कार्यशाला में नये-नये डिजाईन को सीखाकर वस्त्रों को तैयार किया गया। सादे कपड़े पर विभिन्न रंगों से डिजाईन तैयार कर वैस्टर्न ड्रेसेज को सुन्दर रूप प्रदान किया गया।

<b>ACTIVITY (Title, Objective) : Market Survey</b>	
Date	02/11/2020
Department Incharge	Dr. Alka Jaiswal
Faculty Participated	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta
Number of Student participants, Class - UG /PG/Both	20 M.A. (P.G.)
Activity Details	Market Survey
Outcome	Chhatraon ne sabhi prakar ke kapadon ki jankari prapt ki
Youtube Video URL	

मार्केट सर्वे  
दिनांक 02.11.2020



फैशन डिजाइनिंग की छात्राओं को मार्केट सर्वे हेतु ले जाकर विभिन्न प्रकार की फैब्रिक तकनीकी का ज्ञान दिया। 20 छात्राओं ने मार्केट विजिट की। कपड़ों के विभिन्न प्रकार की जानकारी दी गयी।

<b>ACTIVITY (Title, Objective) : Making N.C.C. Dresses</b>	
<b>Date</b>	<b>09/11/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	<b>05 Both</b>
<b>Activity Details</b>	<b>Making N.C.C. Dresses for order work.</b>
<b>Outcome</b>	<b>Chhatraon dwara 55 N.C.C. dresses ka order work pura kiya gaya vaa 350/- Rs. prati dress ke madhyam se parisramic prapt kiya</b>
<b>Youtube Video URL</b>	

**N.C.C. ड्रेसेस (आर्डर)**  
**दिनांक 09.11.2020**



दिनांक 09.11.2020 को 55 N.C.C. ड्रेसेज का आर्डर फैशन विभाग की छात्राओं को डा० पूनम सिंह (अर्थशास्त्र विभाग) के द्वारा प्राप्त हुआ व प्रति ड्रेस 350 के अनुसार इसका पारिश्रमिक छात्राओं को प्राप्त हुआ।

<b>ACTIVITY (Title, Objective) : Board Painting Competition</b>	
<b>Date</b>	<b>08/01/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta</b>
<b>Number of Student participants, Class - UG /PG/Both</b>	<b>24 P.G.</b>
<b>Activity Details</b>	<b>Board Painting Competition</b>
<b>Outcome</b>	<b>Sabhi chhatraon ne board par vibhinn prakar ke material se board par composition sikha</b>
<b>Youtube Video URL</b>	

**बोर्ड पेंटिंग प्रतियोगिता**  
**दिनांक 08.01.2021**



दिनांक 08.01.2021 को फैशन डिजाइनिंग छात्राओं द्वारा बोर्ड पेंटिंग प्रतियोगिता का आयोजन किया गया व विजयी प्रतिभागियों को पुरुषुद्धत किया गया।

प्रथम पुरुस्कार – पूजा रत्नाकर  
द्वितीय पुरुस्कार – साँची  
तृतीय पुरुस्कार – दिव्या

<b>ACTIVITY (Title, Objective) : Designing Development Competition</b>	
<b>Date</b>	<b>15/01/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta Dr. Reema Tandon</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	<b>25 P.G.</b>
<b>Activity Details</b>	<b>Designing Development Competition</b>
<b>Outcome</b>	<b>Sabhi participants ne fabric par designing kar sundar dreses banai.</b>
<b>Youtube Video URL</b>	

**डिजाइनिंग डेवलपमेन्ट प्रतियोगिता**  
**दिनांक 15.01.2021**



दिनांक 15.01.2021 को फैशन डिजाइनिंग M.A. की छात्राओं के द्वारा फेब्रिक कलर द्वारा कपड़ों पर विभिन्न प्रकार के मोटिफ्स प्रिंटिंग के द्वारा बनाये गये व प्रतियोगिता कराई गई। निर्णायक मंडल में डा० रीना टंडन (अर्थशास्त्र विभाग) द्वारा विजयी प्रतियोगियों को पुरस्कृत किया गया।

प्रथम पुरस्कार	–	भावना
द्वितीय पुरस्कार	–	सोनम
तृतीय पुरस्कार	–	सपना

<b>ACTIVITY (Title, Objective) : Zari Zardozi Workshop</b>	
<b>Date</b>	21/01/2021
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta Km. Faizeen
<b>Number of Student participants, Class – UG /PG/Both</b>	22 Both
<b>Activity Details</b>	Zari Zardozi Workshop for 2 Weeks
<b>Outcome</b>	Chhatraon ne glase cotton fabric par printing kar, zari zardozi ke work ko sikha.
<b>Youtube Video URL</b>	

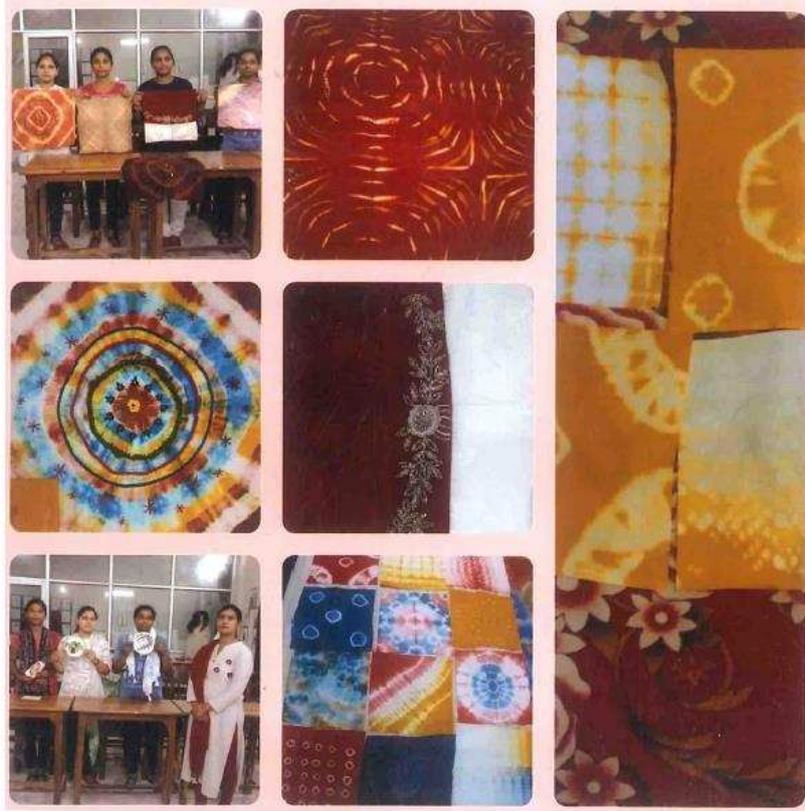
बरेली से सम्बन्धित जरी-जरदोजी कार्यशाला  
दिनांक 21.01.2021



प्रिन्टिंग एवं जरी कार्य के द्वारा बनाये गये वस्त्रों की 2 सप्ताह की कार्यशाला का आयोजन किया गया। इस कार्यशाला में वास्तुशिल्प और प्रकृति से प्रेरणा लेकर मोटिफस का एक नवीन रूप प्रदान किया गया।

<b>ACTIVITY (Title, Objective) : Tie &amp; Dye Competition</b>	
<b>Date</b>	29/01/2021
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta
<b>Number of Student participants, Class – UG /PG/Both</b>	83 Students B.A. Students
<b>Activity Details</b>	Tie & Dye Competition
<b>Outcome</b>	Chhatrao ne sade kapde ko Alag-alag tarha se bandh kar kai rango me rang kar vastro ko tayar kiya.
<b>Youtube Video URL</b>	

**Tie & Dye की प्रतियोगिता**  
**दिनांक 29.01.2021**



दिनांक 29.01.2021 को बी०ए० प्रथम वर्ष की छात्राओं द्वारा टाई एण्ड डाई प्रतियोगिता का आयोजन किया गया जिसमें 83 छात्राओं ने प्रतिभाग किया।

- प्रथम पुरस्कार – कु० श्रद्धा  
द्वितीय पुरस्कार – कु० साक्षी साहू  
तृतीय पुरस्कार – कु० अंजली

<b>ACTIVITY (Title, Objective) : Guest Lecture</b>	
<b>Date</b>	<b>01/02/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta, Faizin Khan, Rashmi</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	<b>165 B.A., M.A., DPD Certificate Both</b>
<b>Activity Details</b>	<b>Guest Lecture</b>
<b>Outcome</b>	<b>Chhatraon ne marketing &amp; entrepreneur kaise kiya jaye. Apna suym ka kam kaise kiya jaye.</b>
<b>Youtube Video URL</b>	

**अतिथि व्याख्यान  
दिनांक 01.02.2021**



(दिनांक 01.02.2021) हैंडीक्राफ्ट विभाग से आये डायरेक्टर श्री इलियाज खान जी द्वारा कराया गया अतिथि व्याख्यान। छात्राओं को रोजगार से सम्बन्धित जानकारी प्रदान कराई गई। 165 B.A., M.A., Diploma, Certificate की छात्राओं ने सहभागिता की।

<b>ACTIVITY (Title, Objective) : Kalam Kari Workshop</b>	
<b>Date</b>	03/02/2021
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta
<b>Number of Student participants, Class – UG /PG/Both</b>	24 P.G Students (M.A.)
<b>Activity Details</b>	Kalam Kari Workshop
<b>Outcome</b>	Chhatron ko Kalamkari ki sabhi vidhao ko sikhaya gaya.
<b>Youtube Video URL</b>	

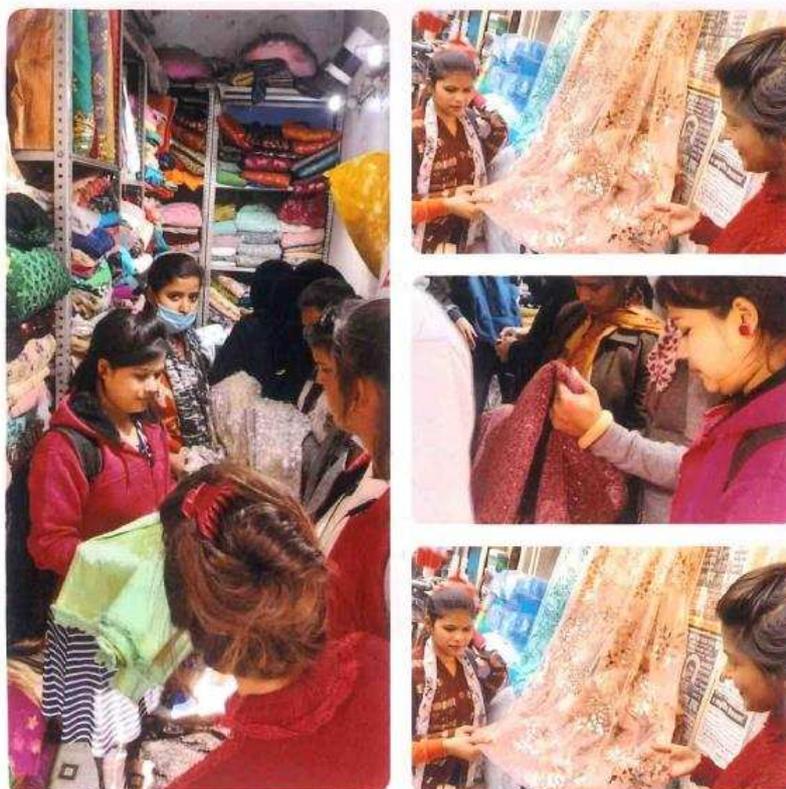
कलमकारी कार्यशाला  
दिनांक 03.02.2021



दिनांक 03.02.2021 को फैशन डिजाइनिंग छात्राओं द्वारा विभागीय स्तर पर कलमकारी कार्यशाला का आयोजन किया गया जिसमें विभाग की सभी छात्राओं ने बढ़चढ़ कर सहभागिता की।

<b>ACTIVITY (Title, Objective) : Market Survey</b>	
<b>Date</b>	07/02/2021
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta, Km. Fazeen, Km. Rashmi
<b>Number of Student participants, Class – UG /PG/Both</b>	25 U.G. (B.A.)
<b>Activity Details</b>	Market Survey for Different Fabrics
<b>Outcome</b>	Different types ka fabrics ki jankari prapt ki.
<b>Youtube Video URL</b>	

मार्केट सर्वे  
दिनांक 07.02.2021

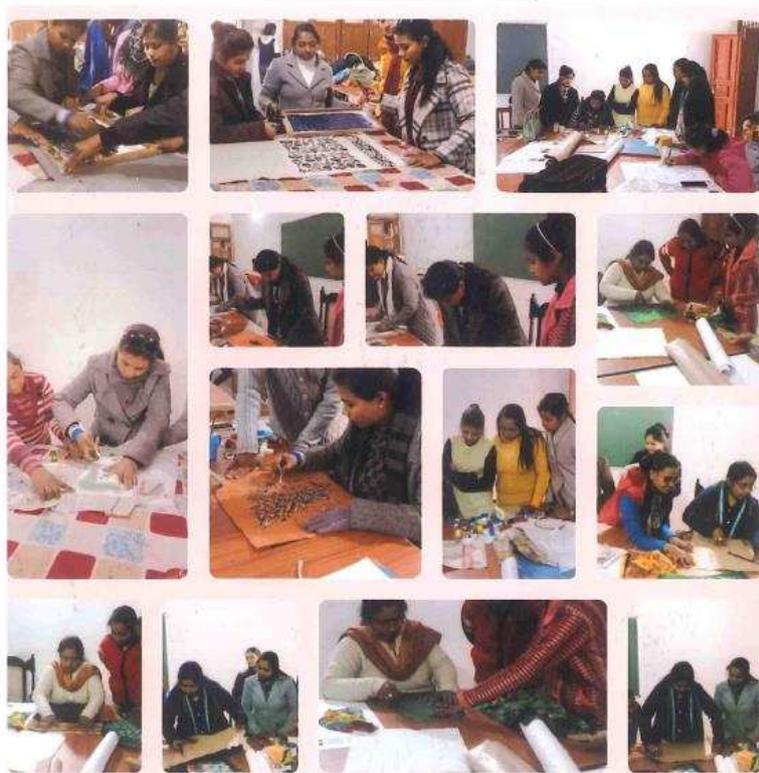


दिनांक 07.02.2021 को फैशन डिजाइनिंग की छात्राओं को कपड़े से सम्बन्धित जानकारी हेतु मार्केट सर्वे कराया गया व विभिन्न प्रकार के कपड़ों की जानकारी उपलब्ध कराई गयी।

<b>ACTIVITY (Title, Objective) : Fabric Manufacturing (Workshop)</b>	
<b>Date</b>	09/02/2021
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta
<b>Number of Student participants, Class – UG /PG/Both</b>	25 M.A. Students
<b>Activity Details</b>	Fabric Manufacturing
<b>Outcome</b>	Chhatrao ko layout, drafting, cutting & printing, stitching ke dvara vastra ko purnroop dena sikhaya gaya.
<b>Youtube Video URL</b>	

## 1 सप्ताह की कार्यशाला (Fabric Manufacturing)

दिनांक 09.02.2021



दिनांक 09.02.2021 को विभाग की शिक्षिकाओं द्वारा वस्त्रों को एक पूर्णरूपेण आकार किस तरह दिया जाता है इससे सम्बन्धित 1 सप्ताह की कार्यशाला का आयोजन किया गया, जिसमें छात्राओं को सबसे पहले उस वस्त्र का ले आउट डिजाइन करना सिखाया गया, फिर उसकी ड्राफ्टिंग तथा प्रिन्टिंग आदि कैसे की जाती है उसकी सम्पूर्ण जानकारी प्रदान की गई। इस कार्यशाला में छात्राओं ने बड़ चढ़ कर सहभागिता की।

<b>ACTIVITY (Title, Objective) : Zari Zardozi Competition</b>	
<b>Date</b>	<b>13/02/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta Miss Archana Saxena</b>
<b>Number of Student participants, Class - UG /PG/Both</b>	<b>40 U.G.</b>
<b>Activity Details</b>	<b>Zari Zardozi Competition</b>
<b>Outcome</b>	<b>Sabhi Chhatraon ne Zari Zardozi ke motifs tayar kar design kar dresses par banaye</b>
<b>Youtube Video URL</b>	

**जरी जरदोजी कार्य की प्रतियोगिता**  
**दिनांक 13.02.2021**



दिनांक 13.02.2021 को छात्राओं द्वारा हाथ की कढ़ाई से निर्मित किये गये रुमाल कम्पटीशन।

**विजयी छात्राएँ –**

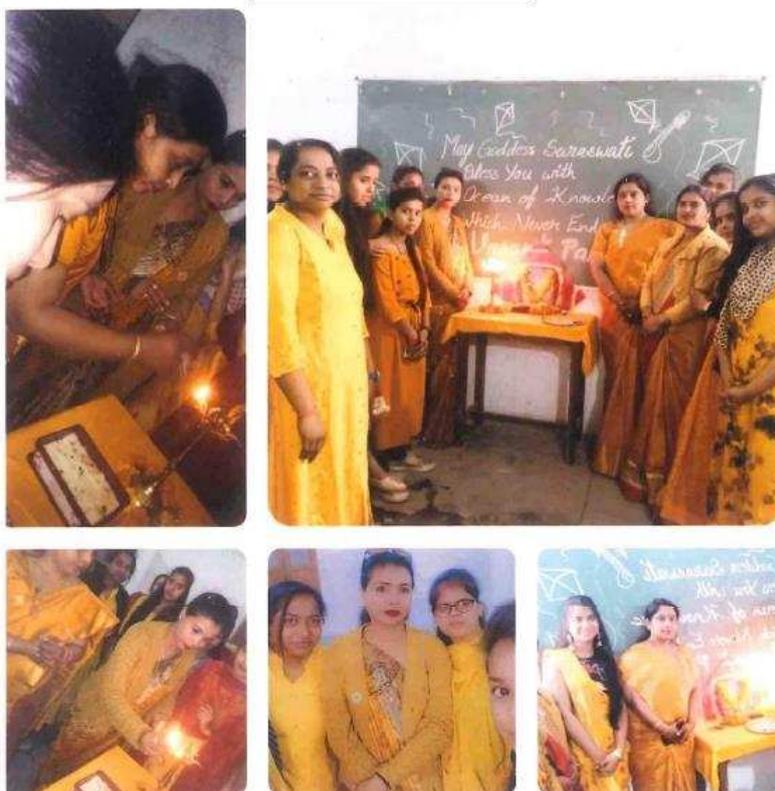
- (1) शालिनी
- (2) निदा आफरीन
- (3) मानसी रस्तोगी

**सांत्वना पुरस्कार –**

- (1) शिवांगी शर्मा
- (2) अलीना
- (3) राखी

<b>ACTIVITY (Title, Objective) : Basant Panchami Utsav</b>	
<b>Date</b>	<b>16/02/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta, Faizeen, Rashmi</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	<b>22 UG/PG (BA-MA)</b>
<b>Activity Details</b>	<b>Basant Utsav</b>
<b>Outcome</b>	<b>Basant Utsav Ke Parv Per Deep Prajvalit Kar Maa Sarsvati Puja ki gai vaa unsaya Ashirvaad prapt kiya gaya.</b>
<b>Youtube Video URL</b>	

**बसंत पंचमी उत्सव**  
**दिनांक 16.02.2021**



दिनांक 16.02.2021 को फैशन डिजाइनिंग विभाग द्वारा बसंत उत्सव के पर्व पर शिक्षिकाओं व छात्राओं द्वारा माँ सरस्वती का पूजन कर आशीर्वाद प्राप्त किया। विभाग की सभी छात्राओं ने उत्साह के साथ सहभागिता की।

<b>ACTIVITY (Title, Objective) : Screen &amp; Freehand Designing Workshop</b>	
<b>Date</b>	19/02/2021
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta
<b>Number of Student participants, Class – UG /PG/Both</b>	40 B.A., M.A. Students
<b>Activity Details</b>	Screen & Freehand Designing Workshop
<b>Outcome</b>	Texture, Screen & Freehand Printing द्वारा अलग तरह से सारे design के गै
<b>Youtube Video URL</b>	

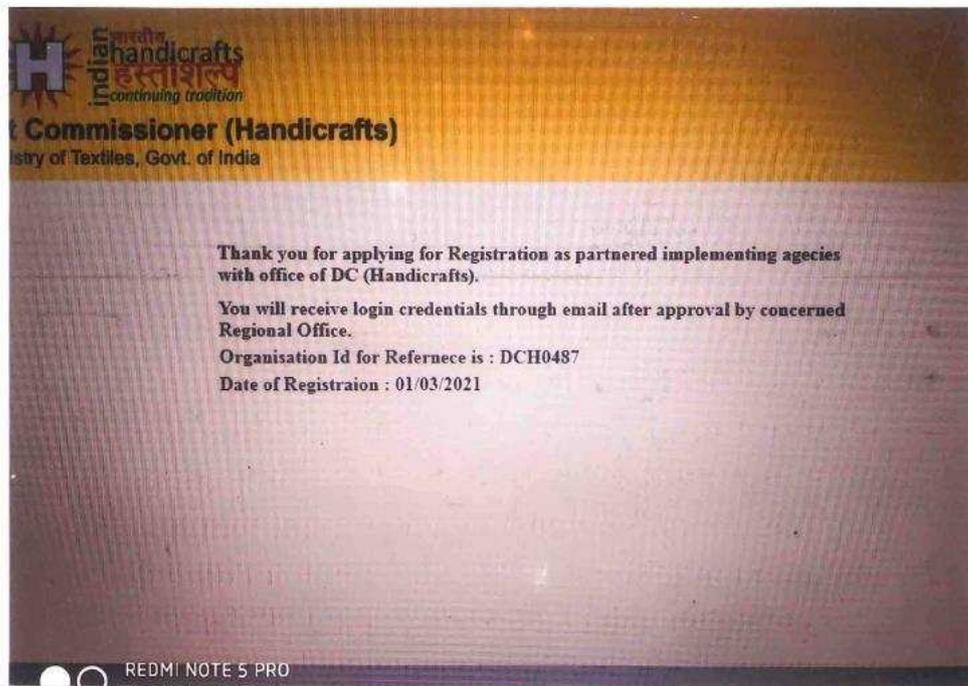
स्क्रीन एवं फ्री हैंड डिजाइनिंग कार्यशाला  
दिनांक 19.02.2021



19.02.2021 में स्क्रीन एवं फ्री हैंड डिजाइनिंग द्वारा तैयार किये गये छात्राओं की प्रिंटिंग कार्यशाला। छात्राओं द्वारा सादे कपड़ों को प्रिन्ट करके डिजाइनर साड़ियाँ तैयार की गईं।

<b>ACTIVITY (Title, Objective) : Proposal Submit Ministry of Textile (Handicrafts)</b>	
<b>Date</b>	<b>01/03/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	-
<b>Activity Details</b>	-
<b>Outcome</b>	-
<b>Youtube Video URL</b>	

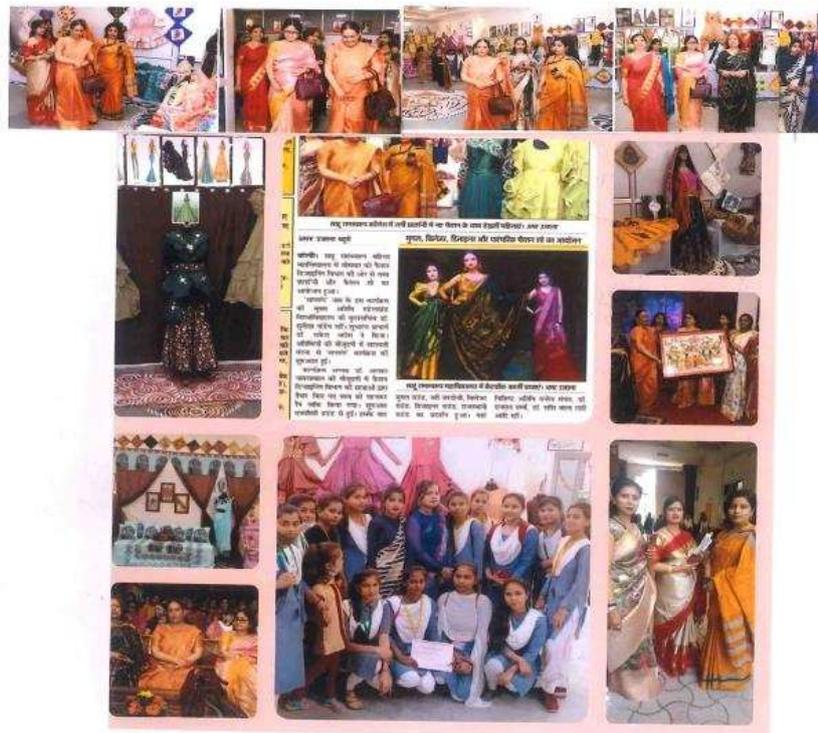
हैण्डिक्राफ्ट ट्रेनिंग के प्रशिक्षण हेतु प्रपोजल  
दिनांक 01.03.2021



दिनांक 01.03.2021 मिनिस्ट्री ऑफ टैक्सटाईल द्वारा संचालित हैण्डिक्राफ्ट ट्रेनिंग के प्रशिक्षण हेतु प्रपोजल डाला गया।

<b>ACTIVITY (Title, Objective) : Exhibition &amp; Fashion show</b>	
<b>Date</b>	<b>08/03/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta Km. Faizeen, Rashmi</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	<b>160 B.A., M.A., Diploma, Certificate</b>
<b>Activity Details</b>	<b>Exhibition &amp; Fashion show</b>
<b>Outcome</b>	<b>Chhatrao ne khud se banaye vastra ko ramp per pradarshit kiya va pradarshani me tayar vashtro ka pradarshan kiya</b>
<b>Youtube Video URL</b>	

**वस्त्रों की प्रदर्शनी एवं फैशन शो**  
**दिनांक 08.03.2021**

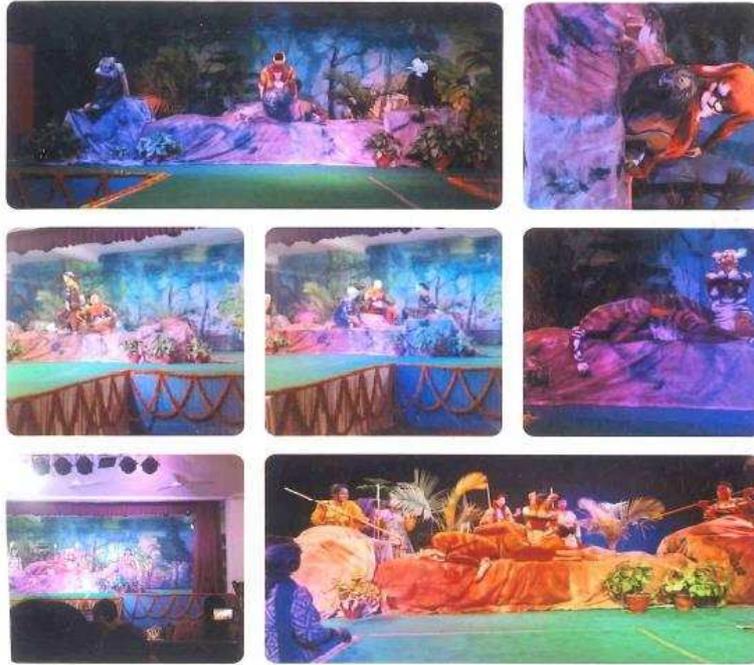


दिनांक 08.03.2021 फैशन डिजाइनिंग की छात्राओं द्वारा स्वयं से बनाये गये वस्त्रों की प्रदर्शनी एवं फैशन शो का आयोजन किया गया।

इस प्रदर्शनी का उद्घाटन एम०जे०पी० रुहेलखण्ड यूनिवर्सिटी की कुलसचिव डॉ० सुनीता पाण्डेय के द्वारा किया गया व उनके द्वारा छात्राओं के वस्त्रों की अत्यधिक सराहना की गई।

<b>ACTIVITY (Title, Objective) : Animal Act</b>	
<b>Date</b>	<b>08/03/2021</b>
<b>Department Incharge</b>	<b>Dr. Alka Jaiswal</b>
<b>Faculty Participated</b>	<b>Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta</b>
<b>Number of Student participants, Class – UG /PG/Both</b>	<b>10 M.A. Students</b>
<b>Activity Details</b>	<b>Departmental Activity (Animal Act Ke Madhyam Se)</b>
<b>Outcome</b>	<b>Animal Texture, Face Art, Pad Podhe se prerna late hue ek sunder prakertik vatavaran ko munch per prastut kiya</b>
<b>Youtube Video URL</b>	

**ANIMAL ACT**  
**दिनांक 08.03.2021**



दिनांक 08.03.2021 को फैशन डिजाइनिंग विभाग की छात्राओं द्वारा प्रकृति से प्रेरणा लेते हुए **Animals Act** का आयोजन किया गया जिसमें छात्राओं ने सादे कपड़े पर **Animals** टेक्स्चर, फेस आर्ट, पेड़ पौधों आदि को ध्यान में रखते हुए एक सुन्दर प्राकृतिक वातावरण को मंच पर प्रस्तुत किया गया।

आये हुए सभी अतिथियों द्वारा **Act** की भूरि-भूरि प्रशंसा की गई व 21000/- की धनराशि से छात्राओं को पुरुस्कृत किया गया।

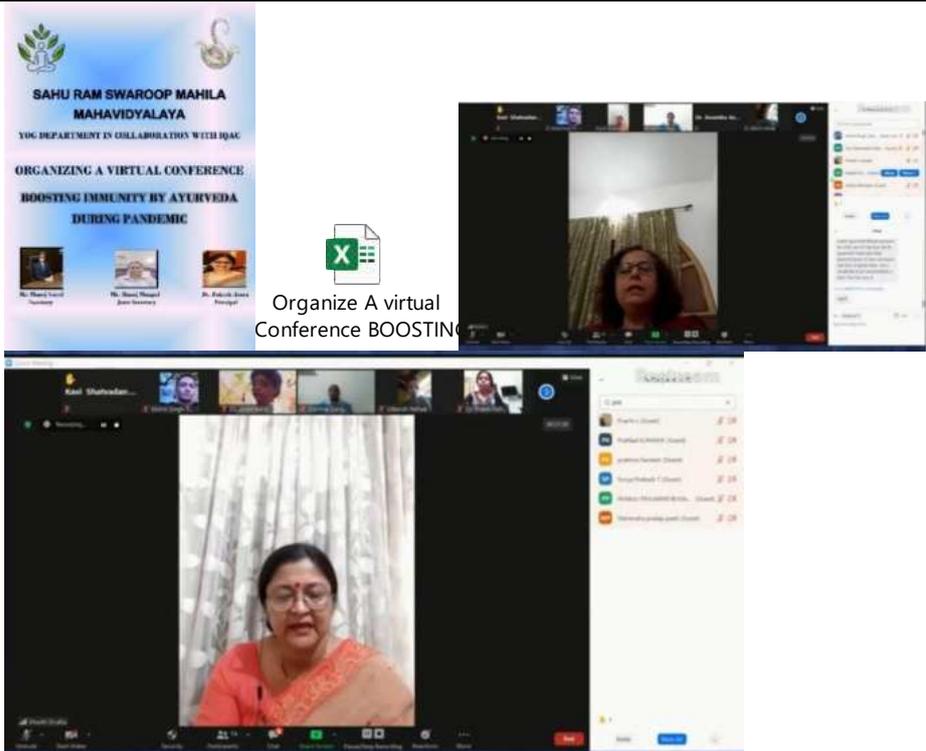
<b>ACTIVITY (Title, Objective) : Natural Dye Workshop</b>	
<b>Date</b>	24/03/2021
<b>Department Incharge</b>	Dr. Alka Jaiswal
<b>Faculty Participated</b>	Dr. Alka Jaiswal Dr. Luxmi Dr. Jyoti Gupta, Km. Faizeen, Km. Rashmi
<b>Number of Student participants, Class – UG /PG/Both</b>	35 B.A., M.A., Diploma Students
<b>Activity Details</b>	Natural Dye Workshop
<b>Outcome</b>	Chhatrao ne bekar phulo ko prayog kerke vastro ki rangai karya sikha.
<b>Youtube Video URL</b>	

## **NATURAL DYE WORKSHOP**

दिनांक 24.03.2021



दिनांक 24.03.2021 को नैचुरल डाइज से कार्यशाला का आयोजन किया गया जिसमें छात्राओं ने मन्दिर में प्रयोग के बाद बेकार फूलों का प्रयोग करके वस्त्रों की रंगाई की। सादे कपड़ों को फूलों से रंग करके कपड़े को प्रिन्टिंग कपड़े का रूप दिया।

<b>ACTIVITY – Virtual Conference in Boosting Immunity by Ayurveda During pandemic</b>	
Date of Activity	15/4/2021, Dept of Yoga in Collaboration with IQAC,
Speaker :	Dr. Preeti Sharma, M.D. in Ayurveda, Gyneecologist Dept. SRM Govt. Ayurveda College, Bareilly
Convenor	Dr Anamika kaushiva
Co-conveor	Dr.Garima
Organising Committee	Dr. Shashi Shukla, Assoc. Prof. Music Dr. Kanak lata Singh, Assoc. Prof. , Sociology Dr. Preeti Pathak, , Assoc. Prof. , pol Sc Dr. Asha Gupta, , Assoc. Prof. , Hindi Dr. Radha Yadav, , Assoc. Prof. , Education
	323+ students and Faculty participated
Activity Details	In today's webinar, you put very important facts related to Ayurveda in front of all of us in a very simple form and in this Sunday time how can we protect ourselves through our kitchen and how through Ayurvedic medicines. We can increase our immunity, etc., highlighted important points, as well as at this time you have told small recipes which we can take as black, in which you have mixed the mixture of celery basil cinnamon black pepper long white cardamom etc. Advised to take as well as Immune boosting medicines such as Giloy etc. have been explained in detail about them
PHOTO	
Outcome	Dr.Ranjana Devi , ranjana.devraj@gmail.com from university of Jammu, Jammu डॉ. शैलेश मिश्र, असिस्टेंट प्रोफेसर, शिक्षक प्रशिक्षण महाविद्यालय, नरगा कोठी, चंपानगर, भागलपुर, बिहार Shashank Yadav (Student) R.K.Talreja College OF Arts Science And Commerce Ulhasnagar 03 District Thane state Maharashtra. Asst.Prof. Anil Kumar Raipur(C.G.) आज के इस वर्चुअल कॉन्फ्रेंस में उपस्थित सभी वक्तागण एवं प्रतिभागियों को नमस्कार ... आयोजन समिति को साधुवाद. 🌸🌸 अनिल कुमार, सहायक आचार्य(योग) रायपुर, छत्तीसगढ़ Sadarpranam I am Anuja Bose Sandhu from Kalaikunda west bengal

Youtube video  
url if any

[Dr. Garima gangwar - YouTube](https://www.youtube.com/channel/UCoTvDBNRrTPb1FKbFfGFFqg)  
youtube.com/channel/UCoTvDBNRrTPb1FKbFfGFFqg

**ACTIVITY – one-day national seminar समग्र और बहुविध शिक्षा की ओर बढ़ते कदम**

Date of Activity **27/8/2020**

Organizer Dr. Radha Yadav, Dr. Seema Gautam, Dr. Geeta Agrawal and Dr Garima

speaker Chief guest Professor Jatashankar Tiwari, Retired Philosophy Department, Allahabad University, Allahabad, Second speaker Professor Jagdish Narayan Gautam Dean Faculty of Art from Jiwaji University Gwalior The third speaker was Professor Amitabh Mishra from Indira Gandhi National Open University, New Delhi, the fourth speaker was Professor Santosh Arora from the Department of Education, Mahatma Jyotiba Phule, Rohilkhand University, Bareilly

  
**साहू रामस्वरूप महिला महाविद्यालय, बरेली**  
द्वारा आयोजित एक दिवसीय राष्ट्रीय वेब संगोष्ठी  
**"समग्र और बहुविध शिक्षा की ओर बढ़ते कदम"**  
दिनांक :- 27 अगस्त 2020  
समय :- 11.00 A.M.



  
डॉ. संतोष अरोड़ा (संयोजक)  
अधिव. प्रबंध समिति

  
डॉ. जगदीश नारायण  
सह अधिव. प्रबंध समिति

  
डॉ. संतोष अरोड़ा (संयोजक)  
साहू राम स्वरूप महिला  
महाविद्यालय बरेली

  
मुख्य अतिथि  
डॉ० जगदीश नारायण तिवारी  
(संयोजित एवं सत्य विभाग)  
इलाहाबाद विश्वविद्यालय  
इलाहाबाद

  
डॉ० जगदीश नारायण गौतम  
डीन, विभागीय अर्थ ऑफ आर्ट  
जीवाजी विश्वविद्यालय, ग्वालियर

  
डॉ० अमितभ मिश्रा  
इन्दिरा गांधी राष्ट्रीय  
ओपन विश्वविद्यालय  
नई दिल्ली

  
डॉ० संतोष अरोड़ा  
शिक्षा विभाग  
महाराजा जयसिंह पुणे  
रहेलखंड विश्वविद्यालय  
बरेली

**आयोजन समिति**

  
डॉ. राधा यादव  
एन० पी०  
शिक्षा कानून विभाग

  
डॉ. सीमा गौतम  
असि० पी०  
इतिहास विभाग

  
डॉ. सीमा गौतम  
असि० पी०  
विश्वज्ञान विभाग

  
डॉ. गीता अग्रवाल  
असि० पी०  
योग विभाग

**ACTIVITY – One Day National Seminar Solution of Current Crisis Indian Life Values**

वर्तमान संकट का समाधान भारतीय जीवन मूल्य

Date of Activity	<b>30/5/2020</b>
Organizer	Dr. Radha Yadav, Dr. Seema Gautam
speaker	Chief Guest Professor K Ratnam Chief Guest Member Secretary IC HR New Delhi Second Speaker Professor Pradeep Kumar Mishra Former Education Faculty Chairman Chaudhary Charan Singh University Meerut Third Speaker Professor Renu Shukla Chairperson Ancient History and Archeology Department Girls Gurukul Campus Dehradun Gurukul Kangri University Dr AC Tripathi Associate Professor Philosophy Department Bareilly College Bareilly
Organising Committee	Dr.Deepshikha Singh Dr Anita Jaiswal Mrs Reena Rani Arya Dr Garima

**साहू रामस्वरूप महिला महाविद्यालय, बरेली**  
(इतिहास एवं शिक्षाशास्त्र विभाग)

के संयुक्त उद्घाटन में  
एक दिवसीय राष्ट्रीय वेब सम्मेली

**"वर्तमान संकट का समाधान : भारतीय जीवन मूल्य"**

30 मई 2020, शनिवार  
11:00 बजे प्रारंभ

Zoom

  
 डॉ० के. रत्नम  
 अध्यक्ष, भारतीय जीवन मूल्य  
 संस्था, दिल्ली

  
 डॉ० प्रदीप कुमार मिश्रा  
 पूर्व शिक्षा विभाग, उत्तर प्रदेश का  
 पूर्व शिक्षा विभाग, उत्तर प्रदेश

  
 डॉ० रणु शुकला  
 प्राचीन इतिहास एवं आर्केऑलॉजी  
 विभाग, गुरुकुल कांगड़ी विश्वविद्यालय

  
 डॉ० ए.सी. त्रिपाठी  
 अध्यक्ष, भारतीय  
 जीवन मूल्य संस्था,  
 उत्तर प्रदेश, उत्तर प्रदेश

  
 डॉ० सीमा गौतम  
 प्राध्यापिका  
 साहू रामस्वरूप महिला महाविद्यालय  
 बरेली

  
 डॉ० अनिता जायसवाल  
 प्राध्यापिका  
 साहू रामस्वरूप महिला महाविद्यालय  
 बरेली

  
 डॉ० दीप्ति शर्मा  
 प्राध्यापिका  
 साहू रामस्वरूप महिला महाविद्यालय  
 बरेली

**सहयोगी गण :-**

डॉ० दीपशिखा सिंह, डॉ० अनिता जायसवाल, श्रीमती रेखा रानी आर्या, डॉ० गरिमा चव्वापरु

<b>ACTIVITY – Mission Shakti, Women's Safety and Honor Special provisions</b>	
Date of Activity	<b>24/oct/2020</b>
Organizer	Dr. Pratibha Pandey, Dr. Preeti Verma, Dr. Geeta Aggarwal, Dr. Tandon, Dr. Garima.
speaker	POLICE DEPARTMENT OFFICERS
Activity Details	Mission Shakti, Women's Safety and Honor Special provisions were discussed by the Police Administration the officers of the police department discussed women's safety and the women's helpline number for all the girl students. She was told and assured that she can come and tell her any problem without any hesitation which will be kept completely confidential. Will give numbers in this way to children
PHOTO	

<b>ACTIVITY – Yoga E Quiz</b>	
Date of Activity	<b>25 march to 02 April</b>
Organizer	Dr Garima
Number of participant	1448+ students and Faculty participated
Activity Details	In the odd circumstances of covid-19, a yoga quiz related to the curriculum of the students was organized so that the students could keep in touch with the subject and their knowledge would continue to increase.
PHOTO	

**ACTIVITY – Virtual Conference Miss Misconception and Prevention in the Contest of Kovid-19".**

Date of Activity	23/4/2021
Speaker :	<b>Dr. Ranjan Gautam A.C.M.O. Distic Hospital Bareilly</b>
Organizer	Dr Garima
Organising Committee	Dr. Shukla Dr. Ruchi Gupta, Dr. Asha Gupta, Dr. Radha Yadav, Dr. Seema Gautam,
participant	168+ students and Faculty participated
Activity Details	This was done keeping in mind the odd circumstances going on at the present time. In this conference, Dr. Ranjan Gautam told that what are the symptoms of corona, how to recognize coronavirus, we do not have to panic and which medicines we have to use, we have to proceed very carefully from this odd situation. To conduct the test, kept the serious things in detail and also answered the questions of many participants,

 Organize A virtual Conference MISCON

Youtube video | [youtube.com/channel/UCoTvDBNRrTPb1FKbFfGFFqg](https://youtube.com/channel/UCoTvDBNRrTPb1FKbFfGFFqg)

**ACTIVITY –Workshop on Physiology of Yogic**

Date of Activity	09/5/2021
Speaker :	<b>Dr. Ajay pal Assistant Professor Yog Department Central university Of Haryana</b>
Organizer	Dr Garima
Organising Committee	Dr. Shukla Dr. Ruchi Gupta, Dr. Asha Gupta, Dr. Radha Yadav, Dr. Seema Gautam,
participant	884+ students and Faculty participated
Activity Details	In today's workshop, you explained in detail about shat karma. It is known ENT kriya., The positive effects of jal neti can be seen in all forms related to migraine, eyesight, ear, sinus in the nose, an increase in the bone of the nose serious diseases related to cold, najla, jukham related problems and brain. etc. You have understood its scientific importance very simply. Put it in front of all the students in the form and you told that what is the importance of salt with hot water etc.

**PHOTO**

**SAHU RAM SWAROOP MAHILA MAHAVIDYALAYA**  
Workshop on  
**PHYSIOLOGY OF YOGIC SHATKARMA**  
Organized by  
**YOGA DEPARTMENT**

**Registration Link**  
<https://docs.google.com/forms/d/e/1FAIpQLSfiaTlKlgrQSnGD4MMNTmicniz4k8pwgNGybPzoBclGcbuu2A/viewform>

Date 09-MAY-2021 Time Morning 11.00 AM

**Join Zoom Meeting**  
<https://us02web.zoom.us/j/81233789323?pwd=VW84cmhwbEJlZnBHeGZna3JxZ3N5dz09>

Meeting ID : 812 3378 9323  
Passcode : 948258

Google form Qr Code      Zoom Meeting Qr code

Scan QR for direct Access

**Guest Speaker**  
Dr. Ajay Pal  
Asst. Prof. Yoga Department  
Haryana Central University  
Mahendra Garh Haryana

**Organizer**  
Dr. Garima Assistant Prof. Yoga Department

PHYSIOLOGY OF YOGIC SHATKARMA (I

Youtube video [www.youtube.com/watch?v=hREN0Lh6yxU&t=129s](http://www.youtube.com/watch?v=hREN0Lh6yxU&t=129s)

### ACTIVITY - Virtual Conference on Importance of Yoga in Kovid-19

Date of Activity	11/5/2021
Speaker :	<b>Dr. Malik Rajendra Pratap, Head of the Department of Yoga, Motiram Baburam Government PG College, Haldwani, Nainital</b>
Organizer	Dr Garima
participant	521+ students and Faculty participated
Activity Details	Today, what is the importance of yoga in the time of Kovid-19, how we can keep ourselves healthy by practicing yoga and following various activities, as well as face this odd situation with restraint. While helping you, we can easily help others too Because today every person is stressed in this pandemic, Yoga is doing the work of a bridge to get him out in this odd situation, so that his immunity will increase, as well as with restraint and meditation, the challenge of the present situation can be easily faced. Is

**SAHU RAM SWAROOP MAHILA MAHAVIDYALAYA**  
Virtual Conference on  
**IMPORTANCE OF YOGA IN COVID-19**  
Organized by  
**YOGA DEPARTMENT**

**Registration Link**  
<https://docs.google.com/forms/d/e/1FAIpQLSd2LgM7IQdkc8aSKPR2XEVGShr-DwL7zUBCzZnbf6fJhvxBeQ/viewform>

**Date 11-MAY-2021 Time Morning 11.00 AM**

**Join Zoom Meeting**  
<https://us02web.zoom.us/j/88211647555?pwd=WGdPUm5KR2pkakpzTWhSVkktczhFZz09>

**Meeting ID : 882 1164 7555**  
**Passcode : 226896**

**Google form Qr Code**      **Zoom Meeting Qr code**

**Scan QR for direct Access**

**SAHU RAM SWAROOP MAHILA MAHAVIDYALAYA**  
Virtual Conference on  
**IMPORTANCE OF YOGA IN COVID-19**  
Organized by  
**YOGA DEPARTMENT**

**Guest Speaker**  
**Dr. Malik Rajendra Pratap**  
Head of Department,  
Yoga and Holistic Health  
Motiram Baburam Govt. PG  
College Haldwani Nainital

**Organizer**  
**Dr. Garima Assistant Prof. Yoga Department**

**SAHU RAM SWAROOP MAHILA MAHAVIDYALAYA**  
Virtual Conference on  
**IMPORTANCE OF YOGA IN COVID-19**  
Organized by  
**YOGA DEPARTMENT**

**Secretary**  
Mr. Manoj Goyal

**Joint Secretary**  
Mr. Manoj Bhogal

**Principals**  
Dr. Rakesh Arora

**Virtual Conference on IMPORTANCE OF YOGA**

Youtube video

[Dr. Garima gangwar - YouTube](#)

<b>ACTIVITY – Workshop on "Post COVID-19 Care Guide and Rehabilitation"</b>	
Date of Activity	28/5/2021
Speaker :	Dr Mithun Prakash Sharma Consultant And Ex Consultant ApolloMedics Hospital Lucknow, SRMS Hospital Unnao, SRMS Step 2 Life Rehabilitation Center Lucknow
Organizer	Dr Garima
Number of participant	614+ students and Faculty participated
Activity Details	How to take care of yourself Weakness comes in them, many other types of problems seem to be there. How can he keep himself safe by some simple yoga practices and get his immunity back, as well as those who have had chest infections etc., it takes a long time to correct them, which is easily done through yoga. All these infections can be avoided in a short time
<div style="text-align: center;"> <p><b>SAHU RAM SWAROOP MAHILA MAHAVIDYALAYA</b></p> <p>Workshop on Post Covid-19 Care Guide &amp; Rehabilitation</p> <p>Organized by <b>YOGA DEPARTMENT</b></p>  </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Mr. Manoj Goyal Secretary         </div> <div style="text-align: center;">  Mr. Manoj Mangal Joint Secretary         </div> <div style="text-align: center;">  Dr. Rakesh Arora Principals         </div> </div> <div style="text-align: center; margin-top: 10px;"> <p><b>Registration Link</b></p> <p><a href="https://docs.google.com/forms/d/e/1FAIpQL5C7yukXHNWpE-DIBuchtuqR96CFUAPQX-LGz@vSF1SQ/viewform">https://docs.google.com/forms/d/e/1FAIpQL5C7yukXHNWpE-DIBuchtuqR96CFUAPQX-LGz@vSF1SQ/viewform</a></p> <p>Date <b>28-MAY-2021</b> Time <b>Morning 11.00 AM</b></p> <p><b>Join Zoom Meeting</b></p> <p><a href="https://us02web.zoom.us/j/87809201527?pwd=VEFwOFFzMGF7ZzZlVms3bXVqWDZsZz09">https://us02web.zoom.us/j/87809201527?pwd=VEFwOFFzMGF7ZzZlVms3bXVqWDZsZz09</a></p> <p>Meeting ID : 878 0920 1527 Passcode : 205220</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Google form Qr Code</p>  </div> <div style="text-align: center;"> <p>Zoom Meeting Qr code</p>  </div> </div> <p>Scan QR for direct access link</p> </div> <div style="margin-top: 20px;"> <div style="display: flex; justify-content: center; align-items: center;">  <div style="margin-left: 10px;"> <p><b>Guest Speaker</b></p> <p>Dr. Mithun Prakash Sharma Consultant &amp; Ex. Consultant Apollo medics Hospital, Lucknow. SRMS Hospital Unnao , SRMS Step2 Life Rehabilitation center Lucknow.</p> </div> </div> <div style="text-align: center; margin-top: 20px;">  <p><b>Organizer</b></p> <p>Dr. Garima Assistant Prof. Yoga Department</p> </div> </div> <div style="margin-top: 20px;">  <p>Covid-19 care guide and rehabilitation (Re:)</p> </div>	
Youtube video	<a href="#">Dr. Garima gangwar - YouTube</a>

<b>ACTIVITY - Workshop on Yoga Nidra</b>	
Date of Activity	<b>05/6/2021</b>
Speaker :	<b>Dr. swarnkala singh Assistant Professor Department of Yoga Dev Sanskriti Vishwavidyalaya Shantikunj Haridwar</b>
Organizer	Dr Garima
participant	940+ students and Faculty participated
Activity Details	In this workshop, Yoga Nidra was administered to all the participants and explained in detail about how every person is mentally and physically stressed in today's time. Yoga nidra has a very important place in relieving stress. How we can relax ourselves. Seven steps of Yoga Nidra are explained in detail to all the participants and also made them experience. Along with stress, it is effective for our muscles for the nervous system of our entire body, as well as the effect of yoga nidra on the conscious and unconscious mind, if we do yoga nidra for 1 hour then it is equal to 6 hours of sleep.

**SAHU RAM SWAROOP MAHILA MAHAVIDYALAYA**

**Workshop on Yog Nidra**

Organized by

**YOGA DEPARTMENT**



**Registration Link**

[https://docs.google.com/forms/d/e/1FAIpQLSdHk0PpqixUS1vclU2zHtqjtA0oFTp0zr2UFV\\_u3lNeVfoQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdHk0PpqixUS1vclU2zHtqjtA0oFTp0zr2UFV_u3lNeVfoQ/viewform)

**Date 05-JUNE-2021 Time Morning 11.00 AM**

**Join Zoom Meeting**

<https://us02web.zoom.us/j/83075734494?pwd=N1Z1TG4wWm1mbi9rQjZNdEFPeFFJUT09>

**Meeting ID : 830 7573 4494**

**Passcode : 928023**

**Google form Qr Code**      **Zoom Meeting Qr code**




**Scan QR for direct access link**



Mr. Manoj Goyal  
Secretary



Mr. Manoj Mangal  
Joint Secretary



Dr. Rakesh Arora  
Principals

**Guest Speaker**

**DR. SWARNAKALA SINGH**  
Asst. Professor in Yoga Department  
Dev Sanskriti Vishwavidyalaya  
Shantikunj Near Haridwar  
Uttarakhand



**Organizer**

Dr. Garima Assistant Prof. Yoga Department



Workshop on Yog Nidra (Responses).xls

Youtube video	<a href="#">Dr. Garima gangwar - YouTube</a>
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<b>ACTIVITY – Webinar on Understanding Gender</b>	
Date of Activity	12/6/2021
Speaker :	<b>Dr. Deepti Johri, Associate Professor, Head of the Department of Education, Bareilly College Bareilly</b>
Organizer	Dr Garima
Organising Committee	Dr. Kanaklata singh
participant	348+ students and Faculty participated
Activity Details	In your lecture, you elaborated on the main main points of gender and also highlighted the status of women in today's present situation, women are given equal status but do they actually get that place. Women have to understand that if we see in the present scenario, ironing has also gone shoulder to shoulder in this odd situation, it has been equally tense as men have thrown light on serious subjects etc.

**SAHU RAM SWAROOP MAHILA MAHAVIDYALAYA**

Webinar on Understanding Gender

Organized by  
**YOGA DEPARTMENT**

  
 Mr. Manoj Goyal  
Secretary

  
 Mr. Manoj Misra  
Joint Secretary

  
 Dr. Rakshi Arora  
Principals

  
**Guest Speaker**  
**DR. DEEPTI JOHRI**  
 Associate. Professor  
 Education Department  
 Bareilly college Bareilly

  
**Organizing Team Member**  
 Dr. Kanak Lata Singh  
 Associate Professor  
 Sociology Department

  
**Organizer**  
 Dr. Garima  
 Assistant Professor  
 Yoga Department

**Registration Link**

<https://docs.google.com/forms/d/e/1FAIpQLScg5lWtsEvYa8jdl-ZQgvxwR-bhEv5Ug0XTIuu4dMlvT9RsWg/viewform>

Date 12-JUNE-2021 Time Morning 11.00 AM

**Join Telegram Channel**

**योग शिक्षा, जागरूकता अभियान**

**Telegram Channel Link**

<https://t.me/joinchat/CSby1f2T4qRmMGU1>

<https://t.me/joinchat/NjKc3cgvlmg5NmU1>

  
 Link 1

  
 Link 2

**Telegram Channel Qr code scan and join**

  
 Webinar on  
Understanding Gande

**ACTIVITY – National webinar on the occasion of Seventh International Yoga Day**

Date of Activity	20/6/2021
Speaker :	<b>Dr Rashmi Sharma Professor Yoga Department Shri Jagdev Singh Sanskrit College Sapta Rishi Haridwar</b>
Organizer	Dr Garima
participant	367+ students and Faculty participated
Activity Details	Discussions on problems h during pregnancy, how women start becoming irritable and panic, many health-related problems arise with them and they start coming under mental stress, whose effect is directly growing in the womb. It falls on the child, you told that the sanskars which you will give to the child at that time will be successful in building his future till the future, one percent of the sacraments are received by the child in the womb itself, whose living example is Abhimanyu, so women should be encouraged at this time. It should be of a very calm nature and it is the responsibility of the family members to provide them with calm and atmosphere and also to study good texts discussing spirituality and knowledge, which has a direct effect on the baby growing in the womb.



 Webinar on Mental health with yogic life!

Youtube video	<a href="#">Dr. Garima gangwar - YouTube</a>
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**ACTIVITY –International Webinar on the occasion of 7th International Yoga Day****Sponsored by Indian Counseling of Philosophical**

Date of Activity	21/6/2021 <a href="#">Dr. Garima gangwar - YouTube</a>
Speaker :	<b>Dr. Ajay pl Assistant Professor Yog Department Central university Of Haryana</b>
Organizer	Dr Garima
Organising Committee	Dr. Shukla Dr. Ruchi Gupta, Dr. Asha Gupta
participant	817+ students and Faculty participated
Activity Details	<p>It had two sessions.</p> <p>Yogacharya Shubham Gupta practiced the Common Yoga Protocol in the morning session. He is a Yoga Trainer at Rohilkhand Medical College, Bareilly as well as a Yoga Counselor at Future Ayurvedic Medical College.</p> <p>We had 4 times in the second season. Eminent Speaker Dr. Rajesh Kumar Raj Okgang Digital University Ixn South Korea. Your topic was Psychosomatic Dimensions of Yoga Therapy in Pandemic Second speaker Hey Dr. Malik Rajendra Pratap Head of Department Yoga Motiram Baburam Government PG College Haldwani Nainital The topic was Solution of Modern Problems on Yoga in Pandemic Third speaker was Dr. Kanchan Joshi Professor Yoga Department Sri Guru Ram Rai University Dehradun Your topic was Scientific Basis of Yoga Therapy Fourth Speaker Dr Rajjan Kumar Head of Applied Philosophy Applied Philosophy Your topic was Yoga Old and New Trend</p>

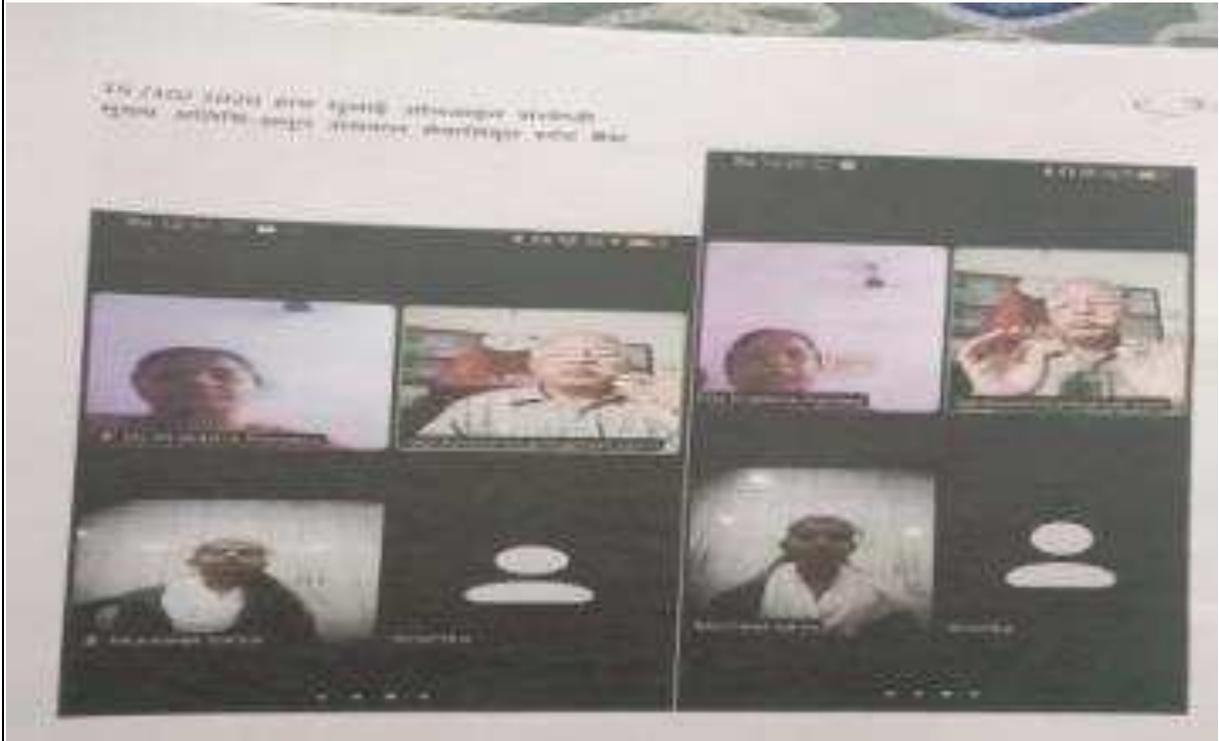


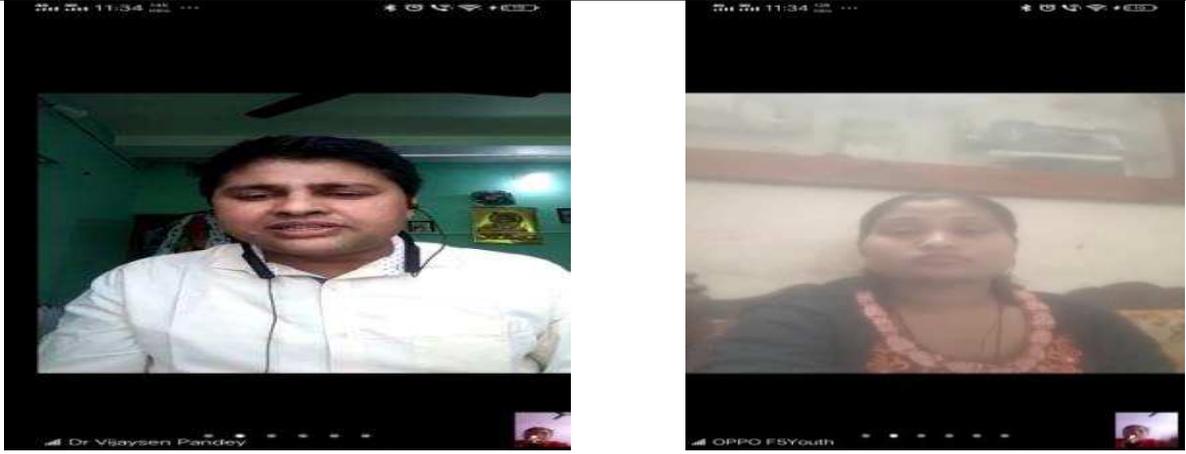
## NSS REPORT

पौधारोपण	
Date	17- 9- 2020
Beneficiaries/Target group	जनता (green park / sai mandir)
Activity Details	माननीय प्रधानमंत्री नरेंद्रमोदी जी के जन्मदिन पर पीपलके पौधेकारोपण
Outcome	जनता में पेड़ लगाकर पर्यावरण को प्रदूषण रहित करने की भावना जागृत होना
PHOTOS and NEWS CLIPPING	 <p>Shot on Y15 Vivo AI camera 2020.09.17.10.03</p>

### हाथ धुलाई ऑनलाइन संगोष्ठी

Date	15 -10 -2020
Number of Student participants	14
Beneficiaries/Target group	स्वयंसेव कार्ये एवं अभिभावक
Activity Details	कोरोना से बचाव हेतु हाथ धुलाई ऑनलाइन संगोष्ठी आयोजन के द्वारा छात्रों और अभिभावकों को हाथ अच्छी तरीके से होने की प्रेरणा देना
Outcome	स्वयं सेविकाओं और उनके अभिभावकों में कोरोना से बचाव हेतु हाथ साफ करने की भावना में वृद्धि



मिशन शक्ति कार्यक्रम	
Date	22-11 -2020
Faculty Participated	4
Number of Student participants	16
Beneficiaries/Target group	छात्राएं
Activity Details	महिला सशक्ति करणमें मनोविज्ञान की भूमिका विषयपर ऑनलाइन व्याख्यान मुख्य अतिथि- डॉ विजय सिंहपांडे असिस्टेंट ट्रोफेसरमनो विज्ञान सी० एम० कॉलेज दर भंगा
Outcome	छात्राओं में आत्मविश्वास और सशक्त बनने की आकांक्षा में वृद्धि
	

राष्ट्रीय यातायात माह के अंतर्गत विशाल रैली	
Date	2-2 -2021
Faculty Participated	दो
Number of participants	200
Beneficiaries/Target group	स्वयं सेवकाएं एवं नरकुलागंज एवं सिक्लापुर बस्ती के लोग
Activity Details	राष्ट्रीय यातायात माह के अंतर्गत विशाल रैली सड़क मार्ग पर राहगीरों को हेलमेट ना पहनने पर उन्हें रोक रोककर उसकी हानि बताए तथा हेलमेट लगवाए द्वितीय सत्र में बरेली शहर के ए आर टी ओ श्री अनिल कुमार द्वारा स्वयं सेवकाओं को ट्रैफिक नियम की विस्तृत रूप में जानकारी देना
Outcome	राहगीर एवं स्वयं सेविकाओं के यातायात नियम के ज्ञान में वृद्धि और जीवन अनमोल है ससटी कमंतव्य कोधारण करने की शक्ति का विकास



नशा निवारण रैली बस्ती में श्रमदान	
Date	3-2- 2021
Number of Student participants	200
Beneficiaries/Target	स्वयं सेवकाएं एवं राहगीर तथा नरकुलागंज एवं सिक्लापुर बस्ती के लोग
Activity Details	नशा निवारण रैली बस्ती में श्रमदान द्वितीय सत्र कैरियर काउंसलिंग मुख्य अतिथि-श्रीअमित कुमार (हिंदईरान अध्ययन केंद्र एम जेपी रोहिल खंडविश्व विद्यालय बरेली)
Outcome	रहागीरों में नशा छोड़ने की आकांक्षा का विकास बस्ती के लोगों में अपने आसपास के वातावरण को साफ रखने की इच्छा का विकास कैरियर काउंसलिंग से छात्राओं में आत्मविश्वास और स्वावलंबन की भावना का विकास
You tube video url	<a href="https://youtu.be/aftPr-0nsuk">https://youtu.be/aftPr-0nsuk</a>



पर्यावरण जागरूकता के संदर्भ में रैली पौधारोपण	
Date	5-2 -2021
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेवकाएं राहगीर एवं नरकुलागंज एवं सिक्लापुर बस्ती के लोग
Activity Details	पर्यावरण जागरूकता के संदर्भ में रैली एवं पौधारोपण स्वयं सेवकाओं द्वारा पर्यावरण को प्रदूषण रहित करने संबंधी विचार विमर्श
Outcome	राहगीर स्वयंसेवकाओं एवं बस्ती के लोगों में पर्यावरण को संरक्षित करने के प्रयास में वृद्धि
You tube video url	<a href="https://youtu.be/e8qzOc92eW4">https://youtu.be/e8qzOc92eW4</a>



पौधारोपण बस्ती में

Date	22-2 -2021
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेविका एवं नर कुलागं जए वंसिकलापुर बस्ती के लोग
Activity Details	प्रथम सत्र-सात दिवसीय विशेष शिविर का उद्घाटन मुख्य अतिथि-डॉक्टर राकेश अरोरा प्राचार्याएस आर एस महाविद्यालय बरेली कार्यक्रम-१-एन एस एसश पथ२-लक्ष गीत गान द्वितीय सत्र- पौधारोपण बस्ती में
Outcome	स्वयं सेवका ओमें सामाजिक कार्यों के प्रतिरुचि में वृद्धि

PHOTOS and NEWS CLIPPING



**स्वच्छता दिवस - बस्तीकेलोगोंकोघर-घरजाकरसफाईकामहत्वबताना**

Date	23-2 -2021
Number of Student participants	200
Beneficiaries/Target group	बस्ती केलोगएवंस्वयंसेवकाएं
Activity Details	प्रथमसत्र-१-अपनीअपनीबस्तीकीसफाई (नरकुलागंजएवंसिक्लापुर) २-बस्तीकेलोगोंकोघर-घरजाकरसफाईकामहत्वबताना
Outcome	स्वयंसेवकाओंऔरबस्तीकेलोगोंमेंघरपरिवारकोसाफरखनेकीप्रवृत्तिमेंविकास



## स्वयं सेवकाओं ने बस्ती के लोगों को संतुलित आहार की जानकारी

Date	24-2 -2021
Faculty In charge	डॉ प्रतिभा पांडे एवं डॉ गीता अग्रवाल
Number of Student participants	200
Beneficiaries/Target group	बस्ती के लोग
Activity Details	प्रथमसत्र-स्वयं सेवकाओं ने बस्ती के लोगों को संतुलित आहार की जानकारी दी
Outcome	बस्ती के लोगों में स्वयं सेवकाओं से संतुलित आहार की जानकारी प्राप्त करके अपने को निरोगी बनाने का प्रयास स्वयं सेविकाओं को योग प्रशिक्षण से निरोगी होना

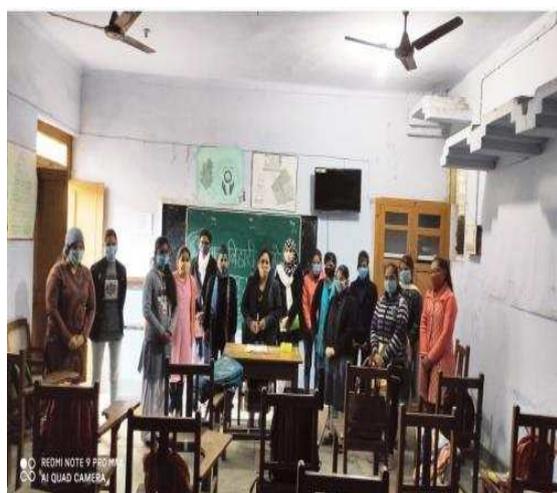


मतदाता जागरूकता दिवस	
Date	25-2 -2021
Faculty In charge	डॉ प्रतिभा पांडे एवं डॉ गीता अग्रवाल
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेवकाएं एवं बस्ती के लोग
Activity Details	प्रथम सत्र-मतदाता जागरूकता पर व्याख्यान मुख्य अतिथि-डॉ निरुपम शर्मा असिस्टेंट प्रोफेसर हिंदी विभाग बरेली कॉलेज बरेली द्वितीय सत्र-बस्ती के लोगों को मतदान के लिए जागरूक बनाना
Outcome	स्वयं सेवकाओं एवं बस्तीके लोगों में वोट डालने के लिए संकल्प बद्ध होना



## ROVERS RANGERS

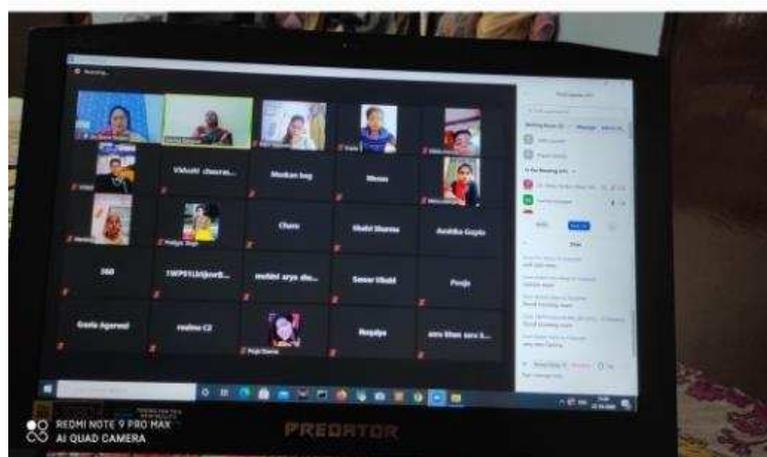
'Kavya path' celebrating janm saptah of Ex Prime Minister Shri Atal Bihari Vajpayee	
Date of Activity-	22.12.20
Teacher In charge	Dr.ReenaTandon
Faculty Participation	4 faculty from Economics dept
Number of Student participants	15
Activity Detail	Kavya path on the occasion of Ex prime minister Shri Atal Bihari Vajpayee Janm Divas Samaroh
Outcome	Students took part with enthusiasm Dr.ReenaTandon elaborated the great personality of ex prime minister Shri Atal Bihari Vajpayee



← December 22, 2020 14:22



Online Programme - Importance of Music in a Women's life	
Date of Activity	28.11.2020
Teacher In charge	Dr Reena Tandon
Faculty Participated	Mission Shakti Team
Number of Student participants)	35
Activity Details	Dr. Venu Vanita (Asst prof. Kanohar Lal Girls P G college Meerut ) give so interactive lecture in Mission Shakti program Importance of music in women 's life
Govt. scheme - Mission Shakti etc.	Mission Shakti
Outcome	Music play a vital role in one's life so students took interest n knew many new things to Dr.Venu Vanita



## Polethene hatao desh bachao

Date of Activity	12 December 2020
Teacher In charge	Dr.Reena Tandon
Faculty Participated	Ms.Archana Sharma
Number of Student participants	10
Activity Details	Ranger Leader Made ENVELOPE BAGS from news paper and rangers distribute it to venders
Outcome	In this activity rangers came to know how to make envelope bag from newspaper n other papers....n use it in lieu of polythene....



## NCC

The NCC unit of our college has 105 cadets, under the leadership of Lt. Poonam Singh, Associate Professor of Economics, since 2005. Our Cadets participate in physical training, such as drills and weapon training, and NCC social service activities. National Integration Camp (NIC), Army Attachment Camp (AAC), Trekking Camp (TC), Combined Annual Training Camp (CATC), Leadership Camp (LC), and Republic Day Camp (RDC) are only a few of the camps that our college ncc cadets have attended so far.

**NCC UNIT Activities in 2020-21** <https://www.facebook.com/groups/619129168737318>

NCC has supported community development programmes with the aim of inculcating in cadets selfless service to the community, labour integrity, the value of self-help, environmental protection, and assisting poorer sections of society in their upliftment. Planting trees, energy conservation, blood donation, the anti-dowry oath, and female infanticide are all part of that initiative.

**1. CELEBRATION OF 'WORLD ENVIRONMENT DAY' 05.06.2020 (ONLINE)**

<https://www.facebook.com/groups/619129168737318/permalink/804362616880638/?app=fbl>

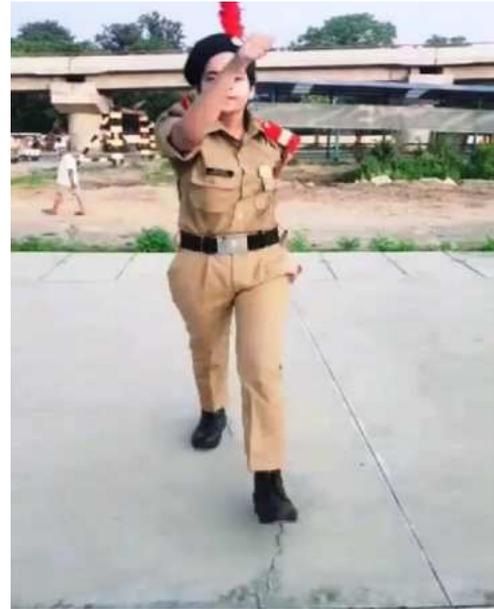
**2. AATMANIRBHAR BHARAT 05.08.2020 MASK MAKING BY NCC CADETS DURING COVID 19 PANDEMIC**



3. NCC DRILL TEST IN ONLINE MODE 09.08.2020

<https://www.facebook.com/groups/619129168737318/permalink/621639721819596/?app=fbl>

<https://www.facebook.com/groups/619129168737318/permalink/632523550731213/?app=fbl>



4. INDEPENDENCE DAY DANCE PERFORMANCE ONLINE 10.08.2020  
(Certificate of “AZADI KA AMRIT MAHOTSAV” 11.08.2020)

<https://www.facebook.com/groups/619129168737318/permalink/622057148444520/?app=fbl>



5. Fit India Movement(Yoga Activity)

<https://www.facebook.com/groups/619129168737318/permalink/631901684126733/?app=fbl>

<https://www.facebook.com/100044501273727/videos/188596912633683>



6. Fit India Movement Motivate Your Family & Friends 17.08.2020(DIKSHA SHARMA NCC-'C')

<https://www.facebook.com/100012971748792/videos/pcb.626906381292930/997146417394407>

<https://www.facebook.com/100012971748792/videos/pcb.626906381292930/997171637391885>





7. ONLINE DRILL TEST BY SANJANA KASHYAP ON 23.08.2020

<https://www.facebook.com/nishtha.sanjubaba/videos/119925366488926>

<https://www.facebook.com/groups/619129168737318>



8. SAVE ENVIRONMENT MESSAGE THROUGH ONLINE MODE BY NCC CADETS ON 30.08.2020

<https://www.facebook.com/100028315063645/videos/627547438199086>

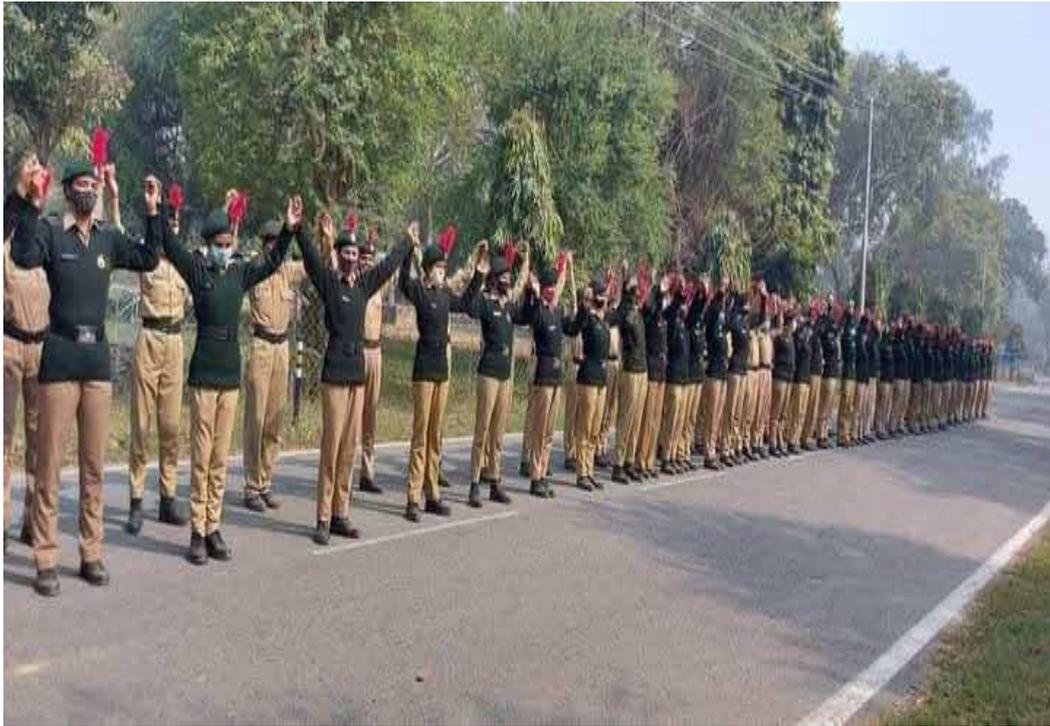


9. Swacchta Pakhvada FROM 05.12.2020-15.12.2020



10. COMBINED TRAINING CAMP OF NATIONAL CADET CORPS FROM  
DATED 12.02.2021-16.02.2021 AT 8 UP NCC BATALLION, BAREILLY





  
**CERTIFICATE**

प्रमाणित किया जाता है कि संख्या  
*This is to certify that Regimental No. UPSW/18/280040*

रैंक S.V.O. नाम Saumya Shukla  
*Rank Name*

पिता का नाम Jitendra Shukla  
*Father's Name*

यूनिट 8 V.P. Girls Bn  
*Unit*

विद्यालय / महाविद्यालय S.R.S. College Bareilly  
*School / College*

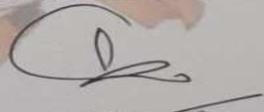
ने राष्ट्रीय कैडेट कोर के संयुक्त वार्षिक प्रशिक्षण शिविर में भाग लिया।  
*Participated In Combined Annual Training Camp of National Cadet Corps.*

स्थान Bareilly दिनांक से 12-02-2021 तक  
*Place From To*

शिविर में इनका आचरण संतोषजनक / उत्तम / श्रेष्ठ / सर्वश्रेष्ठ रहा।  
*His / Her conduct during the camp has been Satisfactory / Good / Very Good / Exemplary.*

स्थान BAREILLY  
*Place*

दिनांक 16 FEB 2021  
*Dated*

  
 कैम्प कमान्डेन्ट  
*Camp Commandant*

11. 'WEAPON TRAINING' DURING COMBINED TRAINING CAMP OF NATIONAL CADET CORPS



12. CELEBRATION OF 'SADAK SURAKSHA SAFTAH' ON 15.02.2021 BY NCC CADETS-MAKING PEOPLE AWARE FOR THEIR SAFETY AND WEARING OF HELMETS TO PROTECT THEMSELVES AND THEIR FAMILIES TOO.

