

Criteria III

3.4.1 Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the years.

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) and/or those organised in collaboration with industry, community and NGOs during the year

The NCC, NSS, Rangers, Yoga Department and all other departments organize extension activities.

The College has two NSS units with 200 volunteers who carry out extension activities as per the curriculum. The NSS of the College is very active and vibrant and has adopted Narkulla Ganj and Siklapur Basti in neighbourhood in which it organizes activities like - swachh bharath, Health awareness rallies, Beti Bacho programmes, stage plays. Through these students get exposed to the socio-economic problems of the less privileged section of the society in the neighbourhood. These programmes create

environmental consciousness, sense of social responsibility, sense and awareness about one's own health and hygiene. These programme not only help the students in their holistic development but also infuse in them leadership, equality, feeling of oneness and cooperation.

The college tries to create awareness, social responsibility and environmental consciousness through Guest lectures, Workshops, Group Discussions, Rallies, Poster making, Quiz, Seminars, Slogan Making etc.

NSS in Sahu Ram Swaroop Mahila Mahavidyalaya

Currently there are two units of NSS of 100 units each in the college

Each unit of 100 volunteers runs in the guidance of a Programme Officer. NSS volunteers organise rallies, social outreach programmes in adopted basti where they interact face to face with the beneficiaries. In the seven days Annual Camp Programme of NSS units hold programmes for their benefits like - Educational Drives, Cleanliness Campaigns, Health Awareness Drives and Environmental Awareness Drives Striving to achieve to the aims and goals of NSS, they organize Rallies, Poster Competitions, Lectures, and Slogan Writing Campaign etc to generate awareness among students about health and hygiene, social issues, gender discrimination and women empowerment. Our NSS Units jointly participated in all the activities conducted by NSS, M.J.P. Rohilkhand University. Volunteers participate in various Programmes run by the Government in the spheres of Education and Social Reforms; Health, Hygiene and Population Awareness; and National Integration.

Program Officer

Dr. Pratibha Pandey, Assist. Professor, Hindi

Dr. Geeta Agarwal, Assist. Professor, Drawing and Painting

S.NO	ACTIVITY	DATE
1	पौधारोपण	17- 9- 2020
2	पौधारोपण क्षेत्रोंका स्थलीय निरीक्षण	28-10 -2020
3	हाथ धुलाई ऑनलाइन संगोष्ठी	15 -10 -2020
4	मिशन शक्ति कार्यक्रम – महिला सशक्ति करण में मनोविज्ञान की भूमिका विषय पर ऑनलाइन व्याख्या	22-11 -2020
5	ऑनलाइन अतिथि व्याख्यान -महिला सशक्ति करण के संदर्भ में जल वायु विषय पर व्याख्यान	25-11 -2020
6	प्रथम एक दिवसीय शिविर	2-2 -2021
7	द्वितीय एक दिवसीय शिविर नशा निवारण रैली बस्ती में श्रमदान कैरियर काउंसलिंग	3-2- 2021
8	तृतीय एक दिवसीय शिविर पर्यावरण दिवस	5-2 -2021
9	सात दिवसीय शिविर का दूसरा दिन – स्वच्छता दिवस	23-2 -2021
10	स्वास्थ्य दिवस	24-2 -2021
11	मतदाता जागरूकता दिवस	25-2 -2021
12	महिला सशक्तिकरण दिवस	26-2- 2021
13	साक्षरता दिवस	27-2 -2021
14	चौरी चौरा शताब्दी महोत्सव	23-3- 2021

पौधारोपण	
Date	17- 9- 2020
Beneficiaries/Target group	जनता (green park / sai mandir)
Activity Details	माननीय प्रधानमंत्री नरेंद्रमोदी जी के जन्मदिन पर पीपलके पौधेकारोपण
Outcome	जनता में पेड़ लगाकर पर्यावरण को प्रदूषण रहित करने की भावना जागृत होना
PHOTOS and NEWS CLIPPING	

हाथ धुलाई ऑनलाइन संगोष्ठी	
Date	15 -10 -2020
Number of Student participants	14
Beneficiaries/Target group	स्वयंसेव कार्ये एवं अभिभावक
Activity Details	कोरोना से बचाव हेतु हाथ धुलाई ऑनलाइन संगोष्ठी आयोजन के द्वारा छात्रों और अभिभावकों को हाथ अच्छी तरीके से होने की प्रेरणा देना
Outcome	स्वयं सेविकाओं और उनके अभिभावकों में कोरोना से बचाव हेतु हाथ साफ करने की भावना में वृद्धि
PHOTOS and NEWS CLIPPING	

मिशन शक्ति कार्यक्रम	
Date	22-11 -2020
Faculty Participated	4
Number of Student participants	16
Beneficiaries/Target group	छात्राएं
Activity Details	महिला सशक्ति करणमें मनोविज्ञान की भूमिका विषयपर ऑनलाइन व्याख्यान मुख्य अतिथि- डॉ विजय सिंहपांडे असिस्टेंट टिप्रोफेसरमनो विज्ञान सी० एम० कॉलेज दर भंगा
Outcome	छात्राओं में आत्मविश्वास और सशक्त बनने की आकांक्षा में वृद्धि
PHOTOS and NEWS CLIPPING	

ऑनलाइन अतिथि व्याख्यान - महिला सशक्तिकरण के संदर्भ में जलवायु विषय पर व्याख्यान	
Date	25-11 -2020
Faculty Participated	4
Number of Student participants	18
Beneficiaries/Target group	स्वयंसेवकाएवं छात्राएं
Activity Details	महिला सशक्ति करण के संदर्भ में जलवायु विषय पर व्याख्यान मुख्य अतिथि-डॉ हर्षी खंडूरी असिस्टेंट टिप्रोफेसर भूगोल राजकी यमहा विद्यालय चमोली उत्तराखंड
Outcome	स्वयंसे वकाओं और छात्रा ओमें के अनुसार अपने कोस शक्त बनाने की क्षमता में वृद्धि

राष्ट्रीय यातायात माह के अंतर्गत विशाल रैली	
Date	2-2 -2021
Faculty Participated	दो
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेवकाएं एवं नरकुलागंज एवं सिक्लापुर बस्ती के लोग
Activity Details	राष्ट्रीय यातायात माह के अंतर्गत विशाल रैली सड़क मार्ग पर राहगीरों को हेलमेट ना पहनने पर उन्हें रोक रोककर उसकी हानि बताए तथा हेलमेट लगवाए द्वितीय सत्र में बरेली शहर के ए आर टी ओ श्री अनिल कुमार द्वारा स्वयं सेवकाओं को ट्रैफिक नियम की विस्तृत रूप में जानकारी देना
Outcome	राहगीर एवं स्वयं सेविकाओं के यातायात नियम के ज्ञान में वृद्धि और जीवन अनमोल है ससटी कमंतव्य कोधारण करने की शक्ति का विकास



नशा निवारण रैली बस्ती में श्रमदान	
Date	3-2- 2021
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेवकाएं एवं राहगीर तथा नरकुलागंज एवं सिक्लापुर बस्ती के लोग
Activity Details	नशा निवारण रैली बस्ती में श्रमदान द्वितीय सत्र कैरियर काउंसलिंग मुख्य अतिथि-श्रीअमित कुमार (हिंदईरान अध्ययन केंद्र एम जेपी रोहिल खंडविश्व विद्यालय बरेली)
Outcome	रहागीरों में नशा छोड़ने की आकांक्षा का विकास बस्ती के लोगों में अपने आसपास के वातावरण को साफ रखने की इच्छा का विकास कैरियर काउंसलिंग से छात्राओं में आत्मविश्वास और स्वावलंबन की भावना का विकास
You tube video url	https://youtu.be/aftPr-Onsuk



पर्यावरण जागरूकता के संदर्भ में रैली पौधारोपण	
Date	5-2 -2021
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेवकाएं राहगीर एवं नरकुलागंज एवं सिक्लापुर बस्ती के लोग
Activity Details	पर्यावरण जागरूकता के संदर्भ में रैली एवं पौधारोपण स्वयं सेवकाओं द्वारा पर्यावरण को प्रदूषण रहित करने संबंधी विचार विमर्श
Outcome	राहगीर स्वयंसेवकाओं एवं बस्ती के लोगों में पर्यावरण को संरक्षित करने के प्रयास में वृद्धि
You tube video url	https://youtu.be/e8qzOc92eW4



पौधारोपण बस्ती में	
Date	22-2 -2021
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेविका एवं नर कुलागं जए वंसिक्लापुर बस्ती के लोग
Activity Details	प्रथम सत्र-सात दिवसीय विशेष शिविर का उद्घाटन मुख्य अतिथि-डॉक्टर राकेश अरोरा प्राचार्याएस आर एस महाविद्यालय बरेली कार्यक्रम-१-एन एस एसश पथ२-लक्ष गीत गान द्वितीय सत्र- पौधारोपण बस्ती में
Outcome	स्वयं सेवका ओमें सामाजिक कार्यों के प्रतिरुचि में वृद्धि

PHOTOS and NEWS CLIPPING



स्वयं सेवकाओं ने बस्ती के लोगों को संतुलित आहार की जानकारी	
Date	24-2 -2021
Faculty In charge	डॉ प्रतिभा पांडे एवं डॉ गीता अग्रवाल
Number of Student participants	200
Beneficiaries/Target group	बस्ती के लोग
Activity Details	प्रथमसत्र-स्वयं सेवकाओं ने बस्ती के लोगों को संतुलित आहार की जानकारी दी
Outcome	बस्ती के लोगों में स्वयं सेवकाओं से संतुलित आहार की जानकारी प्राप्त करके अपने को निरोगी बनाने का प्रयास स्वयं सेविकाओं को योग प्रशिक्षण से निरोगी होना



मतदाता जागरूकता दिवस	
Date	25-2 -2021
Faculty In charge	डॉ प्रतिभा पांडे एवं डॉ गीता अग्रवाल
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेवकाएं एवं बस्ती के लोग
Activity Details	प्रथम सत्र-मतदाता जागरूकता पर व्याख्यान मुख्य अतिथि-डॉ निरुपम शर्मा असिस्टेंट प्रोफेसर हिंदी विभाग बरेली कॉलेज बरेली द्वितीय सत्र-बस्ती के लोगों को मतदान के लिए जागरूक बनाना
Outcome	स्वयं सेवकाओं एवं बस्तीके लोगों में वोट डालने के लिए संकल्प बद्ध होना
	

महिला सशक्तिकरण दिवस बेटी बचाओ बेटी पढ़ाओ स्लोगन के साथ नरकुलागंज एवं सिक्लापुर बस्ती में महिला सशक्तिकरण का संदेश	
Date	26-2- 2021
Faculty In charge	डॉप्रतिभा पांडे एवं डॉ गीता अग्रवाल
Number of Student participants	200
Beneficiaries/Target group	स्वयं सेवकाएं एवं बस्ती की महिलाएं एवं बालिकाएं
Activity Details	-बेटी बचाओ बेटी पढ़ाओ स्लोगन के साथ नरकुलागंज एवं सिक्लापुर बस्ती में महिला सशक्तिकरण का संदेश द्वितीय सत्र-महिला सशक्तिकरण पर व्याख्यान
Outcome	बस्ती की महिलाओं बालिकाओं एवं स्वयं सेवकों में आत्म विश्वास की वृद्धि एवं अपने को सशक्त रूप में सबल रूप में समाज में प्रस्तुत करने की क्षमता का विकास

Rovers Rangers

Rovers Rangers aims at development of young people in achieving their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of the local, national and international communities.

The Rovers/Rangers Movement is based on the following principles:

- **Duty to God:-** Adherence to spiritual principles, loyalty to the religion that expresses them and acceptance of the duties resulting there from.
- **Duty to Others:-** Loyalty to one's country in harmony with the promotion of local, national and international peace, understanding, co-operation. Participation in the development of society with recognition and respect for the dignity of one's fellow men and for the integrity of the natural world.
- **Duty to Self:-** Responsibility for the development of oneself.

The Law for the Scout and the Rover is:

- A Scout is trustworthy.
- A Scout is loyal.
- A Scout is a friend to all and a brother to every other Scout.
- A Scout is courteous.
- A Scout is a friend to animals and loves nature.
- A Scout is disciplined and helps protect public property.
- A Scout is a courageous.
- A Scout is thrifty.
- A Scout is pure in thought, word and deed.

The Law for the Guide and the Ranger is :

- A Guide is trustworthy.
- A Guide is loyal.
- A Guide a friend to all and a sister to every other Guide.
- A Guide is courteous.
- A Guide is friend to animals and loves nature.
- A Guide is disciplined and helps protect public property.
- A Guide is courageous.

- A Guide is thrifty.

A Guide is pure in thought, word and deed.

Every year we arrange camps which includes following activities like various types of clapping and rope activities, food plaza, tent, and cultural programmes etc.

Ranger Leader

Dr. Reena Tandon, Assistant professor, Economics

–PHYSICAL VERIFICATION OF PLANTATION IN HEALTH CENTRES OF QUARA VIKASKHAND	
Date of Activity	2 Nov,2020
Teacher In charge	Dr.ReenaTandon
Faculty Participated	Dr.GeetaAgarwal, Dr.Pratibha Pandey
Number of Student participants (*NSS please specify unit number and wheter it is a single day camp activity/seven day camp activity/any other activity)	No
Activity Detail	Physical verification of plantation in health centers of kyaraVikas Khand 2020
Any other Additional Information	As per order of DM Bareilly for college faculties
Name of the collaborating agency involved with the activity	Health officer of Quora vikas khand involved in this physical verification
If the activity is organized under any Govt. scheme	As per DM order
Outcome	When we reached sub health centre's QuoraVikaskhand as purkamalpur, sigrboripur, Bharinagla, navinagar. We found plants of khajur, popular ,Shagun , eucalyptus, Asoka. But in some centre's plants are damaged by animals due to no fence around them

'Kavya path' celebrating janm saptah of Ex Prime Minister Shri Atal Bihari Vajpayee	
Date of Activity-	22.12.20
Teacher In charge	Dr.ReenaTandon
Faculty Participation	4 faculty from Economics dept
Number of Student participants	15
Activity Details	Kavya path on the occasion of Ex prime minister Shri atal Bihari Vajpayee janm divas samaroh
Govt. scheme -	Govt scheme to celebrate Shri Atal Bihari Vajpayee janm saptah with Kavya paath
Outcome	Students took part with enthusiasm Dr.ReenaTandon elaborated the great personality of ex prime minister Shri Atal Bihari Vajpayee

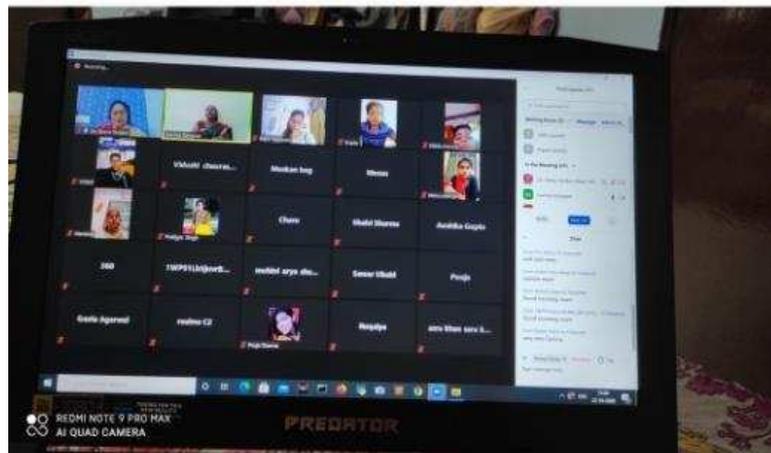


← December 22, 2020 14:22



Mission shakti-2

IMPORTANCE OF MUSIC IN WOMEN’S life	
Date of Activity	28,nov2020
Teacher In charge	Dr Reena Tandon
Faculty Participated	Mission Shakti Team
Number of Student participants)	35
Activity Details	Dr. Venu Vanita (Asst prof. Kanohar Lal Girls P G college Meerut) give so interactive lecture in Mission Shakti program Importance of music in women ‘s life
Govt. scheme - Mission Shakti etc.	Mission Shakti
Outcome	Music play a vital role in one’s life so students took interest n knew many new things to Dr.Venu Vanita



Biodiversity Day with you
CELEBRATION OF BIODIVERSITY DAY

Date of Activity	28, may2020
Teacher In charge	Dr.ReenaTandon
Faculty Participated	Ranger Leader Dr.ReenaTandon
Number of Student participant	20
Activity Details	Due to corona rangers spread a massage to plant oxygen carrier plats at least one more at home



Outcome	Rangers planted oxygen carrier plants at home and made short video on biodiversity day to aware others for this day
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WOMEN EMPOWERMENT AND ENVIRONMENT AWARENESS PROGRAMME

Date of Activity	23 March'2020
Teacher In charge	Dr.ReenaTandon
Faculty Participated	Dr Poonam Singh
Number of Student participants	50 rangers participated
Activity Details	Changes took part in this program and very energetically and get their views and Dr.Pragya
Organizer	Dr.ReenaTandon
Outcome	Rangers give their views on women empowerment with a play showing condition of women in present scenario and celebrate azadika Amrit mahotsav with patriotic cultural program



WhatsApp Video
2021-09-14 at 4.34.41

Sadak Suraksha and Mask awareness abhiyan	
Date of Activity	27 jan2020
Teacher In charge	Ranger Leader Dr.ReenaTandon
Faculty Participated	Dr.ReenaTandon
Number of Student participants (Rangers)	5
Activity Detail	Rangers control the traffic in shyamatganj and aware people for mask
Govt. scheme –sadak suraksha	Sadak Suraksha and mass awarennessabhiyan
Outcome	Rangers enjoyed in this event, they aware people to wear halmat not for us but for your family .Rangers told people be careful n wear mask...



Polethene hatao desh bachao	
Date of Activity	12 December 2020
Teacher In charge	Dr.Reena Tandon
Faculty Participated	Ms.Archna Sharma
Number of Student participants	10
Activity Details	Ranger Leader Made ENVELOPE BAGS from news paper and rangers distribute it to venders
Outcome	In this activity rangers came to know how to make envelope bag from newspaper n other papers....n use it in lieu of polythene....



S.N o	Name Of Activities	Date	No of Participants	Video URL/Link
1	Online Certificate of “AZADI KA AMRIT MAHOTSAV”	11/Aug/2020	60	----
2	Online World Environment Day	5/June/2020	06	https://www.facebook.com/groups/619129168737318/permalink/804362616880638/?app=fbl
3	Stay Healthy and Strong Poster Making Programme	12/Dec/2020	15	
4	Swachta Pakhvada	5/Dec/2020	100	
5	Online Save Environment and Trees	30/Aug/2020	20	https://www.facebook.com/groups/619129168737318/permalink/637377796912455/?app=fbl
6	Online Fit India Movement (Yoga Activity)	17/Aug/2020	12	
7	Online Drill Test	23/Aug/2020	15	https://www.facebook.com/groups/619129168737318/permalink/632523550731213/?app=fbl
8	Online Fit India Movement Yoga Activity	22/Aug/2020	20	https://www.facebook.com/groups/619129168737318/permalink/631901684126733/?app=fbl
9	Online Fit India Movement Motivate Your Family & Friends	17/Aug/2020	10	
10	Online Drill Test	Aug 2020	25	https://www.facebook.com/groups/619129168737318/permalink/621742575142644/?app=fbl
11	Online Independence Day Dance Performance By cadet	10/Aug/2020	20	https://www.facebook.com/groups/619129168737318/permalink/622057148444520/?app=fbl
12	Online Drill Activity	Aug 2020	25	https://www.facebook.com/groups/619129168737318/permalink/621639721819596/?app=fbl

13	Online “Be Vocal About Local”	5/Aug/2020	22	
14	Online Aatmanirbhar Bharat MASK MAKING BY NCC CADETS DURING COVID 19 PANDEMIC	5/Aug/2020	12	
15	Combined Annual Training Camp of National Cadet Corps	12/Feb/2021- 16/Feb/2021	34	
17	‘Sadak Suraksha Saptah’	15/Feb/2021	56	

ANNUAL REPORT NCC 2020 -21



Lt. Dr. Poonam Singh
Associate NCC Officer
Associate Professor
Department of Economics



NCC UNIT of Our College

NCC UNIT of Our College

The NCC unit of our college has 105 cadets, under the leadership of Lt. Poonam Singh, Associate Professor of Economics, since 2005. Our Cadets participate in physical training, such as drills and weapon training, and NCC social service activities. National Integration Camp (NIC), Army Attachment Camp (AAC), Trekking Camp (TC), Combined Annual Training Camp (CATC), Leadership Camp (LC), and Republic Day Camp (RDC) are only a few of the camps that our college ncc cadets have attended so far.

NCC UNIT Activities in 2020-21

NCC has supported community development programmes with the aim of inculcating in cadets selfless service to the community, labour integrity, the value of self-help, environmental protection, and assisting poorer sections of society in their upliftment. Planting trees, energy conservation, blood donation, the anti-dowry oath, and female infanticidal are all part of that initiative.

1. CELEBRATION OF 'WORLD ENVIRONMENT DAY' 05.06.2020 (ONLINE)

<https://www.facebook.com/groups/619129168737318/permalink/804362616880638/?app=fbl>

2. AATMANIRBHAR BHARAT 05.08.2020 MASK MAKING BY NCC CADETS DURING COVID 19 PANDEMIC LOCKDOWN --ONLINE



3. NCC DRILL TEST IN ONLINE MODE 09.08.2020 – DURING LOCKDOWN

<https://www.facebook.com/groups/619129168737318/permalink/621639721819596/?app=fbl>

<https://www.facebook.com/groups/619129168737318/permalink/632523550731213/?app=fbl>



**4. INDEPENDENCE DAY DANCE PERFORMANCE ONLINE
10.08.2020(Certificate of “AZADI KA AMRIT MAHOTSAV” 11.08.2020)
DURING LOCKDOWN**

<https://www.facebook.com/groups/619129168737318/permalink/622057148444520/?app=fbl>



Fit India Movement(Yoga Activity) ONLINE DURING LOCK DOWN

<https://www.facebook.com/groups/619129168737318/permalink/631901684126733/?app=fbl>

<https://www.facebook.com/100044501273727/videos/188596912633683>





5. Fit India Movement Motivate Your Family & Friends 17.08.2020(DIKSHA SHARMA NCC-‘C’) DURING LOCKDOWN

<https://www.facebook.com/100012971748792/videos/pcb.626906381292930/997146417394407>

<https://www.facebook.com/100012971748792/videos/pcb.626906381292930/997171637391885>



6. ONLINE DRILL TEST BY SANJANA KASHYAP ON 23.08.2020

<https://www.facebook.com/nishtha.sanjubaba/videos/119925366488926>

<https://www.facebook.com/groups/619129168737318>



7. **SAVE ENVIRONMENT MASSAGE THROUGH ONLINE MODE BY NCC CADETS** **ON**

30.08.2020 <https://www.facebook.com/100028315063645/videos/6275474381990>

86



8. Swacchta Pakhvada FROM 05.12.2020-15.12.2020



9. COMBINED TRAINING CAMP OF NATIONAL CADET CORPS FROM DATED 12.02.2021-16.02.2021 AT 8 UP NCC BATAILLION,BAREILLY





**TRAINING OF 'WEAPON TRAINING' DURING COMBINED
TRAINING CAMP OF NATIONAL CADET CORPS**



10. CELEBRATION OF 'SADAK SURAKSHA SAFTAH' ON 15.02.2021 BY NCC CADETS-MAKING PEOPLE AWARE FOR THEIR SAFETY AND WEARING OF HELMETS TO PROTECT THEMSELVES AND THEIR FAMILIES TOO.

