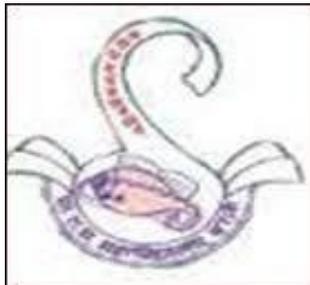


Gender Sensitization Cell

Sahu Ram Swaroop Mahila Mahavidyalaya

Bareilly

Session 2023-2024



Activities Report

ACADEMIC SESSION 2022-23, from I June 2022 till 31 May 2023

The need of today is to bring the women in to the mainstream for the development of the society. Sahu Ram Swaroop Mahila Mahavidhyalaya, Bareilly recognized the importance of women education from the beginning. Therefore, college is always fostering for the women education. Different cells has been drafted time to time in view of the National Policy for the Empowerment of the women. The policy of the college aims in developing a sustainable and inclusive environment by empowering the women and girls so that they can contribute to the development of the community. In this connection, a Gender Sensitization cell has been drafted in 2021, with the aim of facilitating gender inclusive- awareness, to encourage dialogue around gender equality and to bring about social change for better. The cell engrosses the awareness about gender issues and working towards and creating an enabling environment of gender justice.

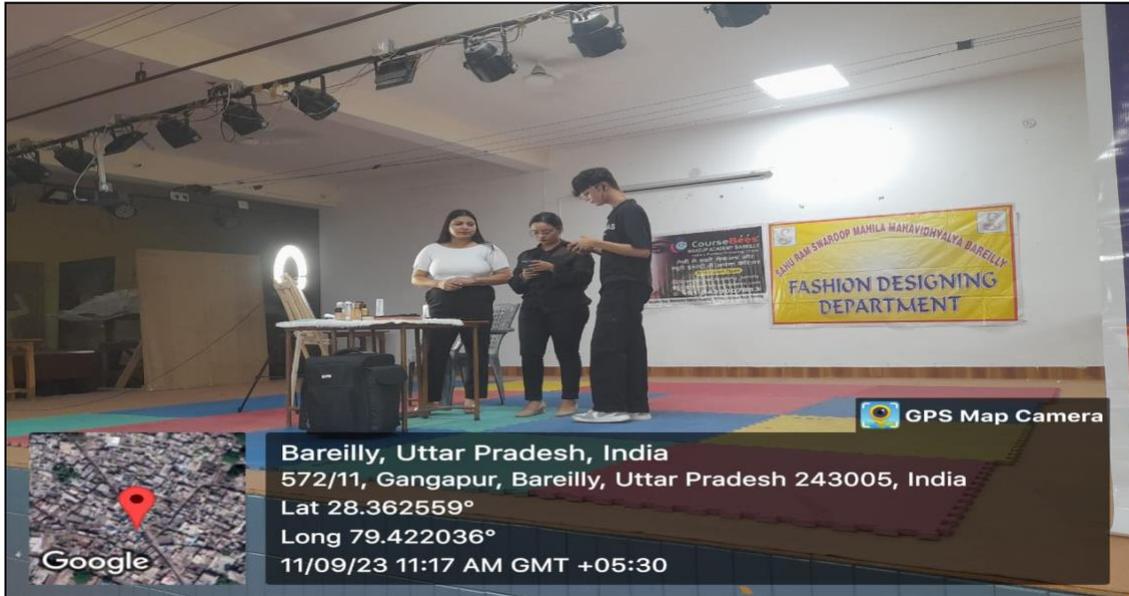
Gender sensitization cell of college states:

1. Fostering gender equality in all aspects of college life and in the society.
2. To empower the women with skills and self- confidence necessary for the participation in the development process of society and nation.
3. To maintain a favorable and dignified atmosphere for student. The grievance Redressal cell of the college is working too.
4. Raising awareness towards women's role in socio- economic development of the society and country as a whole.
5. Creating awareness on women related issues through extension services.
6. Engaging various stakeholders from school, college, civil society organization and women groups in gender mainstreaming activities.
7. Creating consciousness and motivation towards gender equality in different sections of the society by organizing seminars, workshops and special lectures.
8. Providing counselling, guidance and life skill education to girl student

Activity -01

ACTIVITY – Workshop TOPIC – Self Makeup OBJECTIVE – To develop techniques of self makeup among students	
Date	11/9/2023
Organiser	Fashion Designing Department Dr. Alka Jaiswal
Faculty Participated	Chief Guest- Makeup Artist Simran Dr. Anupam Mehrotra, Principal Dr. Akanksha Dr. Deepshikha Dr. Anju Dr. Reena Tandon Dr. Pragya Rawat Dr. Jyoti Gupta Dr. Lakshmi Heena Pragati
Participants	135 Students and faculty members.
Beneficiaries/Target group	All faculty members and participants.
Activity Details	Makeup artist, Simran told about the technique to do makeup on themselves. Complete information about applying products was given by Sneha Gangwar, owner of Makeup Academy.
Outcome	Students learnt various techniques of makeup and makeup products.
Youtube video url	





Activity -02

ACTIVITY – Online Guest Lecture TOPIC – Women Health and Fitness OBJECTIVE – To make girls aware about health and many ways to maintain health and fitness	
Date	26/09/2023
Programme In-charge	Ms. Mahima Yadav
Faculty Participated	Chief Guest- Dr, Tanvir Sheikh Mukaddam ,Assistant Professor, Department of Physical Education, Shri C.P. Degree College, Rajpipla, Gujrat Prof. Anupama Mehrotra Prof. Radha Yadav Ms. Jyoti Gupta Dr. Divya Yadav
Participants	All faculty members and students of our college and other college.
Beneficiaries/Target group	All faculty members and students.
Activity Details	Programme convenor welcomed chief guest ,resource persons and other faculty members. The resource person delivered valuable speech and dicussed on all aspects of women health and fitness .She also told about various ways and techniques – balanced diet,exercise,meditation,physical activity,and yoga practices etc.. Along with this , she made girls aware of importance of education.
Outcome	This programme enhanced girls’ understanding of their health and fitness.
Youtube video url	

 **SAHU RAMSWAROOP MAHILA MAHAVIDYALAYA, BAREILLY**
(Affiliated to M.J.P. Rohilkhand University)

**Gender Sensitization Cell
and
Education Department
organizes
Online Lecture
on**



Women Health And Fitness
Be Strong, Be Healthy, Be In-Charge

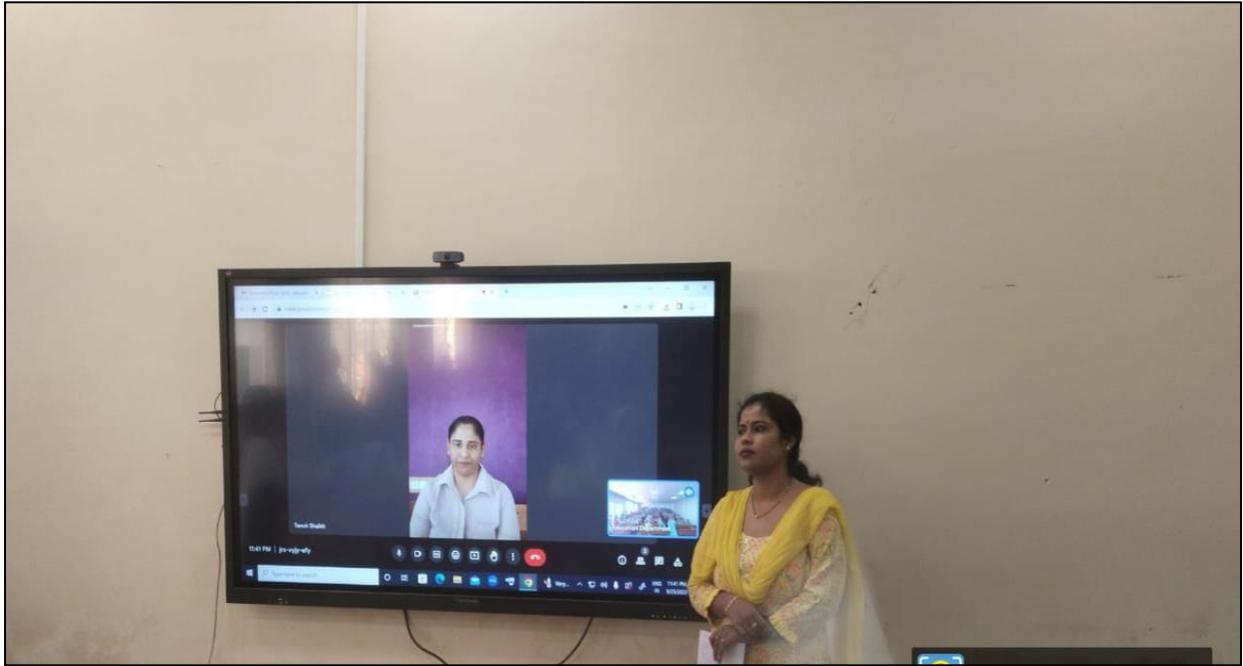
Resource Person
Dr. Tanvir Shaikh Mukadam
Assistant Professor (Physical Education)
Shri C. P. Degree College for Physical Education
Rajpipla, Gujrat



Date : 26.09.2023, Tuesday
Time: 12 p.m.
Venue: Digital Room

All Students and Teachers are cordially invited.





बालिकाओं के स्वास्थ्य पर रखे विचार

जासं, बरेली : साहू रामस्वरूप महिला महाविद्यालय में लिंग संवेदीकरण प्रकोष्ठ की ओर से ऑनलाइन व्याख्यान का आयोजन किया गया। विभागाध्यक्ष डा. राधा यादव ने विषय का परिचय देकर शुरुआत की। मुख्य वक्ता डा. तनवीर शेख मुकदम, असिस्टेंट प्रोफेसर शारीरिक शिक्षा, सीपी डिग्री कालेज,

राजपिपला, गुजरात, ने महिला स्वास्थ्य पर चर्चा करते हुए कहा कि महिलाओं और लड़कियों को अपने स्वास्थ्य का विशेष ध्यान रखना चाहिए। संतुलित आहार लेना चाहिए। डा. कनक लता, डा. प्रीति वर्मा, डा. दिव्या यादव, मोहिता जौहरी आदि शिक्षिकाएं मौजूद रहीं। कार्यक्रम प्राचार्या डा. अनुपमा मेहरोत्रा के निर्देशन में हुआ।

27 सितम्बर 2023

जैनमोर्चा 03

ऑनलाइन व्याख्यान में वूमन हेल्थ एंड फिटनेस पर दिए टिप्स



बरेली। साहू रामस्वरूप महिला महाविद्यालय में सोमवार को लिंग संवेदीकरण प्रकोष्ठ के तत्वाधान में शिक्षा विभाग द्वारा ऑनलाइन माध्यम से अतिथि व्याख्यान का आयोजन किया गया। कार्यक्रम का शुभारम्भ विभागाध्यक्षा डा. राधा यादव द्वारा विषय का परिचय देकर किया गया। व्याख्यान की मुख्य वक्ता डा. तनवीर शेख मुकदम, असिस्टेंट प्रोफेसर, शारीरिक शिक्षा विभाग, श्री सीपी डिग्री कालेज, राजपिपला, गुजरात, ने वूमन हेल्थ एंड फिटनेस विषय पर चर्चा करते हुए कहा कि महिलाओं और लड़कियों को अपनी हेल्थ और फिटनेस का विशेष ध्यान रखना चाहिए और एक संतुलित आहार लेना चाहिए, इसके साथ ही उन्होंने वैलनेस और स्वास्थ्य को उत्तम रखने के लिए महत्वपूर्ण टिप्स जैसे - लक्ष्य निर्धारण, फिजिकल एक्टिविटी, योगा प्रैक्टिसेज, संतुलित आहार के बारे में विस्तारपूर्वक बताया। कार्यक्रम में डा. कनक लता, डा. प्रीति वर्मा, डा. दिव्या यादव, मोहिता जौहरी आदि शिक्षिकाएं मौजूद रहीं। कार्यक्रम का आयोजन कॉलेज प्राचार्या डा. अनुपमा मेहरोत्रा के निर्देशन में संपन्न हुआ। संचालन महिमा यादव व धन्यवाद

धा

में व्यास
बरेली
में भी
ने चुकी
र्य रुक
नाशक
नक्सेना
रामबाबू
मंत्र की
रमात्मा
ए, कोई
ने



Activity -03

ACTIVITY – A Guest lecture TOPIC – Education for Sustainable Development – Preparing girl students for the changing global scenario. OBJECTIVE – To make girls aware and prepare them for the changing global scenario.	
Date	09/10/2023
Organiser	Department of Sociology
Faculty Participated	Keynote speaker - Mrs. Uzma Qamar Professor Anupama Malhotra Professor Kanaklata Singh, Associate Professor Mrs. Seema Aggarwal, Professor Kanika Pandey Assistant Professor Pratima Singh Dr. Rekha Pandey.
Participants	80 Students
Beneficiaries/Target group	All faculty members and participants.
Activity Details	A guest lecture was organized by the Department of Sociology. Uzma Qamar, who is associated with various educational institutions and NGOs, was present as the keynote speaker in the program. 80 students of undergraduate and postgraduate level participated in the program. Keynote speaker Mrs. Uzma Qamar explained the students in detail about the learning process and sustainable development. She asked the students to be updated in today's changing scenario and also informed the students about Artificial Intelligence. The program was conducted by Assistant Professor Pratima Singh and the program was concluded with vote of thanks by Dr. Rekha Pandey.
Outcome	Students learnt a lot from this session.
Youtube video url	



Activity -04

ACTIVITY – Interaction Session conducted by IQAC TOPIC – लैंगिक समानता: नीति और व्यवहार OBJECTIVE – To develop awareness of women's rights	
Date	13/10/2023
Organiser	IQAC TEAM
Faculty Participated	Chief Guest- Professor Vandana Sharma, Department of Political Science (Bareilly College, Bareilly) Prof. Anamika Kaushiva, Prof. Preeti Pathak, Dr. Pratibha Pandey, Dr. Anita, Dr. Beena Yadav, Mrs. Shraddha Mishra, Dr. Ruchi Aggarwal and Ms. Priyanka Singh participated. The entire IQAC team: Professor Sushma Pal, Dr. Seema Gautam, Mr. Ashutosh Singh, Dr. Preeti Verma, Mrs. Shweta Maurya, Ms. Mahima Yadav
Participants	.
Beneficiaries/Target group	All faculty members and participants.
Activity Details	An "Interaction Session" has been organized by IQAC today on October 13, 2023. Professor Vandana Sharma, was the spokesperson for this interaction session. She talked about women's participation in the society and told that "NAME (Nutrition, Affection, Medical facility and Education)" is important for women. She cited examples of some strong women in history like Simone de Beauvoir, Claudia Goldin (Economics Nobel Laureate, 2023) and Nargess Mohammadi (Nobel Peace Prize Laureate, 2023). He discussed how women are more capable than men in every field be it physical or mental. Our Principal Prof. The program was successfully completed under the guidance of Anupama Mehrotra. The program was planned under the guidance of IQAC Coordinator Dr. Priyanka Verma. All Faculties in this session were present in the session and facilitated the conduct of the session.
Outcome	Students learnt a lot from this session.
Youtube video url	



 GPS Map Camera

Bareilly, Uttar Pradesh, India
161/18, Alamgiri Ganj, Bareilly, Uttar Pradesh 243001, India
Lat 28.364136°
Long 79.420818°
13/10/23 12:12 PM GMT +05:30



Google

Activity -05

ACTIVITY – Employment Fair TOPIC – OBJECTIVE – To facilitate employment and career opportunities for the girls	
Date	28/10/2023
Organiser	The fair was organized under the joint aegis of Regional Employment Office, Uttar Pradesh Skill Development Mission, Government Industrial Training Institute and Mahatma Jyotiba Phule Rohilkhand University.
Faculty Participated	Dr. Seema Agarwal, Dr. Divya Yadav, Dr. Abhilasha Saraswat, Dr. Alka Jaiswal, Dr. Pragya Rawat, Dr. Shweta Agarwal, Hina
Participants	65 students of Sahu Ramswaroop Mahila Mahavidyalaya
Beneficiaries/Target group	All participants.
Activity Details	Today, on 28 October 2023, about 65 students of Sahu Ram Swaroop Mahila Mahavidyalaya participated in the employment fair organized at Mahatma Jyotiba Phule Rohilkhand University. 65 girl students of the college enrolled themselves in the employment fair organized in the university. Approximately 50 companies that had come to the fair, the students went for interviews to various companies like Just Dial, Lenskart etc. Some girl students have been selected by various companies in the first round. For the girl students, the fair was beneficial for their career. The fair was organized under the joint aegis of Regional Employment Office, Uttar Pradesh Skill Development Mission, Government Industrial Training Institute and Mahatma Jyotiba Phule Rohilkhand University. College teachers Dr. Seema Agarwal, Dr. Divya Yadav, Dr. Abhilasha Saraswat, Dr. Alka Jaiswal, Dr. Pragya Rawat, Dr. Shweta Agarwal, Hina etc. were present in the fair.
Outcome	Students learnt a lot from this session.
Youtube video url	

संक्षिप्त खबरें...

**महात्मा ज्योतिबा फूले रोहिलखंड
यूनिवर्सिटी में रोजगार मेला आयोजित**



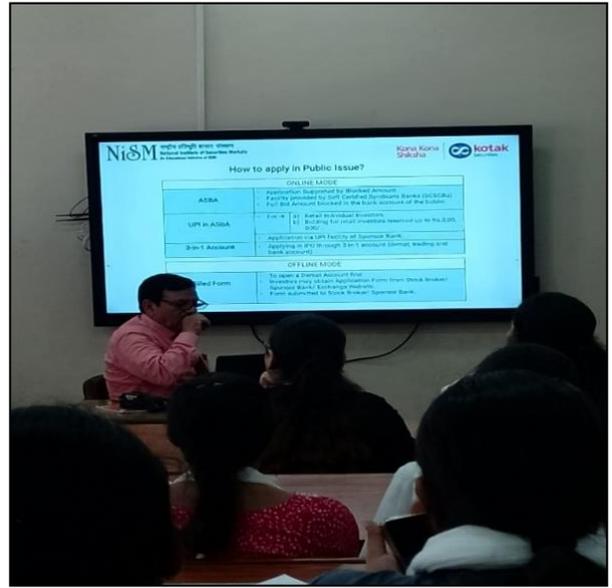
दिव्य प्रकाश ब्यूरो। साहू रामस्वरूप महिला महाविद्यालय की लगभग 65 छात्राओं ने महात्मा ज्योतिबा फूले रोहिलखंड यूनिवर्सिटी में आयोजित रोजगार मेले में सहभागिता की। महाविद्यालय की 65 छात्राओं ने यूनिवर्सिटी में आयोजित रोजगार मेले में अपना नामांकन कराया। मेले में आई हुई लगभग 50 कंपनियों के मध्य छात्राओं ने विभिन्न कंपनियों जैसे जस्ट डायल, लैंसकॉर्ट आदि में जाकर साक्षात्कार दिया। कुछ छात्राओं को विभिन्न कंपनियों द्वारा प्रथम राउंड में चयनित कर लिया गया है। छात्राओं के लिए मेला उनके करियर के लिए लाभदायक रहा। मेले का आयोजन क्षेत्रीय सेवायोजन कार्यालय, उत्तर प्रदेश कौशल विकास मिशन, राजकीय औद्योगिक प्रशिक्षण संस्थान एवं महात्मा ज्योतिबा फूले रोहिलखंड विश्वविद्यालय के संयुक्त तत्वाधान से आयोजित किया गया था। मेले में महाविद्यालय की डॉक्टर सीमा अग्रवाल, डॉं दिव्या यादव ,डॉक्टर अभिलाषा सारस्वत ,डॉक्टर अलका जायसवाल ,डॉं प्रज्ञा रावत ,डॉं श्वेता अग्रवाल ,हिना आदि शिक्षिकाएं उपस्थित रही।





Activity -06

ACTIVITY – A Guest Lecture TOPIC- How To Do Business OBJECTIVE – To make girls aware of business tricks and tactics.	
Date	29/11/2023
Faculty In-charge	Commerce Department
Faculty Participated	Chief Guest- Professor N. L. Sharma Professor Anupam Mehrotra Dr. Pragya Rawat Dr. Shweta Agarwal Pragati Agarwal
Participants	All students
Beneficiaries/Target group	All students
Activity Details	Today, on 29 November 2023, a guest lecture was organized in the Commerce Department . The main speaker in the lecture was educationist Professor NL Sharma Ji. He discussed the importance of how to do business ethically. He told the students that it is very important to be self-reliant in life. The entire program was conducted under the direction of Principal Professor Anupam Mehrotra. At the end of the program, vote of thanks was given by Dr. Pragya Rawat. Dr. Shweta Agarwal, Pragati Agarwal played an important role in the program.
Outcome	Students learnt a lot from this session.
Youtube video url	



Activity -07

ACTIVITY – Online A Guest Lecture	
TOPIC- Human Rights and Feminist Waves: Relation and Impact	
OBJECTIVE -- To make girls aware about their rights and provisions of constitution	
Date	10/12/2023
Organiser	Department of Political Science
Faculty Participated	Keynote Speaker- Dr. Nupur Goyal, Silver Law College Bareilly Prof. Anupama Mehrotra Professor Preeti Pathak Mrs. Shraddha Mishra Meenu Bang
Participants	35 Students and faculty members
Beneficiaries/Target group	All faculty members and participants.
Activity Details	<p>Today, on 10-12-2023, an online guest lecture was organized on the topic "Human Rights and Feminist Waves: Relation and Impact" on the occasion of Human Rights Day under the aegis of the Department of Political Science. Dr. Nupur Goyal, Silver Law College Bareilly was present as the keynote speaker. Dr. Nupur Goyal said that the concept of human rights has been there since the beginning of creation. The Universal Declaration of Human Rights and the Indian Constitution also talk about giving women equal rights as men.</p> <p>He discussed various streams of feminism and told that the aim of all is equality of women which can be achieved by making women educated, self-reliant and economically and politically self-reliant. In the end he also said that this is possible only when Society should change its mentality. The program was conducted by Mrs. Shraddha Mishra. Head of the Department Professor Preeti Pathak thanked everyone.</p>
Outcome	The girls learnt a lot from this lecture.
Youtube video url	

Zoom Meeting

Recording...

 Samsung SM-E2368	 Preeti Pathak	 Lesia by Dr Nupur Goel	 Shraddha Mishra	 Anigupta
Mahima	Kanishka	narzo 50i	R	Rupali Saxena
Mahima	Kanishka	narzo 50i	Kaushiki Agarwal	Rupali Saxena
 Nishant Goel	Z	vivo 1904	Utkarsh Gangwar	Anshu
Nishant Goel	Zoya Fatma	vivo 1904	Utkarsh Gangwar	Connecting to audio
 Anupma Mehrotra		Sheela Yadav		
Anupma Mehrotra		Connecting to audio		

Q Search

ENG IN 5:06 PM 10-Dec-23

Activity -08

ACTIVITY – Speech Competition TOPIC- Cyber Crime Against Women OBJECTIVE – .To discuss all aspects of cyber crime against women	
Date	11/12/2023
Organiser	Sociology Department
Faculty Participated	Prof. Anupama Mehrotra Professor Kanak Lata Singh Professor Kanika Pandey Mrs. Seema Aggarwal Dr. Rekha Pandey
Participants	15 students
Beneficiaries/Target group	All students and teachers
Activity Details	Today, on 11-12-2023, a speech competition on topic ‘Cyber Crime Against Women’ was organized by the Department of Sociology. The which was the increasing cyber crime against women, Some girl students presented their views in detail on the increasing cyber crime and domestic violence against women through a power point presentation. The program was conducted by Assistant Professor Mrs. Pratima Singh. Preparation of PowerPoint presentation was done under the direction of Mrs. Pratima Singh. In the speech competition, Lavi Verma 5th semester got first position, Shavista 1st semester got second position and Shahjeel 1st semester got third position. In Power point presentation, Alisha got first position, Heera Iram got second position and Muskaan got third position. The winning students were encouraged by giving them prizes and certificates. The Principal blessed and congratulated all the winning students.
Outcome	This programme enhanced presentation skills of students as well as awareness of cyber crime against women.
Youtube video url	



Activity 09

ACTIVITY – Guest Lecture TOPIC – Savitri Bai Phule : Contribution to Gender Discourse OBJECTIVE – To discuss contribution of Savitri Bai Phule for women education & their upliftment.	
Date	16/02/2024
Convener	Prof. Radha Yadav(HOD)
Faculty Participated	Guest Speaker- Prof. Deepti Johari,Bareilly College Bareilly Prof. Anupama Mehrotra Dr. Jyoti Gupta Ms. Mahima Yadav Ms. Divya Yadav
Participants	All faculty members and students of our college and other college.
Beneficiaries/Target group	All faculty members and students.
Activity Details	<p>A guest lecture was organized on the topic Savitribai Phule: Contribution to Gender Discourse, in which the guest speaker. Prof. Deepti Johri introduced to the thoughts, life struggles and achievements of Savitribai Phule, the pioneer of women's education in India. She told that the foresight, commitment and tireless efforts of Savitribai Phule are the foundation of the development of women's education in present-day India. Prof. Johri discussed the gender discrimination and inequalities existing in the society and ways to deal with them and possible solutions.</p> <p>The program was presided over by Prof. Shashi Shukla. The program was conducted and coordinated by Dr. Jyoti Gupta and Mrs. Mahima Yadav, Assistant Professor, Department of Education and the vote of thanks was given by the Head of the Department, Prof. Radha Yadav. College teachers Prof. Ruchi Gupta, Prof. Anamika Kaushika, Prof. Kanaklata Singh, Prof. Preeti Pathak, Prof. Seema Agarwal, Prof. Asha Gupta, Prof. Sushma Pal, Dr. Anita, Dr. Beena Yadav, Mrs. Shweta Maurya and other teachers were present. The program was organized under the direction of Principal Prof. Anupama Mehrotra. Students participated enthusiastically in the program.</p>




SAHU RAMSWAROOP MAHILA MAHAVIDYALAYA, BAREILLY
 (Affiliated to M.J.P. Rohilkhand University)

EDUCATION DEPARTMENT
 &
GENDER SENSITIZATION CELL
 Jointly organizes
 Lecture
 on
SAVITRI BAI PHULE : CONTRIBUTION TO GENDER DISCOURSE

SPEAKER

PROF. DEEPTI JOHRI
 Education Department
 Bareilly College, Bareilly
16.02.2024, Friday
12:00 P.M.

ORGANIZING COMMITTEE

				
PROF. ANUPMA MEHROTRA Principal	PROF. RADHA YADAV HOD, Education Dept.	DR. JYOTI GUPTA Assistant Professor	MRS. MAHIMA YADAV Assistant Professor	DR. DIVYA YADAV Assistant Professor





सावित्रीबाई फुले के योगदान पर डाला प्रकाश



साहू राम
स्वरूप
महाविद्यालय
में शिक्षारत्न
कार्यशाला में
शामिल
शिक्षक।
स्रोत : कलेज

बरेली। साहू रामस्वरूप महिला महाविद्यालय में शुक्रवार को लैंगिक समानता विषय पर कार्यशाला का आयोजन किया गया। कार्यक्रम में सावित्रीबाई फुले के योगदानों पर चर्चा की गई। मुख्य अतिथि डॉ. दीप्ती जौहरी ने अपने व्याख्यान में महिला शिक्षा पर सावित्रीबाई फुले के योगदानों के बारे में बात की। डॉ. शशि शुक्ला ने कार्यक्रम की अध्यक्षता की। इस मौके पर डॉ. ज्योति गुप्ता, डॉ. राधा यादव, श्वेता मौर्य समेत अन्य सदस्य मौजूद रहे। संवाद



Activity -10

ACTIVITY – Speech Competition TOPIC- "Awareness is indispensable for women's rights" OBJECTIVE – .To create awareness of women's rights among girls and women	
Date	18/04/2024
Organiser	Department of Political Science
Faculty Participated	Prof. Anupama Mehrotra Professor Preeti Pathak Mrs. Shraddha Mishra Mrs. Meenu Bang Ms. Sonia Hussain
Participants	55 students
Beneficiaries/Target group	All students and teachers
Activity Details	<p>A student seminar was organized on the topic "Awareness of Women's Human Rights in India", in which the girl students presented their views on the subject. They discussed the Indian Constitution and Highlighted the women's rights mentioned in the law and expressed their views on various aspects of women's human rights - social, economic and political aspects. The students also drew attention to the fact that women have got rights but the awareness about them is still very low and Even fewer women have the will to use them. In the seminar, 15 girl students including Mahima, Rupali, Trupti, Sabhya, Muntaka, Anjali presented their views on the subject. In the end, the Head of the Department, Prof. Preeti Pathak presented her views on the subject and encouraged the students. The program was presided over by the Principal of the college, Prof. Anupama Mehrotra. There was support from the teachers of the department, Mrs. Meenu Bang, Mrs. Shraddha Mishra, Ms. Sonia Hussain. The program was conducted by Saba Hussain of M.A. 2nd year.</p>
Outcome	All were benefitted.



